THE OXFORD PAPER

Thursday, March 9, 2017 No.30 theoxfordpaper.co.uk 40p

7 day TV guide

Leaders' plan for 'better county'

Young farmers boost for Skye

Weekly leisure guide for in & around Oxford

COURT THREAT TO MP IF HE FAILS TO REPLY

Surgery campaigners warn Health Secretary Jeremy Hunt over legal action

Congratulations!

STAFF and supporters at Oxfordshire Children's Hospital join Play Give founder Andy Baker as he cuts the ribbon to mark the opening of a room named in the charity's honour in recognition of their fundraising efforts which have topped £40,000

See page 16 for full story

George Welch, *Reporter*

CAMPAIGNERS fighting to save their doctors' surgery have threatened Health Secretary Jeremy Hunt with legal action as time ticks towards its impending closure.

An Oxfordshire health committee put the future of Witney's Deer Park Medical Centre, which is set to close on March 31, into the hands of Secretary of State Mr Hunt last month.

The Oxfordshire Joint Health Overview and Scrutiny Committee (HOSC) referred the matter up the chain on February 2 when its members deemed the closure to represent a 'substantial change'.

But, over a month later, furious patients are yet to hear a response and are now considering taking the Health Secretary and his department to court.

Yvonne De Burgo, who saw a legal challenge to the Oxfordshire Clinical Commissioning Group (OCCG) fail last month due to its timing, sent a letter of intent to Mr Hunt's department on Wednesday last week and asked for a response by Friday.

The campaigners, who are seeking an injunction to prevent the surgery's closure, were still awaiting a response as we went to press and are preparing to take the matter to the courts.

Continues on page 2

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SOMETHING EXTRAORDINARY EVERY DAY

BICESTER VILLAGE

THE OXFORD PAPER

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Letters to The Editor
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The Oxford Paper *is published every Thursday by Taylor Newspapers Ltd, 4a Hawksworth, Southmead Ind Est, Didcot, Oxon OX11 7HR*
For all enquiries please telephone 01235 511700
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Printed by Iliffe Print
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Regional Weather

THURSDAY It is likely to remain dry through Thursday with bright or sunny spells It will feel mild with mostly light winds Maximum Temperature 15C

OUTLOOK FOR FRIDAY TO SUNDAY Outbreaks of rain and showers expected at times through the period, interspersed with some drier brighter spells. Mild although perhaps windy at times over the weekend

WEEKEND SUMMARY

FRIDAY	SATURDAY	SUNDAY
DAY 12°C NIGHT 8°C	DAY 13°C NIGHT 6°C	DAY 11°C NIGHT 4°C

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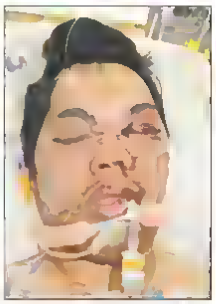
Family plea to find out what happened to accident victim



The accident happened on the A4074 on Valantine's Day (Picture: *Geograph)* **and inset, Steven Wanna in hospital (Picture:** *TVP)*

POLICE have released shocking photographs of a seriously injured man as part of an appeal for witnesses to a fail to stop collision.

Steven Wanna, 28, from Oxford, was in Nuneham Courtenay when he was hit by a vehicle on Valentine's Day police said.

Officers were called just after midnight on February 14 when Steven was found on the A4074 suffering from very serious injuries

He is currently being treated in hospital and is in an "extremely serious condition" and may never fully recover, according to officers.

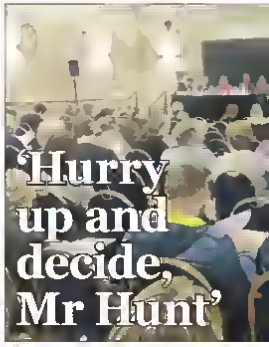
The road was closed between the Golden balls and Berinsfield roundabouts on that day and subsequently while officers investigated the scene

Steven's uncle, Charlie Koko, speaking on behalf of the family said: "We just want to find out what happened to Steven that night and we want someone to come forward with any information which will help us"

Investigating officer PC Victoria Jones, based at the Serious Collision Investigation Unit in Reading, said: "As you see from the pictures, Steven is in an extremely serious condition and may never make a full recovery from his injuries

"We are appealing for anyone who was in the area at the time and who may have noticed anything unusual in the road to contact us as a matter of urgency"

Contact police on 101 quoting URN 12 14/2



'Hurry up and decide, Mr Hunt'

Continued from front page

Witney town councillor and Deer Park's Patient Participation Group (PPG) chairwoman Brenda Church ill said Mr Hunt has been threatened with legal action because he has taken "too long"

She said "Hurry up and let us know whether you're going to keep it open and look at this seriously"

The legal action was initiated at about the same time frustrated Witney MP Robert Courts wrote a letter to Mr Hunt pressing him to make a decision.

In his letter, seen by The Oxford Paper Mr Courts said: "I am worried about patients who have been left in limbo and are fearing the worst for their surgery

"The decision to close Deer Park should not be taken lightly without full consultation.

"It is of huge significance to the

Bus strikes could spread countrywide as employees 'in no mood to roll over'

Eva Astreinidou *Reporter*

TWO additional dates have been set for bus strike action across Oxfordshire due to hard-line bosses' who want to 'salami slice the pay and conditions of workers'

Crowds of people lined the streets on March 2 and 6 over a dispute regarding Christmas bank holiday pay as two new dates have been set for March 17 and 24 by Unite for Oxford Bus Company bus routes.

As the country's largest union, Unite said it appreciated the disruption the strike will cause to the travelling public but laid the blame at the door of the company's managing director Phil Southall who wanted 'to break the union'

In a statement released on March 1 Unite said: "The dispute centres on the failure of the company to enter into any meaningful talks on the annual pay award for the year starting 1 November 2016 and the failure to adequately compensate the whole workforce for Christmas/new year"

They said last Tuesday the manager ment 'tore up' the trade union agreement it had with Unite, prompting the group to write to Oxford East MP Andrew Smith, as well as the city council Labour group asking for support.

According to Unite the Oxford Bus Company bosses refused to pay drivers extra for working on two legally recognised bank holidays over the festive season which meant individual drivers lost £100 a day

Unite regional officer Marie Hall said. "This dispute is entirely of the company's own making, as it has totally failed to engage in meaningful negotiations, instead it has adopted an aggressive stance to the workforce in what is a legitimate industrial dispute

"We appreciate the disruption that this strike will cause but the blame lies with Phil Southall, who behind the warm words, has a plan to salami slice our members' pay and employment conditions We suspect the hidden agenda here is to break the union.

"As the Oxford public knows only too well, the city is one of the most expensive places in the UK to live and bring up families Unite is not prepared to stand by and see our members' standard of living seriously eroded by this highly profitable company

"Because of the hard line tactics of the bosses our members are reluctantly taking strike action in defence of their incomes in these economically challenging times

"However Unite's door is always open for constructive talks."

On Monday Len McCluskey leader of the union joined the picket line alongside bus workers on strike

He warned that, unless the issue of poor wages was addressed then the dispute could spread across the country

He said. "It was tremendous to see working men and women standing together for decent treatment

"I sincerely hope the Oxford Bus Company pays heed to the incredible resolution of Unite's members. They are in no mood to roll over and they know that they have the full support of their union in their corner"

The bus company has said that in line with industry standards drivers were paid premium rates for three bank holidays over the Christmas and new year period.

The company say that demanding two additional days of bank holiday pay would mean an increase in fares for its passengers

Robert Courts MP for Witney met Health Secretary Jeremy Hunt on Monday to discuss Deer Park and left, a meeting held last month

residents of Witney and I support their viewpoint that this is a vital community asset that should be retained.

"Deer Park is a practice well loved by the people of west Witney and the surrounding villages.

"This is a bolt of the community and its closure would cause a devastating blow."

He has also urged the case to be sent to the Independent Reconfiguration Panel (IRP), which would advise Mr Hunt on his decision.

Mr Courts told The Oxford Paper he met with Mr Hunt on Monday to stress "how important Deer Park is to Witney".

He said: "I was impressed with his knowledge of the matter from my earlier correspondence, and was crystal clear as to the urgency of the matter with OCCG threatening closure at the end of the month.

"I am confident that he will refer this matter for independent review and we will hear the outcome shortly."

Mr Courts added that he is "very disappointed" by how the OCCG has handled the matter.

Speaking of the court case, Linda Sturt, a patient at Deer Park for 17 years, said: "We've decided, hang on, you've let this go and you haven't done anything, why should it, so this is what we're doing."

The Minster Lovell resident added: "He's [Jeremy Hunt] just sat there and he's not doing anything about it which is absolutely disgusting.

"People are really up in arms in Witney. We're not giving up and we're just going away right to the last day."

Deer Park looked after around 4,400 patients before the centre's closure was confirmed in October last year.

Around 3,900 patients remain at the Edington Square centre so far, despite letters sent out by the OCCG urging otherwise.

The PPG, which lobbied shadow health secretary Jon Ashworth in London on Tuesday on the issue, are encouraging patients to stay registered at the surgery until tomorrow to enable a clean transfer to other medical centres.

Last appointments at Deer Park will be on March 17.

It was confirmed in October that the surgery was to close after contract negotiations between Virgin Care, the care providers at the centre, and the OCCG proved unsuccessful.

The centre was due to only remain open until November 3, but following a meeting with the PPG, the OCCG extended this until the end of the month. PPG members are trying to raise legal funds and have so far raised £1,200. To donate, visit tinyurl.com/zt23j9v.

The Department for Health had not responded to a request for comment before The Oxford Paper went to press.

Man forced to withdraw cash

A MAN was grabbed around the neck and forced to withdraw money from a cashpoint machine by a robber who then ran off.

At around 3.30am on Saturday February 25, the victim, a 24 year old man was followed by another man who threatened him.

The offender grabbed him around the neck and demanded money before forcing the victim to walk along the Abingdon Road to the cashpoint at Tesco, making him withdraw cash which he stole and then walked off.

The victim then tried to ring the police on his mobile phone but the offender returned and snatched and stole the victim's iPhone.

The offender then ran off in the direction of Donnington Bridge.

PC Olivia Micklewright of Cowley police station said: "We are conducting a full investigation into this incident and if you witnessed anything or if you are the man in the CCTV image or recognise him please contact us as soon as possible as he might hold valuable information to help with our enquiries."

Contact the police on 101 or Crimestoppers on 0800 555 111.

Five injured in school bus crash

FIVE children have been injured after a school bus and a van crashed near Cokethorpe School on Tuesday morning.

The driver of the bus and two children were taken to hospital with minor injuries while the van driver and three other pupils were treated at the scene before being discharged.

South Central Ambulance Service were called just after 8.30am to reports of a collision between a transit van and a school bus on the A415 between Ducklington and Hardwick.

Seven people were treated in total but no-one was seriously injured.

Pop star death: natural causes

WHAM! star George Michael died as a result of 'natural causes', a coroner has confirmed.

The 53 year-old was found dead at his home in Goring on Christmas Day by his partner.

Senior Oxfordshire coroner Darren Salter said the pop star died because of heart and liver disease.

As Mr Michael died of 'natural causes' there is no need for an inquest to be held.

Thames Valley Police also confirmed they have completed their investigation into his death on behalf of the coroner.

Identity of body found in explosion confirmed

Georga Welch, *Reporter*

THE human remains found in the rubble of a huge explosion in Oxford last month have been confirmed to be those of missing man Guido Schuette.

The man's identity has been established nearly three weeks after the initial explosion flattened a three-storey block of flats in the Osney Lane and Gibbs Crescent area, west of Oxford city centre, at 4.45pm on February 14.

Following the Valentine's Day blast, emergency services scoured the rubble on the marina and Thames Valley Police confirmed four days later that search and rescue crews had located human remains in the wreckage.

Police said on February 20 that a post mortem examination proved "inconclusive" but confirmed on Monday that the body was that of 48-year-old Mr Schuette.

His family have been informed and Thames Valley Police officers continue to support them.

Senior investigating officer Det Insp Jim Holmes, of Force CID based in Oxford, said: "We continue to make enquiries in relation to the cause of the explosion and fire at Osney Mead.

"However, our work is now being carried out on behalf of the coroner who will determine the circumstances surrounding this incident."

The police added they would not comment further until the findings of the coroner are known.

The force issued a public appeal for Mr Schuette on February 19 and warned the public not to approach him.

He had a criminal past, which involved court appearances for assault and possession of a knife.

The fire service confirmed that 40 households were displaced from their homes as a result of the explosion.

Police have launched a recovery co-ordination group, which will be headed up by Oxford City Council and the site has been handed over to the council and housing association A2Dominion after officers left the scene on February 23.

Tim Sadler, city council's executive director for community services, who is chairing the recovery co-ordination group, said: "The group will include representatives from the police, A2Dominion, social care, the NHS and other agencies if and when necessary.

"Its role is to oversee and coordinate the return of the area to a state of normality as quickly and safely as possible, and to coordinate responses to the needs of residents who have been affected by the emergency."

Guido Schuette has been identified as the man found in the explosion at the flats at Osney Mead

Helping youngsters achieve their potential

OXFORD City Council is pushing for support youth clubs and extra funds to help young people from disadvantaged communities 'achieve their potential'

The council and its Youth Ambition team are launching a programme of support services to encourage young people from Oxford to broaden their knowledge and skills through informal learning

The team s work reportedly saves the city about £13m every year by improving young people s health and wellbeing and reducing anti social behaviour

The youth ambition team delivers eight youth clubs every week, six sports sessions every week, three girls-only physical activity and wellbeing sessions, and one-on-one advice and guidance for young people on issues affecting them.

Professionals will provide advice on employment, education and training.

Since 2013, the team has worked with 25763 young people.

Upcoming work includes performing a play about bullying issues as part of the Oxford Playhouse's Young Playaz Festival, and three new dance sessions in Wood Farm, Rose Hill and Littlemore in partnership with Dancin Oxford

Councillor Pat Kennedy executive board member for Youth People, Schools and Skills, said. "I am delighted that the city council offers a widening of opportunities to an increasing number of the disadvantaged young people in the city

"Participants are able to take part in sport, dance and cultural activities so building their self-confidence and also developing their informal learning."

The Youth Ambition Team focuses its work in Oxford's most deprived communities Despite being a relatively affluent area overall, Oxford has pockets of deprivation and 25 per cent of children in Oxford live below the poverty line.

Bubbly children pop

CHILDREN in Banbury explored the science of bubbles when they were invited to a special educational science session

Working alongside Sanctuary Housing, the Sunshine Centre in Bretch Hill played host to Explorer Dome a mobile science show which provided demonstrations to more than 50 young people and their parents.

The children got involved with experiments that explored the unexpected behaviour of bubbles and investigated how they can float, sink, grow, burn and explode

They also had a chance to practice making bubble wands out of pipe cleaners

Ben Brown, from Explorer Dome said "It was a really enjoyable Explorer Dome session and quite different from being in

Making a racket of tennis award

THE British Tennis Awards have awarded Oxford City Council and partner Parks Tennis with the Community Venue Award for Oxfordshire today

The awards, held at North Oxford Golf Club, are run by the Lawn Tennis Association, Oxfordshire LTA and sponsor Aegon, to recognise excellence in the field.

Oxford City Council has been working in partnership with Parks Tennis for three years to make low-cost tennis and coaching available for all ages and abilities in Oxford's public parks

Over the last four years the city council has invested more than £220,000 in public tennis courts, including improvements to the courts, booking system and programmes

Councillor Linda Smith, executive board member for leisure, parks and sport, said. "Tennis is a great sport for all ages and we hope that people in Oxford pick up a racket and have a go at their local court."

Tennis courts can be booked online at parkstennis.co uk/oxford.

Eagle and Child set for revamp

HISTORIC Grade II listed pub The Eagle and Child will undergo a major revamp.

Pub company Young's and St John s College plans to redevelop the pub in St Giles which was a popular meeting place for the 1930s Inklings writers group, which included Lord of the Rings and The Hobbit author JRR Tolkien and Narnia creator CS Lewis

The plans will see the two upper floors converted into seven hotel rooms, with en suite bathrooms

The redevelopment is set to be completed by 2018

Mum's the word - but not 9-2-3

AN OXFORDSHIRE mum and entrepreneur is aiming to help improve the working world this International Women s Day

Mum-of-three Helen Wright, from Steeple Aston, decided to start the recruitment agency 9-2 3 after she found there were few flexible or part time opportunities being advertised.

She said "I looked around my local playground and realised I wasn't alone

"There were HR professionals marketing execs lawyers accountants – the list went on. None were working because they couldn't find stimulating roles that enabled them to spend some time with their family"

The agency represents hundreds of well qualified mothers seeking flexible work.

Visit 923jobs com

RAF squadron marks 100 years with artwork

A 100 YEAR OLD RAF Brize Norton squadron has marked the end of its centenary celebrations with the unveiling of a memorial that represents all the past present and future members

On March 1, No 47 Squadron, based at RAF Brize Norton, visited the memorial at the National Memorial Arboretum in Staffordshire

The ceremony began with a service and a one-minute silence, followed by the flypast of three Hercules aircrafts, crewed by Squadron members.

The unveiling ceremony was attended by past and current members of the Squadron.

Albert Fou Heward served on No. 47 Squadron in 1943 as a navigator on the Torpedo Bomber and then on the Mosquito aircraft.

He said. "I am absolutely choked at the memorial, it really is something special. To be a member of 47 Squadron's history makes me so proud and I feel like we are all a family."

The squadron s oldest member, Thomas 'Buck' Taylor, who served with the Squadron in 1939, commented on how pleased he was to be at the service.

Group Captain Mike Neville, president of the No. 47 Squadron Association and former commanding officer, said. "I think it has been a terrific day and it's an absolutely stunning memorial which really reflects 47 Squadron s long and proud history

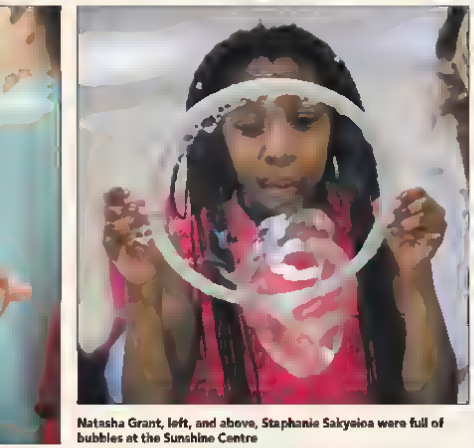
"Reaching 100 for any organisation is something special but reaching it for a Royal Air Force flying squadron is a tremendous achievement.

"When I look at the memorial I see 47 Squadron through the ages and the artist has really captured it the history of the squadron."

The squadron was formed in March 1916 in Beverley East Yorkshire and has taken part in many operations.

Centenary celebrations began in March 2016 with a formal parade that was attended by HRH The Princess Royal and has been followed by many other events including commemorative tail art on one of the Hercules aircraft.

Thomm 'Buck' Taylor stands proudly at the Squadron memorial at Brize Norton Pictures: *Stephen Lympany*



Natasha Grant, left, and above, Staphanie Sakyaiwa were full of bubbles at the Sunshine Centre

along for science fun

schools It was great to see how enthusiastic the children were "

Tracy Rogers from the Sunshine Centre said "The feedback from families was excellent So many people said they loved everything about the day but in particular the science watching the experiments and making the bubbles "

Sanctuary's neighbourhood partnerships manager Kate Winstanley added "The children were captivated and completely mesmerized with everything that Ben was doing, it was lovely to watch.

"What was great about the session was how it provided children with the opportunity to get really excited about science – they were learning while having fun but without really realising it."

Plan for greenfield site is just 'madness'

Eva Astreinidou: Reporter

CAMPAIGNERS against a development will not be rolling over despite the plan being set for approval.

The multi-phase residential development, proposed by Bloor Homes and Hallam Land Management to the east of Benson Lane, is set to start with 150 houses to be followed by two subsequent phases.

If planning permission is granted, the village would grow from around 450 households to 760 homes

Philip Tremayne, from the Save Crowmarsh campaign group, said he expects South Oxfordshire District Council (SODC) to recommend approval.

He said: "SODC are themselves sitting on a derelict site just across the road for the proposed Bloor/Hallam development, in the form of the former council offices destroyed by fire in 2015.

"How can the local planning authority allow a developer to build on a greenfield site whilst they themselves are sitting on a brownfield site, the local community would be happy to see redeveloped. Brownfield versus greenfield is a complete no brainer. This does bring into question the relationship between the SODC planning department and developer."

He added: "We proposed to lobby the planning committee and issue a press release for both local and national press/media to highlight the situation and the arrogance of SODC to highlight the madness in allowing development on a greenfield site when there is a brownfield site only metres away – owned by the local authority. As the village action group, we will use every thing available at our disposal to try and get this outrageous proposal stopped.

"Crowmarsh runs the real risk of losing its identity and being swamped with unwanted and unnecessary housing by the authority whose role is to protect the village and wishes of the community."

> *"How can the local planning authority allow a developer to build on a greenfield site whilst they themselves are sitting on a brownfield site. Brownfield v greenfield is a complete no brainer"*
> *Philip Treymayne, Save Crowmarsh campaign group*

He added that a decision was to be made on Monday but has now been delayed until March 29 at a planning meeting in Didcot to allow the planning committee to make a site visit.

In February, representatives at Lightwood, who are behind the development at Newham Green behind Crowmarsh school, said their application is set to be rejected 'despite the wider benefits to the community and the least impact on the village.

The plan included an extra three acres-plus of land to provide space for 56 off road parking spaces as well as sports and play areas, and a community building.

A spokesman for SODC said. "Our planning team make recommendations on planning applications based on their merits, in line with policies in our development plans and national guidance. The final decision on this case will ultimately be made by the democratically elected planning committee

"We are currently looking at all possible options for the future of the site – there are a lot of factors to take into account including ensuring best value for money for council tax payers."

Lightwood director James Sorrentino said. "The Lightwood proposal is an exceptionally philanthropic offer that hasn't even been considered by ward and council members. Now the village will get more houses than it needs.

"There has to be a balance between growth for growth's sake and the gentle preserve of village character not to mention the need for organic expansion to allow the school and the village ecosystem to accommodate new residents."

Bloor Homes and Hallam Management were not available for comment.

Students have plenty to bang their drum about

STUDENTS with autism experienced their own version of the Rio Carnival through a drumming and Portuguese song workshop.

Begbroke based LVS Oxford enjoyed a carnival atmosphere during a special samba drumming workshop delivered by Ola Samba on February 22

During the day students played traditional Brazilian made samba drums and percussion instruments under the expert guidance of David Waller founder of Ola Samba from Cheltenham.

The students also learned carnival songs which they sang in Portuguese.

The day culminated in the whole school coming together to perform in the hall.

Sixth former Caitlin said. "When I was younger noises like a hand dryer or hairdryer really bothered me so I was pleased I was able to cope in the hall even though the music was loud when we all played together at the end.

"I think it is very important to have some hobbies that are therapeutic and I'm now thinking I might take up drumming next!"

David Walter from Ola Samba said "It was wonderful to see the students confidence grow as they warmed to the activities. These workshops aim to give students a taste of a different musical culture and a feel for the energy of events like the Rio Carnival."

LVS Oxford head of centre Louisa Allison Bergin said: "Creative workshops like this are a wonderful way to help our students to gain self confidence and skills such as listening, concentration, leadership and teamwork."

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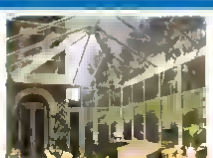
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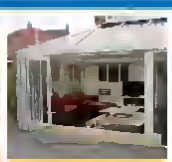
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Driver who caused told only he was to

Adam Flain: *Reporter*

A DRIVER who caused the death of a 28-year-old man on the A34 at East Ilsley after crashing into his car while he was on the phone has been jailed.

Lewis Stratford, 24, of Field Avenue in Oxford was sentenced to three years and eight months in prison at Reading Crown Court last Friday.

He had pleaded guilty to causing the death of Gavin Roberts, an Australian who was living in Swindon, following the crash on June 11 last year.

The court heard on Friday that Stratford had been driving southbound on the A34 to see his girlfriend, who he had been arguing with.

His girlfriend had said to him not to come down, warning him not to drive because of the emotional state he was in.

However he did, and he made a number of calls and sent texts to her over an extended period of time, and was on the phone to her at the time of the crash.

Stratford went through the central reservation onto the northbound carriageway, smashing into Mr Roberts' BMW coming the other way.

Both were taken to the John Radcliffe Hospital in Oxford, and Mr Roberts died four days later from a severe head injury.

Prosecuting, Alan Blake said that in addition to being on his phone, Stratford was also going above the speed limit, although because of the damage to the car an accurate reading of his speed at the time couldn't be provided.

In defence, Giles Newell said that Stratford was a man of previous good character, and that he is "wrapped with guilt and shame" over what happened.

Sentencing, Judge Stephen John said: "You deliberately engaged in the calls made to you and, more importantly, deliberately made the longer calls which led right up to the moment of this tragedy while you were in a highly emotional and distracted state.

"You rightly accept that your heightened emotional condition, which ant long before the collision involved you screaming down the phone at your girlfriend, was such that you should not have been behind the wheel at all.

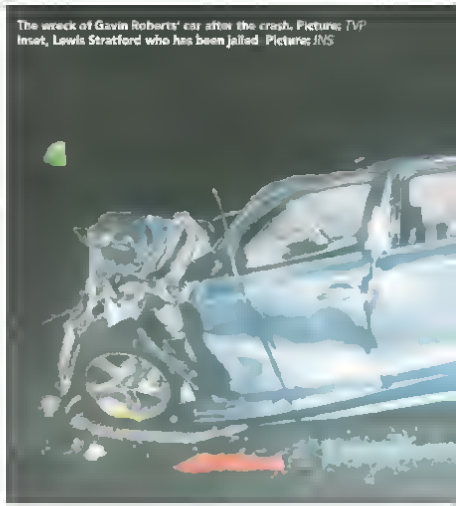
"The simple fact is that this successful, popular and promising young man would be alive today if you had not behaved so irresponsibly. Only you are to blame."

The sentencing came two days after stronger laws came into force over driving while using a phone, with those caught now facing a minimum of six penalty points and a £200 fine.

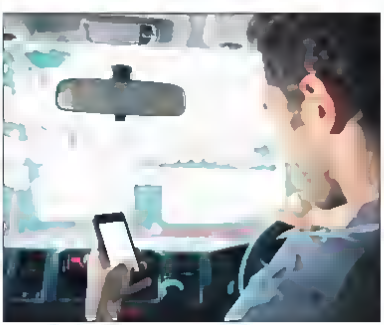
Following the sentencing, senior investigating officer Sgt Beth Walton said: "This case tragically evidences that distractions whilst driving do have and will continue to have catastrophic consequences.

"I would ask people to think about the consequences. If you speed, if you use your mobile phone whilst driving, then stop doing it and encourage those that you know who also do it to stop.

"Whilst this sentencing will never bring Gavin back, I hope it will allow his family and friends to have a sense of closure and enable them to continue through their grief at this difficult time."


The wreck of Gavin Roberts' car after the crash. Picture: *TVP*
Inset, Lewis Stratford who has been jailed. Picture: *INS*

Change to law means motorists face



Eva Astreinidou *Reporter*

A JOURNALIST was among the first caught out by the new penalty laws on mobile phone usage behind the wheel while she was en route to cover the police operation.

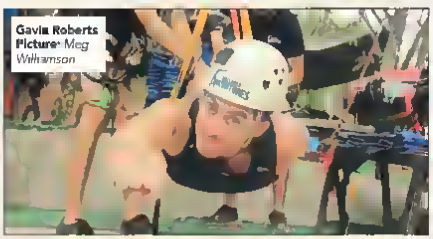
The female reporter was given a £200 fine and six points on her licence after being stopped by police in Ock Street, Abingdon, on the first day of a national week of enforcement of new penalty laws.

Police officers flagged down the reporter who was heard saying she was on her way to cover the enforcement of the new laws.

Channel 5 News journalist Dominic Reynolds tweeted: "Breaking Irony News. a journalist driving here to

death crash on A34 blame for accident

Family's sorrow and heartache



Gavin Roberts Picture: Meg Williamson

GAVIN Roberts' family have paid tribute to a "great mate" and "the light of my life" following the sentencing of Lewis Stratford on Friday.

During the hearing Gavin's dad Geoff and partner Meg Williamson read out tributes, alongside a statement from his mum Rose Joshua.

Ms Joshua's statement, read out on her behalf, was described as "astonishing" by Judge Stephen John after saying she forgave Stratford for what had happened.

Her statement read: "Gavin's tragic death has caused his family and friends great sorrow and heartache.

"He had a big heart and great respect of mankind and I am certain he wouldn't want to play the blame game and be bitter.

"Lewis Stratford, I want you to know that you have my forgiveness and compassion and do not allow yourself to be destroyed by what happened."

Gavin's dad Geoff flew over from Australia for the sentencing, and spoke about how he had brought his son up and how difficult he had found life following the crash.

Speaking afterwards, he said: "The last time I saw my son was three months before he died when we spent three days in Dublin together.

"We had a good time, we always did. He was a great mate to me.

"Later in Australia we held Gavin's funeral and it was overwhelming how many people were there – people really liked him, and everyone wanted to pay their respects to him.

"He was a great guy, a delightful person, and I am very proud that he was my son."

Gavin's girlfriend Meg was also present in court, after having spoken with Stratford prior to the sentencing in a meeting broadcast on the BBC's Inside Out programme.

She said in her tribute: "Gavin was the light of my life, he had an amazing ability to make everyone he met feel special.

"He loved to play squash, and I don't think anyone will forget his karaoke performances.

"But life is different now. I miss Gavin every day, and will never forget that cheeky smile and geeky laugh.

"Goodnight my angel."

Man arrested after woman dies

AN OXFORDSHIRE man has been arrested on suspicion of murder after a woman died from a severe brain bleed.

The body of 47-year-old Saman tha Blake Mizen was discovered in a property in Ludgershall, near Aylesbury, around 12.20pm on Sunday, Thames Valley Police said.

She was confirmed dead at the scene by the emergency services and a post mortem examination carried out on Monday revealed the cause of death to have been a subdural haematoma.

Her next of kin have been informed.

Police have confirmed that a 43-year-old man from Thame was arrested on suspicion of murder on Monday and remains in police custody.

A scene watch has been put in place at the property while police carry out their investigations.

Senior investigating officer Det Ch Insp Ailsa Kent, of the Thames Valley Police Major Crime Unit, said: "I understand that there will naturally be some concerns in the community following this incident, but I would like to reassure people that a full investigation is taking place, and that an arrest has been made in connection with the incident.

"We continue to support the family of the victim, at this very difficult time. People living nearby may see an increased police presence in the area while enquiries are carried out."

Kitten's shock for Blue Cross

WITNEY: A stray seven-month-old kitten stunned staff at Blue Cross after it was found to be a hermaphrodite.

Jamie was brought in to Blue Cross Burford by PDSA and was found to have both male and female organs, during a routine operation.

Lydia Sawyer, animal welfare supervisor at the centre, said: "No one at the centre has ever seen a case like this."

Jamie has now been rehomed.

Commenting on the case, Seb Prior, Blue Cross vet said: "Hermaphrodite kittens like Jamie are rare.

"In some kittens it can cause recurrent infections and difficulties with the neutering operation, but we're really pleased that Jamie has done so well and is settling into his new home."

£200 fine and 6 points for using phones

cover phone/driving crackdown has just been busted" £200, 6pts."

New legislation for penalties which came into effect on March 1 will mean double penalty points for long-term drivers, and will see newly-qualified drivers having their licence revoked for using a mobile at the wheel.

Those caught using one twice will face disqualification and fines of up to £1,000.

Previously using a handheld device while driving incurred three points and a £100 fine.

Any offenders aged under 21 who have held a licence for two years or less will automatically lose their licence.

As of yesterday, the NDORS (National Driver Offender Retraining Scheme) awareness course will no longer be routinely offered as an alternative to a fixed penalty notice, although officers can use their discretion as to whether, in exceptional circumstances, a course is appropriate.

Between 2014 and 2016, there were 145 collisions across the Thames Valley where the use of a mobile phone while driving may have been a contributory factor. Eleven people died and 195 people were injured.

Supt Simon Dodds, head of the Joint Roads Policing Unit across the Thames Valley and Hampshire forces, said: "There is never an excuse for someone to be using their mobile phone while driving, and this change in legislation sends a clear message that it will not be tolerated.

"The increased penalties better reflect the seriousness of such driver behaviour, and the consequences it can have. All too often, my officers are faced with the devastation caused by motorists who persist on ignoring the dangers and drive while using their handheld phone.

"Lives are tragically lost and families are destroyed by the irresponsible decision to take a call on a handheld device, send a text, or search for music while driving.

"The safest way is to put down your phone, switch it to silent and place it out of sight to ensure that you will not be tempted to pick it up.

"Using your mobile phone while driving needs to be considered to be as socially unacceptable as drunk/drug-driving, because the consequences can be fatal. The message is simple – don't use your mobile phone while driving – it's not worth the risk."

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Squatters await their fate after being served an eviction order

Eva Astrinidou: *Reporter*

THE group of squatters who took shelter in a derelict garage and then had to relocate to another abandoned building have now been issued with another eviction notice.

Iffley Open House moved from an abandoned building to the Old Power Station near Oxford train station and are now campaigning to stay after its 20 occupants were asked to relocate by next Wednesday.

Since moving to a different building, the group and its campaigners have launched a petition to help them stay by asking the owners, Said Business school, to 'work with us, not against us'.

The petition reads 'Please sign this to call on the owners of our new home Said Business School, to allow us to stay out the winter'.

They added: "This action is in response to the rising number of rough sleepers in Oxford, up 50% in the last year whilst central government cuts force the closure of homeless services across the city. By the end of 2018 further decommissioning of services will result in a loss of more than 250 beds since early 2016."

The Old Power Station has been empty for more than seven years.

The building was bought by Said Business School last year with the intention of turning the former power station into accommodation for its students.

Last week, Stephen Rouse, a media spokesperson for Oxford University, said a possession order for the Old Power Station had to be issued out of concern for the safety of the squatters.

He said the building "is used to store more than 140 000 items from the collections of the Museum of the History of Science and the Pitt Rivers museum.

"For some time we have prevented our staff from entering the part of the building which has been occupied by Iffley Open House because of a number of safety concerns, including the risk of falling masonry."

He added: "We are very sympathetic to the plight of these homeless people and we will continue to speak to their representatives about how to resolve the situation."

On March 1, there was an urgent demonstration outside the business school to resist the eviction.

Members of the Oxford University student union's campaign against homelessness, 'On Your Doorstep' were present.

In January, members of the group took photos with signs to express their solidarity for the campaign.

The group posted on Facebook in support of the petition to say: "We have done so well as a community let's continue to help one of the most vulnerable groups of society!"

Iffley Open House were in court yesterday after they were served with the eviction order.

Make 'every step count' with £30k council funding

OXFORD City Council is launching new sports activities with its sport and physical activity team 'pulling out all the stops'.

A total of £30 000 has been awarded to schemes that help improve health and wellbeing for Barton and Barton Park residents.

The activity team will launch a 12-week programme called 'Every Step Counts' in March, designed to encourage people to enjoy walking.

The team is also delivering new activities including 'Learn to Nordic Walk' beginner bootcamp sessions and boxercise.

Councillor Linda Smith, executive board member for Leisure, Parks and Sport, said: "The city council's award-winning Sport and Physical Activity Team is pulling out all the stops.

"This is all part of the City Council's vision for Barton: that it should be a great place to live both for existing residents and the new residents of Barton Park who will be joining the community."

The team will hold a training event for residents to become qualified coaches and lead physical activity sessions at Barton Neighbourhood Centre on Wednesday, March 15 at 6pm.

Bin bags containing animal remains found in car park

POLICE are appealing for witnesses after animal remains were left in bin bags at a Banbury street more than a dozen times in the past month.

Officers said there have been 15 separate incidents in February, and on one date there were seven separate instances.

Black plastic bin liners containing animal carcasses or bones were understood to have been found in a carpark behind shops at Ironstones.

Ironstones is a green space park land in the Hardwick area of Banbury and has open space for ball games and picnics and a children's play park.

Police are working with officers at Environmental Health and Trading Standards to ensure there is no risk to the public and to determine the source of the animals. It is believed the remains are livestock or farm animals.

Sgt Paul Smith, of Banbury police station, said: "We'd like hear from anyone who may have seen anyone on Ironstones with black, plastic bags on these days at these times.

"It may be you saw individuals or vehicles acting suspiciously in the area at these times and we'd ask you to get in touch with the details.

"Aside from the distress caused to the public on finding these remains there is clearly a health hazard if animal remains are not disposed of correctly.

"We believe the remains are of livestock or farm animals so if you keep livestock and any of your animals have gone missing, we'd also ask you to ensure that a report is made to police."

Incidents were reported on the following dates.

Twice on Sunday, February 5, at 8 36am and 2 06pm, again on Monday February 6, at 2 16pm.

Tuesday February 7 at 1 11pm and another on Wednesday February 8 at 4 34pm.

There was a gap of more than two weeks and then two incidents were reported on Saturday February 25 at 1 17pm and 2 35pm, and seven on Sunday February 26 at 9 25am, 3 50pm, 3 53pm, 5 50pm 6 58pm, 7pm and 7 17pm. The final incident was reported on Monday February 27 at 10 33am.

Anyone with information should call the 24hour non-emergency 101 number or Crimestoppers anonymously on 0800 555 111.

One Oxfordshire: County, South and Vale launch new proposal for

Claims of a 'propaganda war'

Future governance hangs in the balance

OXFORD City Council has been criticised for using taxpayers' money in the Oxfordshire unitary debate and wasting resources on a 'needless propaganda war'.

The Oxford East Conservative Association (OECA) criticised the Labour-led city council for using public funds in the debate after the city's residents received a letter last week inviting them to oppose proposals to create a single unitary authority for Oxfordshire.

OECA deputy chairman Daniel Stafford said: "Council leader Bob Price has failed to make a positive contribution to a debate that Oxfordshire residents universally recognise we need to have.

"We cannot continue with the existing two-tier arrangement, but his letter is not concerned with the future but rather with Oxford Labour selfishly protecting their own narrow self-interest.

"As a long-term Oxford resident I have no difficulty accepting that our city has challenges unique to the county as a whole. I also accept however that the decisions on infrastructure, especially on homes, roads, schools and health provision, can only be taken at a larger level.

"The city council has a duty to ensure Oxford's residents will be able to hold the new authority to account on these important issues. On the evidence of this letter, they are instead more concerned with wasting ratepayers' resources on a needless propaganda war."

In a series of developments since the launch of the proposal in January, petitions and a war of words have broken out, with Oxfordshire County Council winning the backing of South Oxfordshire and Vale of the White Horse district councils, while Cherwell and West Oxfordshire district councils and Oxford City strongly oppose the move to one unitary authority.

Oxford City Council's petition, called 'Hands off Oxford City', has collected more than 5,700 signatures.

Last week Bob Price, leader of the city council, said: "There have been thousands of positive messages about the city council and its services.

"It is heartening so many residents agree a unitary county council would be hugely damaging to the city – Oxford would no longer be governing itself and would no longer be able to control its future and set its own priorities."

Oxfordshire County Council was criticised last week after the council confirmed it had hired Welsh social research company Opinion Research Services to the tune of £50,000 to canvass residents.

The county council said the survey is necessary "to reach out to and listen to the views of people who will be directly affected, not just campaigners".

Eva Astreinidou, Reporter

COUNCIL leaders have put forward revised proposals in their attempts to create an Oxfordshire super council and quell the 'noisy opposition'.

The leaders of Vale of White Horse and South Oxfordshire district councils and Oxfordshire County Council put forward their idea for a new joint proposal for a 'Better Oxfordshire'.

The proposals unveiled on Friday had a different stance to the 'One Oxfordshire' ideas that were mooted in January in efforts to better suit councils by allocating more powers to local communities and ensuring Oxford City Council will be a local council in its own right.

The proposals read: "The revised proposals recognise that the city of Oxford is central to Oxfordshire's economic and cultural success, and under the new council will become a local council in its own right."

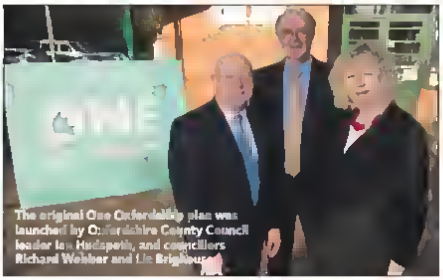
Cherwell and West Oxfordshire district councils and Oxford City have been holding their ground against the unitary proposals and have launched petitions since the announcement in January. According to David Hill, chief executive of South Oxfordshire and Vale of White Horse district councils, opposing councils have two weeks to review the proposals.

He said that ultimately the decision lies with Sajid Javid, Secretary of State for Communities and Local Government.

He added that through implementation committees, that all leaders will have a chance to be involved in decision-making.

When asked about why the response to the petitions against the unitary council has been so intense, he said: "What they are responding to is the initial ideas.

"We have however had a lengthy engagement process and having listened to people we have recognised the different local concerns and we



The original One Oxfordshire plan was launched by Oxfordshire County Council leader Ian Hudspeth, and councillors Richard Webber and Liz Brighouse

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'Better Oxfordshire' but City calls for end to the 'wasteful exercise'

From left, WODC leader James Mills, Cherwell leader Barry Wood and City leader Bob Price are against a unitary authority

OXFORD City Council retaliated against the new Better Oxfordshire proposal by saying the plan is still not local enough, and is a 'wasteful' and 'confused exercise.

Councillor Bob Price, leader of Oxford City Council, responded to the launch of Oxfordshire County Council's Better Oxfordshire proposal announced on Friday.

Cllr Price said, "The county council's revised proposal confirms its plan to remove from local control almost all issues that really matter to people's quality of life.

"Decision making on key issues affecting people's lives will no longer be made locally."

He said that control over council housing, economic growth and development planning would be removed from local control and managed centrally.

He added: "Governance of the city is still not addressed in a way that city residents would find acceptable. We just do not believe the county council's figures. The latest figures suggest that council tax would be kept low in the rural districts and inflated in the city through what is currently an illegal additional charge to city residents (known as a precept).

"Our position remains the same. We call on the county council to end this wasteful exercise that now seems more confused than ever and focus instead on solving the issues we are all facing over housing, infrastructure and skills shortages."

Last week, council leaders Barry Wood (Cherwell), Bob Price (Oxford) and James Mills (West Oxfordshire) said: "We three councils stand united against the proposals for a unitary council which we maintain are flawed and will disregard the specific needs of each individual city and district.

"Cherwell, Oxford City and West Oxfordshire are similar in that we are three strong performing councils but we are different in the way we operate and that is what's key to our success. By operating at a local level we can tailor services to meet the needs of our individual communities and address challenges specific to our own areas.

"It is this approach that makes us so successful but this would be lost if a unitary model were to proceed and Mr Javid needs to be aware of the devastating consequences before any decision is made."

All three councils have to review the new set of proposals in the next few weeks.

SODC leader John Cotton, OCC leader Ian Hudspeth and VOWH leader Matthew Barber are in favour of a unitary authority

are now giving stakeholders more influence."

He said that the initial five area executive boards which would be designated as local decision-making boards, have now been altered to 15 20 boards.

Councillor Ian Hudspeth, leader of Oxfordshire County Council, maintained that there is 70 per cent public support for the new unitary council, as suggested in a survey by an independent body.

He said, "We have responded to issues raised during the nine month public engagement exercise in the new proposal, particularly in improving local involvement in Oxford. There is an opportunity to create a new local government for Oxford that reflects the city's economic and cultural importance to the whole county.

"The survey results show that despite the noisy opposition whipped up by opponents of change, there is a silent majority who support the idea of new council for a better Oxfordshire."

Cllr Matthew Barber, leader of Vale of White Horse District Council, said, "The Better Oxfordshire proposal will ensure Oxfordshire continues to be a great place to live, work and bring up a family.

"We are working jointly with South Oxfordshire District Council and Oxfordshire County Council to ensure local communities play a big role with the new council."

Cllr John Cotton, leader of South Oxfordshire District Council, said, "A single council for Oxfordshire will be simpler, more local and will deliver better services at a lower cost. We have ensured that these revised proposals provide for more local area boards so that communities across Oxfordshire can have their say on important local issues, from setting car parking charges and tackling anti-social behaviour."

On Thursday last week, West Oxfordshire District Council released a statement that said, "A survey asking for residents' views was completed by 4,364 people with 97 per cent agreeing they wanted to see more options to improve and safeguard local services than the single proposal put forward by Oxfordshire County Council.

"And a further 92 per cent said they wanted to see greater savings than the 24 per cent identified in the county proposal which could be secured through initiatives such as councils working together and more efficiently without cutting frontline services."

James Mills, leader of West Oxfordshire District Council, said: "It is crystal clear from this survey our residents do not want to see the creation of a unitary authority devised by Oxfordshire County Council.

> *"There is an opportunity to create a new local government for Oxford that reflects the city's economic and cultural importance to the whole county"*
> **County Council Leader Ian Hudspeth**

"We all recognise there is far too much at risk in the district including free parking and low council tax which are of huge benefit to everyone."

The county council is set to discuss the plans at a meeting on Tuesday.

To view the full proposal, visit better-oxfordshire.org/the-proposal

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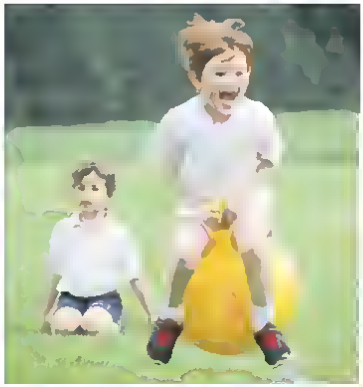

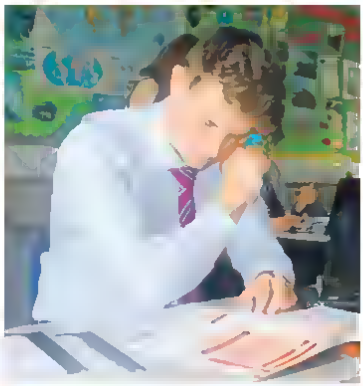

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Two men arrested after pitch invasion as match abandoned

George Welch Reporter

TWO men were arrested after a violent pitch invasion at Didcot Town's Loop Meadow Stadium on Saturday.

An investigation is now under way after fans ran onto the pitch with just three minutes to play in the Southern League Division One South and West fixture, with visiting Hereford leading 2-1.

Didcot keeper Leigh Bedwell was confronted as several Bulls fans came onto the pitch after they scored.

As Didcot players rushed to intervene more visiting Hereford fans clambered over the barriers and onto the pitch.

Chaos ensued as about 100 people were involved in the incident and the police were called.

About 10 minutes later, referee Wayne Chalmers was forced to abandon the game.

Didcot Town said they are "very disappointed" while Hereford said they are "deeply concerned" by the violence.

Both teams said in statements at the weekend they would work closely with the authorities as an investigation was launched.

Hereford added: "It goes without saying that Hereford FC does not condone unlawful behaviour of any sort."

It is likely that the result will not stand and that the game will have to be replayed.

Two young men from Hereford were arrested and have been bailed, police confirmed.

A Thames Valley Police spokesperson said: "Towards the end of the Didcot FC vs Hereford FC game a number of people ran onto the pitch.

"Two people were arrested in connection with this incident.

"A 19-year-old man from Hereford was arrested on suspicion of a public order offence and a 19 year-old man from Hereford was arrested on suspicion of common assault.

"Both men have been released on bail, one until April 4 and the other until April 6."

The Railwaymen had taken the lead in the 16th minute through a free kick, a minute after Hereford defender Ryan Green was sent off for a last-man challenge.

Bulls boss Peter Beadle was sent to the stands shortly afterwards in an action-packed opening 20 minutes.

Didcot were reduced to 10 men themselves shortly after the restart and Hereford, the runaway league leaders, began to dominate.

Former Didcot star and Abingdon-based John Mills, who scored 57 goals for Didcot in the 2014-15 season, converted from the penalty spot to level the tie on 67 minutes.

With time running out Mike Symons fired home to give the visitors a 2-1 lead before fans entered the field of play.

After the game, Hereford boss Beadle told the club website: "Everything that has gone on at the end is the most disheartening thing because of what the players put in.

"I feel for the players because they've put everything into the 67 minutes we have played.

"It is disappointing for the lads because they have done so well."

Hereford, who reformed in 2015 in English football's ninth tier after the demise of Hereford United, are on course for a second successive promotion.

Having lost just once all season, they are 14 points clear at the top of the table with nine games to go, including the Didcot game.

Didcot meanwhile are 14th in the league after losing at home to Taunton Town on Tuesday.

See page 69 for match report from the Taunton game on Tuesday

OAP conned out of £900

BANBURY Police are appealing for information after an elderly man was duped out of £600 and then had a further £300 stolen in a distraction burglary.

On Tuesday last week a man knocked on the victim's door in Springfield Avenue and said he was working on a neighbour's house and noticed his roof cap stones were damaged, causing damp in the loft space.

The victim paid £600 cash to complete the work and was told to go and open the loft hatch so it could dry out before work began.

The offender then stole a further £300 from the victim's dining room.

He was driving a white transit van and was described as white in his 30s and around 6ft tall with an English accent. He was clean-shaven with a round face wearing a light green beanie hat, a navy blue anorak and was carrying a bound book containing roofing information.

Anyone with information should call police on 101 or Crimestoppers anonymously on 0800 555 111.

Town meeting

WITNEY Members of the public are invited to attend the annual town meeting to ask questions or raise issues that concern them in the town.

The annual town meeting will take place on March 15 at 7.30pm under the chairmanship of the mayor, Councillor Chris Holliday. The council will present reports on its work over the last year and future projects.

Residents are encouraged to submit their questions in advance to the town clerk at info@witney-tc.gov.uk.

£1m lifeline for community and voluntary groups

OXFORD city's most disadvantaged communities will receive £1.4m of funding to help the voluntary sector.

On Monday, Oxford City Council announced plans for funding to help organisations that support some of the city's most disadvantaged communities.

The council runs a community grants scheme every year and the 2017/18 funding, which totals £1,430,470, was agreed at a meeting in February.

The funding includes £515,379 to organisations providing advice and money management, as well as £442,279 to groups providing services to Oxford's homeless population.

Community safety projects will receive £61,082 and £15,000 will go to Oxford Sexual Abuse and Rape Crisis Centre to provide a telephone helpline service.

More than £230,000 will also be set aside to encourage inclusion in arts and culture.

Councillor Christine Simm, executive board member for culture and communities, said: "Oxford's community and voluntary sector is a lifeline for families all across the city. I am delighted that Oxford City Council has agreed another £1.4m to help their crucial work."

During the past financial year Oxford City Council has provided a total of £2,454,113 in grant funding.

Despite being a relatively affluent area overall, 10 of Oxford's 83 small areas were defined as deprived by the Government in September 2015, with part of Blackbird Leys and Rose Hill named as amongst the most deprived 10 per cent of areas in England.

Science fest offers everything from aliens to dinosaurs

THE ATOM Festival of Science and Technology is returning to Abingdon this month.

The festival will run from March 22 to 26 and highlights from the packed five day programme include a talk about aliens by broadcaster and physicist Jim Al-Khalili OBE and a presentation by professor David Martill on his experience hunting dinosaur fossils in the Sahara Desert.

There will also be lab-based challenges for families.

Schools Day is on Friday 24 with workshops and talks in several schools.

A variety of locations will host events including Abingdon School, which is running an outreach programme called the Abingdon Science Partnership.

Go to oxfordshirescienceofestival.com for more information.

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NEWS

MP calls for a halt to health consultation to paint 'full picture'

Samantha McGregor: *Reporter*

AN MP is calling for a consultation over proposals to change health services in Oxfordshire to "halt"

North Oxfordshire MP Victoria Prentis has raised concerns about the "quality of the current consultation" and said she is worried about the "impact of the proposals on the Horton General Hospital"

It comes after Oxfordshire Clinical Commissioning Group (OCCG) launched a major consultation in January The consultation will take place in two stages which Mrs Prentis says is "fatally flawed" because people are not seeing the "full picture"

Among the proposals are fewer inpatient beds, a central stroke unit in Oxford, and a permanent midwife-led unit at Banbury's Horton Hospital.

While phase two will review accident and emergency services, paediatric services and midwife-led maternity units.

Mrs Prentis Conservative MP, said all the proposed changes to the county's health services should be consulted on in one go

Last month, during a debate in Parliament about Health and Social Care, Mrs Prentis said "One of the difficulties with the consultation process is that lay people – of whom I am one – are not given sufficient evidence to enable them fully to engage with the system and to have trust in the trusts that are seeking to engage them."

She is now calling on the clinical commissioning group to "halt" the current consultation and relaunch just one setting out all the proposals

She said, "It is clear from my own research, and the discussions that I have had with colleagues that the current consultation process, commissioned by our CCG is not good enough.

"We are not being provided with the full picture and I am deeply concerned about the future of the Horton and other vital health services

"This consultation is, in my view, fatally flawed.

"True consultation involves offering options on which the consultees can comment having seen the evidence they need to make informed choices

"This is not the case here The Oxfordshire CCG must pause their consultation until they are ready to consult on all health services, together

"Safety of patients should be paramount. Splitting the consultation, does not give us a sense that it is a genuine process, and it must be stopped."

Campaign group Keep The Horton General, KTHG has been working behind the scenes to ensure people have their say over the plans.

It has staged awareness events which include a panel of speakers including health professionals

The most recent took place last Thursday at St Mary's Church, Banbury and was attended by about 150 people according to KTHG

Among the speakers was Youssef El-Gingihy, national campaigner GP and author Dr Peter Fisher, retired consultant who worked at the Horton Hospital, and Banbury GP Dr Hugh Gilles.

Campaigners also joined a national demonstration in London on Saturday

A spokesman for Oxfordshire Clinical Commissioning Group, said. "The current proposals to improve the safety and quality of patient care locally were developed following discussions with the public, patients, NHS leaders, nurses and doctors

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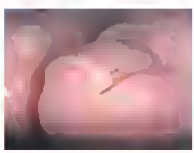

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Warning after car crashes into ditch

DRIVERS have been urged to take extra care on the roads after a van crashed off the road into a ditch near South Moreton on Monday

The van crashed into the ditch and collided with a tree on the road between Didcot and South Moreton at around 1 40am

Two fire crews from Didcot and one from Wallingford were quickly on scene and gave first aid treatment to the driver and passenger

Cutting equipment was used to remove the injured pair before they were transported to hospital by South Central Ambulance crews.

Incident commander station manager Paul Webster said. On arrival we found the van off the road in the ditch, firefighters immediately checked the occupants of the vehicle, the injuries sustained could have been far worse if they had not been wearing seat belts as they had collided with a large tree

"I would urge drivers to slow down and take the road conditions into account at this time of year"

Litter picking improves quality of life

AN MP has picked up an action team with more than 80 community groups and 1 000 people to clean litter across public spaces

Since 2009 Nicola Blackwood, MP for Oxford West and Abingdon, has led a local team taking part in a city wide spring clean, as part of Keep Britain Tidy's Great British Spring clean campaign.

Ms Blackwood and a group of volunteers will be clearing up the area around the Pear Tree Park & Ride site

Last week, Ms Blackwood said. "It's always excellent to see the community come together to clean up our local environment and I'd like to thank everyone who is taking part helping to spruce up our neighbourhood and raise awareness

"OxClean has a real impact on our city and we want to encourage locals to take pride in our community"

Oxford City Council is next to follow with its Clean Green Oxford campaign on the Rose Hill area until March 17

Cllr John Tanner, board member for a Clean and Green Oxford, said. "Rose Hill is the latest area set to benefit from a determined campaign that will go above and beyond normal cleaning operations By targeting our resources, and getting the community involved, we can make a real improvement to the quality of life of those who live there.

"Most residents take care of their environment and want to keep it spick and span. Only a thoughtless few drop litter allow their dogs to foul the area, and fly tip rubbish But targeted clean-ups like this, organised by the city council, will help return areas to a condition that residents can be proud of."

Litter costs councils hundreds of millions of pounds each year to clear up

across Oxfordshire an how we can create a better local NHS

"The feedback helped shape proposals which are also based on clinical evidence best practice and adherence to clinical guidance."

People have until mid-April to make their view known. For more information view consult oxfordshireccg.nhs.uk/consult.ti/system/register

Students' mental health charity wins award for making IMPACT

Eva Astrainidou, Reporter

A CHARITY empowering university students to look after their mental health and to support friends experiencing mental health difficulties has won a prestigious national award.

Students Minds established in 2009 by a University of Oxford student who experienced mental health difficulties, has been named one of the 10 winners of the 2017 GSK IMPACT Awards a national award that recognises excellence in charities improving health and wellbeing in their communities

The charity will receive £30 000 in funding, as well as expert support and development from The King's Fund, which runs the awards programme

This comes as statistics reveal an estimated three-quarters of lifetime mental illness begins by the time people are in their mid-20s making it particularly important that young people receive the care and support they need.

Based in Oxford and with only 10 staff members Student Minds worked with 97 universities last year across England, Scotland, and Wales

The charity offers peer support programmes run by student volunteers and also delivers training to university staff to increase their understanding of mental health issues

Student Minds' other projects include the Looking After a Mate campaign, which gives guidance for students who provide support to a friend experiencing mental health difficulties, and its #BestNightIn campaign which challenges assumptions that students need to go out and drunk excessive amounts of alcohol and instead celebrates the benefits of a quiet evening in.

Katie Pinnock, director of UK and Ireland Charitable Partnerships at GSK, said, "Student Minds is a small charity having a big impact on the promotion of good mental health in universities.

"Through its dynamic campaigns and support for volunteers, Student Minds has been really successful in raising awareness of mental health issues and equipping students with the tools they need to look after their own mental health.

"Student Minds is an outstanding charity that s achieved a lot in a relatively short amount of time, making it a worthy winner of a GSK IMPACT Award."

Rosie Tressler chief executive of Student Minds said "While around a third of students may experience mental health difficulties at university, all members of the university community can benefit from building health literacy and coping skills to manage the ups and downs of life

Students Minds celebrate winning a 2017 GSK IMPACT Award

"Student Minds was founded to encourage students to talk about mental health and promote the idea that recovery is possible

"We're thrilled to receive this GSK IMPACT Award, which recognises the importance of our work and the fantastic contribution made by our volunteers. The award will help us develop as an organisation and continue delivering support for students."

Student Minds will receive the prize at a ceremony at the Science Museum in London on May 18.

Thursday last week marked the annual University Mental Health day with more than 100 universities participating in events under the theme of active mental health in efforts to open up discussion about the relationship between mental and physical wellbeing.

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Support The Oxford Paper's charity of the year – Play2Give

Hospital room marks 'proudest and most special achievement'

Didcot-based Play2Give is our charity of the year for 2017 with its funds going to Oxford Children's Hospital and Headway Oxfordshire. This week, founder Andy Baker shares his pride as a room at the hospital is named in P2G's honour

Eva Astreinidou: *Reporter*

OXFORD Children s hospital has named one of its patient rooms in honour of Play2Give to mark their contribution.

The Play2Give room based at Melanie s ward, the teenage ward at Oxford Children s Hospital (CHOX), was officially unveiled on Wednesday last week.

The P2G team attended the small celebration, alongside supporters and sponsors and some of the ward s nurses and hospital charity representatives

As founder of P2G Andy Baker had the honour of cutting the ribbon to the room.

A big cheque showcasing the charity's grand total raised for CHOX over the past decade, a whopping £40,165, was presented to Penny Hambridge of the hospital charity outside the hospital.

Andy said. "It was a really special moment to be able to see all of our hard work as a team s efforts rewarded with the unveiling of our room.

"We never imagined we would reach the £40 000 and see the day our room would become a reality to benefit so many children for a lifetime to come.

"To achieve the room and in our 10th anniversary year is extra special and we are feeling very proud and over the moon.

"It was an overwhelming moment. Quite emotional too, to think we managed to raise all this money in a decade and to have a tribute given like this by the hospital to last a lifetime.

"To know we have contributed in such a special way that will go onto leave a lasting legacy is for us a truly magical, special and humbling feeling.

"It is certainly the proudest and most special achievement in P2G's history

"It has been an incredible amount of hard work and tireless work to achieve this and very often in difficult times and against the odds but we couldn't be prouder

"We hope it goes on to benefit so many teens and their families for generations to come.

"This honour in this way isn't just given to anyone so far a small group like us to be given a tribute in having a room named after P2G is something really special."

He added "We hope that people will continue to support us so that we can continue to raise funds for the children s hospital and help even more young patients get the very best medical care and medical facilities and equipment that really does transform and save young lives."

P2G will celebrate its decade-long success of fundraising for local charities with a special 10th anniversary black tie ball in September with proceeds going to CHOX and Headway Oxfordshire

P2G has also been recognised at the Oxford University Hospitals NHS Trust s Staff Recognition Awards, as the charity made the top three for the Supporter of the Year gong last year

Andy was a former patient at the hospital after suffering a brain injury at birth and undergoing brain surgery aged 12

He was inspired by the treatment he received and has since dedicated himself to raise money for local charities including the hospital.

Since then, he has also earned the title of Oxfordshire Youth Award in 2013

To donate to the charity's 10-year appeal, visit tinyurl.com/zksd8xx

Andrew Baker, Dale Harris, Teresa Strika and Elaine Childs – together with supporters and sponsors, as well as some of the Mal s Ward nurses and hospital charity reps

THE OXFORD PAPER and Oxfordshire Guardian
Charity of the year 2017
Play2Give

Twirlers twist into championships

YOUNG gymnasts from Banbury are heading for their national championships after top class performances in a qualifying competition in Leicestershire

Members of the Banbury Cross Twirling Club – aged four to 19 – took part in a range of disciplines including solo twirl, fancy strut dance twirl, duos two-baton and poise/personality

Many of the girls competed and qualified in all six routines

While Rita Duarte five, and six-year-old Billi McFadden celebrated their first wins with gold in the Tiny Tots Solo category, and the Juvenile Solo class respectively

Baton twirling is a unique sport that incorporates gymnastics, acrobatics and dancing.

It is a worldwide activity and the Banbury Club is part of the British Baton Twirling Sports Association which in turn is affiliated to the World Baton Twirling Federation.

The British championships will be held over the Easter weekend at the K2 Arena, Crawley

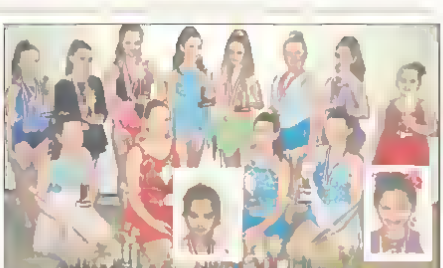
Banbury coach Nichola Halford said. "The qualifying competition at Whitwick included clubs from our region (East Midlands) plus teams from Lancashire Teeside, and Lincolnshire

"Some of our girls were taking part in their first competitions and they came through with flying colours.

"I am really proud of what the club has achieved in what is a very competitive sport – and we will continue to work hard for the nationals."

Monday April 10 is world baton twirling day and the Banbury Twirlers will celebrate the event by organising an open day at their training centre in Ruscote Community Hall, Longelandes Way

For more information, email banburycrosstwirlers@gmail.com



Banbury Cross Twirlers after competing in the national championships qualifiers. Inset centre, Rita Duarte and right, Billi McFadden after their first victories

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Mark Rowe, Wantage Tennis Club chairman with club coach, Andy Aitken

Tennis night serves up funds

MORE than £500 was raised as Wantage residents came together for an evening dedicated to the Disability Tennis Programme.

An evening of fun, laughter and dance went ahead as local covers band The Connection made a special guest appearance encouraging club member John Smyth wielding his tennis racket like a bass guitar.

As well as The Connection, Edinburgh Fringe performer Tina Sedarhem appeared delivering a sharp and witty set entitled Till Death Do Us Part.

Wantage Tennis Club coach, Andy Aitken is very keen to bring disability tennis coaching to Wantage for those with learning difficulties, hearing or visual impairment, wheelchair users and others with physical challenges.

He said, "Tennis can be tailored to suit any level of ability.

"We can make the court smaller, use bigger rackets or special balls designed to slow the game down, making it easier to play."

Funds towards the money raised will go to specialist equipment and other related expenses.

Young farmers saddle up for Skye

George Welch, *Reporter*

MEMBERS of the Abingdon Young Farmer Club are to bike nearly 200 miles to raise money for Oxford based charity Blue Skye Thinking.

Keen cyclists Rebecca Hollands, Christina O Hare, Isobel Mogford, David Hunt, Danny Humphrey Veronique Beviere, Darren James and Lauren Morris will be cycling in tandem from Abingdon to their annual convention in Torquay – more than 190 miles.

The eight cyclists will leave Abingdon on Tuesday April 18 and hope to arrive in Devon town three days later, on the Friday afternoon.

Blue Skye Thinking was set up by Sally and Andrew Hall in memory of their son, Skye, from Abingdon, who died in 2014 from side effects of his treatment for medulloblastoma, an aggressive and cancerous brain tumour.

The team is hoping to raise £1,000 towards the charity's Aim Skye High Appeal.

The appeal aims to raise £50,000 towards a three year Post Doctoral research position at the renowned Northern Institute for Cancer Research.

Rebecca said: "Every year all Young Farmer Clubs nationwide choose a charity to fund raise for.

"We first met Blue Skye Thinking at a local event in the summer of 2016. It was here that we first heard the truly inspirational yet sad story of Skye and his brave battle with cancer.

"After also discovering that one of Oxfordshire Young Farmer Clubs county leaders was friends with Skye's mum, we knew that this was our chosen charity for the year. It was a unanimous decision.

"We will be aiming sky high to raise money but will also try to raise awareness of the charity Blue Skye Thinking and all the work they do in order to raise money for research into new treatments of childhood brain tumours."

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Drug gang members jailed for supplying

Samantha McGregor: *Reporter*

THREE men from Birmingham have been jailed after supplying heroin and crack cocaine in Oxfordshire.

Dior Jackson, 18 of Bond Way Cannock, earlier admitted supplying class A drugs and was sentenced on Friday last week to four years in a Young Offenders Institute as he was 17 at the time of the offences.

Two other men, Lawrence Morgan, 20, and Ormani Bernard-Sewell 21, were sentenced at Oxford Crown Court on February 8 after both admitted the same offences.

Two other men who have also been charged with supplying Class A drugs are on the run.

In October 2015 police raided a property in West Street, Banbury during which clothes were thrown outside from a window on the top floor.

Five men were arrested and after the clothing was gathered up officers found more than 100 individual wraps of crack cocaine and heroin inside them.

Det Con Leanne Narbett of Banbury Police station, said: "The judge at Oxford Crown, His Honour Justice Ross said of Morgan and Bernard-Sewell 'both played significant roles motivated by financial advantage.

"He recognised that so-called county lines of drugs supply are 'real and prevalent in Oxfordshire and said that 'they were part of such a gang and the purpose was undoubtedly to deal drugs in a commercial operation'.

"We want to emphasise that anyone who gets involved in drug supply at whatever level in the chain runs the risk of being convicted and as HHJ Ross said cannot expect sentences other than those imposed in this case.

"We will continue to work tirelessly to stop those people coming to Oxfordshire purely for the purpose of targeting those vulnerable within the community and bringing misery to the area with the supply of drugs."

From left, Ormani Bernard-Sewell, Dior Jackson and Lawrence Morgan have all been jailed for their part in supplying heroin and crack cocaine

Morgan, of Crompton Close Birmingham, was sentenced to two years to run consecutively to a sentence currently being served of five years and eight months for possession of a firearm, ammunition and drugs.

Ormani Bernard-Sewell, of Sturge Close Birmingham, was given four years plus a further three months for a bladed article offence in Birmingham.

Mohammed Ali, 20, of Vestnor Avenue Birmingham, is wanted for sentencing after failing to appear at Oxford Crown Court for sentencing last Friday.

Naasir Francis, aged 18 of Denby Close, Birmingham is wanted for failing to appear at court. He was charged with the offences last July.

have a brain tumour, yet only just over one per cent of cancer funding goes towards research into brain tumours, the number one cancer killer in children and teenagers.

Mrs Hall said: "We have such a generous community in Oxford and once again they have delivered.

"Without local organisations getting involved and spreading the message we would not be where we are today so thank you to the Young Farmers Club for choosing Blue Skye Thinking to support.

"Together we will continue to raise money for research to find better treatments for those children who need it."

To support the Young Farmer Club challenge, visit: tinyurl.com/zurgohz

To support the appeal, visit tinyurl.com/je2377r or text UPUP52 £3 to 70070.

To plan a Skye High fundraising event, email contact@blueskyethinking.org and the charity will send a fundraising pack.

Concerns over proposal for 200 homes next to dumping ground

Eva Astreinidou: *Reporter*

COUNCILLORS and villagers are objecting to a proposal to build 200 homes due to concerns over development next to a dumping ground.

At a meeting on Friday neighbours objected to Redrow's development plan for land off Habbyhorse Lane in Sutton Courtenay which was put forward and resubmitted with additional information on January 31.

The site had been allocated for residential development for up to 220 homes in the recently adopted Vale of White Horse Local Plan 2031 Part 1.

The residents said that the documents submitted since then do not justify approval of the application due to drainage and contamination risk.

In December Sutton Courtenay Parish Council said: "The parish council continues to maintain its objection to the application. There is nothing in the drainage and gas migration reports that make any material difference to the concerns raised previously.

"There is reference to an report of standing water and run off since 2014 yet videos have been supplied to the district council [Vale of the White Horse] of water from the remedial works running into the adjacent football pitch.

"The parish council understands that local consultants are meeting with appropriate bodies to discuss drainage issues and the parish council fully maintains its objection."

On February 15 the parish said: "The supplementary documents do nothing to alleviate the parish council's concerns in this regard.

"The additional measures needed to deal with the gas really just confirm that there is an issue with the gas.

"What will the situation be in a few years when it is clogged with silt? Videos have been submitted to the district council showing gas bubbling in the trenches.

"Furthermore, whilst the gas report shows that migration can be prevented, it does nothing to address the airborne odours that the houses in the village suffer.

"This proposed development site is much closer to the source of the odours than those houses which suffer currently.

"The evidence in the documents submitted does not justify approval of the application."

Councillor Stuart Davenport said: "I proposed the motion to refuse the application in Sutton Courtenay because we had evidence from a drainage expert indicating the proposed drainage system would not work. In such circumstances I felt duty bound to protect neighbours and future residents from the lack of a workable drainage strategy."

Following the objections at the meeting council leader Matthew Barber still has the power to bring the application back to committee.

Bag snatched

OXFORD: A 74 year old woman had her bag snatched by a cyclist as she tried to cross a road.

The woman stepped off the pavement at the junction of Linton Road and Northmoor Road at around 8pm on Thursday last week.

She became aware that a man riding a bicycle had passed behind her.

The cyclist then grabbed the strap of a bag she was carrying on her shoulder and tried to pull it from her.

She fell forwards as she kept hold of the strap sustaining minor injuries to her knees, hands and ribs.

The offender pulled the bag from her and headed towards Banbury Road. He is described as dark skinned, of slim build and young looking, with short, frizzy hair.

Investigating Officer PC Isaac Van Den Eshof of Oxford Local CID is keen to speak to the occupants of a vehicle which was passing at the time.

Call police on 101.

Heyford plans

N OXON: People have until March 17 to take part in the first round of a consultation over plans to split Heyford Park and Upper Heyford into two separate parishes.

Cherwell District Council is consulting over a proposal to redraw boundaries and create a new parish called Heyford Park.

Up to 1,600 homes will be built at the former US Air Force base and Upper Heyford Parish Council say the development and the village need separate governance.

To take part, email democracy@cherwellandsouthnorthants.gov.uk.

First chance to view plans for care home

Eva Astraindou: *Reporter*

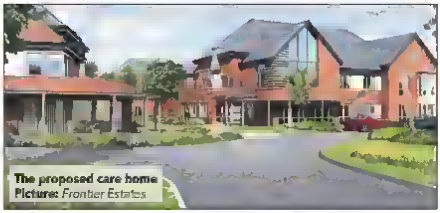
PLANS to build a new 70-bed care home in Wantage were unveiled last week at a public exhibition, promising to provide 'high quality' care packages for the community.

The care home planned for Grove Road, developed by Frontier Estates in partnership with Baycroft, will host 50 one and two-bedroom apartments where residents will be able to share an extra care facility with a bistro, residents lounge, library, beauty saloo and gym.

The development comes after an independent consultant was appointed to review housing needs within the local area and identified a need for both extra care accommodation and care homes.

After attending the public exhibition, Julie Mabberley, a member of the Wantage and Grove campaign group, said: "One of the key concerns of local residents was the amount of rain run off from land at the moment and how the developers were planning to deal with this when half of the land is built on.

"We were told that the engineers were still looking at this but that holding tanks would probably be built under the car park."



The proposed care home
Picture: *Frontier Estates*

She added that there would be spaces for a total of 49 cars and a minibus would be provided for residents.

A spokesperson for Frontier Estates said: "The topography of the site has been taken into account and the buildings are designed to sit at a lower level than surrounding properties.

"High quality landscaping will form part of the scheme to provide both gardens for residents and boundary screening for neighbours.

"In addition to delivering a high quality care home and extra care accommodation the proposed development will create a number of jobs."

He added that following the public exhibition, the design team are now considering the comments made before plans are finalised and a planning application is submitted to the council later this spring.

Sam Rous from Frontier Estates said: "We are excited to bring forward this opportunity to meet local care needs within Wantage."

Anna Gillings, from planning consultants Turley said: "The exhibition was very well attended with lots of support shown for the scheme. We will now work on the plans to respond to the detailed comments of the local community."

If planning permission is granted the developers hope to begin building in spring, with the first residents moving in during 2018.

Nurses pedal advice about diabetes on 46-mile ride

THREE diabetes nurses from Oxfordshire will be cycling the Prudential Ride46London bike ride to raise money for a charity close to their hearts.

Nurses Penny Latimer, Jane Maskell and Perdy van den Berg will be training intensively for the 46-mile ride on Sunday July 30 to raise money for Diabetes UK.

Penny Latimer, Community Diabetes Specialist Nurse, said: "We're all passionate about diabetes, between the three of us we have built up over 40 years experience of helping people with the condition and wanted to raise money for a cause very close to our hearts."

Jane Maskell, Community Diabetes Specialist Nurse, said: "Doing Ride46 London will be a great personal challenge for me as a non-cyclist, but I'm getting into training at my local gym. Knowing that I'm raising money to support the great work of Diabetes UK is an excellent incentive."

Perdy van den Berg, the Clinical Lead for the Oxfordshire Community Diabetes Service, said: "I am a keen cyclist and encouraged Jane and Penny to join me in a team challenge. Who knows where it may lead us, it could become an annual challenge?

"Cycling is a great, fun way to get active and we really hope others will be inspired to join us on the ride and raise money for Diabetes UK."

Jill Stanton, Regional Head for

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www.chinnorrailway.co.uk

Diabetes nurses from Oxford, Pardy van den Berg, Penny Latimer and Jess Maskell in training

Diabetes UK in the South East, said. "Cycling has so many health benefits. I try to cycle whenever I can but 46 miles is quite a feat – I wish the ladies the very best of luck. They're an inspiration to us all."

Diabetes is a huge and growing problem with more then 4.5 million people affected in the UK.

The charity supports people by offering information about managing the condition well to funding the highest quality research into potential new treatments.

Donations can be made via these just giving pages.

https://www.justgiving.com/fundraising/Penny-Latimer

https://www.justgiving.com/fundraising/perdyvandenberg

https://www.justgiving.com/fundraising/Jane-Maskell1

'Missed opportunity' to prevent sex abuse

Eva Astreinidou Reporter

A REPORT exposing the alarming story of two children who suffered abuse by their carer found police too quickly withdrew but concludes the incidents were 'not foreseeable by local child protection agencies'

Oxfordshire Safeguarding Children Board (OSCB) published a serious case Review (SCR) on Wednesday last week that assessed the case of two young siblings under the age of five who suffered serious sexual and physical abuse at the hands of their male carer Mr K.

The two siblings named as Child A and Child B in the report, were under his and Ms L's care.

The review covers the period from January 2013, when discussions about the children's future care arrangements were initiated by the family.

Ms L, a relative of the children, attended the discussions with Mr K and expressed an interest in caring for them.

A viability assessment was carried out which revealed that there were criminal records for offences of dishonesty.

Ms L had also experienced some sexual abuse within her family as a child. The records note that this left her "more determined to ensure that children are listened to and protected from any form of harm".

Towards the end of March 2015 Ms L contacted police. She had become concerned that Mr K might be having an affair and had placed a secret recording device in their home.

When she listened to it she heard both children crying and Mr K making violent threats, sexual comments and noises.

Mr K was arrested that same night and subsequently received a lengthy prison sentence after he was found guilty of the rape of one of the children.

In the following days medical examination revealed multiple bruising to both children.

The report read, "There was a specific missed opportunity across the agencies, when one of the children was found to have suspicious bruising and formal child protection procedures were initiated.

"Aspects of those events including medical evidence and concerns about the presentation of the male Special Guardian, might have prompted more thorough investigation.

"Police too quickly withdrew from the investigation when there was still a clear possibility that the injuries were non-accidental and further enquiries could have been made. There was a Child Protection conference where there were so many attendees at the meeting, including the carers that it was difficult to have a sufficiently full discussion."

Despite this the report concludes that the abuse was not foreseeable by local child protection agencies and highlights areas of learning to improve wider safeguarding systems in Oxfordshire.

Independent Chairman of the OSCB Paul Burnett said, "This was a particularly distressing case involving the despicable abuse of vulnerable children. The man responsible had no background to suggest he posed a risk to children, and as the report concludes, it could not have been foreseen that he would go on to commit these offences.

"The review recognises that children's social workers and other professionals demonstrated great compassion and commitment in promoting the best interests of the children. It also raises concerns which have led to recommendations for improving care planning processes and highlighting the particular vulnerability to abuse, of children with disabilities and special needs."

SeeSaw receive their cheque, from left, Mandy Oliver, Tatiana Alves, Hayley Dry, David Adams, Jane Elliot from SeeSaw, Bob Timbs, Penny Clarke and Deborah Astles

Helping SeeSaw funds stay up

THOUSANDS of pounds have been raised for an Oxfordshire charity providing grief support for the county's children.

SeeSaw has welcomed a cheque for £6,323 from manufacturing, logistics and consultancy company Unipart Group who raised the cash from a year of fundraising activities.

Employees at their head office in Oxford took part in a number of activities throughout the year to raise the money by arranging events from cake bakes to dragon boat races.

SeeSaw will put the money raised towards new Volunteer Support Worker training to provide more assistance for young people in need.

Every year Unipart selects a charity of the year and selected SeeSaw for 2016.

The charity's corporate fundraiser Jane Elliott, said, "SeeSaw was thrilled when staff at Unipart voted us their Charity of the Year 2016. Employees organised inspiring fundraising events and raised the staggering sum of £6,323.

"This significant donation will directly support Oxfordshire's bereaved children and young people helping them face the future with hope."

Deborah Astles HR director, corporate responsibility and policy at Unipart Group said. "I'm really proud of all the hard work our Events For You group have put in to fundraising for this charity.

"We've had many events taking place through the year and the passion and commitment from the group has been phenomenal."

This year the Unipart site in Oxford is fundraising for three local charities including Archway Foundation, Oxfordshire Mind and Oxfordshire Young Diabetics.

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Man threatened with firearm

FARINGDON A man was threatened with a firearm by two men he caught leaving his property

Around 11am last Wednesday, the man returned to his home in Radcot Road to find men leaving the property who threatened him with a firearm before driving off in a small blue vehicle

Two men have been arrested in connection with the incident – a 34-year-old man from Watchfield and a 36-year-old man from Faringdon were arrested on suspicion of burglary and are in custody

Investigating officer Det Insp Mike Roddy said: "This was obviously a very concerning incident for the victim. Fortunately he was not injured."

He added: "We are linking this incident to a similar one near Bampton on 19 February when men broke into a home and stole firearms."

DI Roddy said: "We would urge anyone who was in the area at that time and may have seen anything suspicious or saw the vehicle to please get in touch as a matter of urgency."

If you have any information, call 101 quoting reference URN 441 1/3

Chance to join NHS governors

OXON County residents are being invited to have their say on how healthcare is delivered locally

Nominations are now opeo for the 2017 election of Council of Governors at Oxford Health and NHS Trust, which provides physical, mental and social care for people across the county

Governors represent the views of their constituency and join discussions alongside the Board of Directors. The Council of Governors are made up of the public, staff, patients and carers Each term of office will last for up to three years

Anyone who is interested in nominating themselves to be a governor is invited to attend two upcoming events. The first will be held on Monday March 27 at the Whiteleaf Centre, Aylesbury at 7 30pm and the second meeting will be held Thursday March 30 at Jury s Inn, Oxford at 6pm.

Contact Laura.J.Smith@oxfordhealth.nhs.uk before March 24

Brexit meeting: good discussion

DIDCOT Wantage MP Ed Vaizey held his second Brexit meeting last week giving constituents the chance to ask tough questions.

Mr Vaizey praised the number of people who came to the meeting in Didcot and said on his website he was happy that a good discussion was had.

He added. "The views that were expressed will feed into my thoughts and what I raise with Government Ministers after Article 50 is invoked and we begin the process of with drawing from the EU "

The MP has also given his backing for invoking the Bill to trigger Article 50 which will see Britain leave the European Union. Theresa May hopes to have triggered it by the end of March.

Mr Vaizey recently added his support to the bill after a third reading in Parliament however he did say protecting the rights of EU citizens in the UK was important and also told the house it might be difficult to be granted a free trade agreement when the UK finally leaves the single market

Making a top connection

WALLINGFORD A catering business has achieved Top 20 ranking in the Sunday Times 100 Best Companies Awards 2017

Connect Catering values 'the importance of family as its managing directors are sisters, Kate Bendall and Louise Laver They began the business in 1989 at their dining room table.

The company provides meals to 75 schools, businesses and care facilities.

■ See business for more on the awards

All shapes and sizes welcome at re-fit £1.7m leisure centre

George Scotland Reporter

A £1 7MILLION revamp of the White Horse Leisure and Tennis Centre in Abingdon has finally been unveiled.

The opening on Wednesday last week began with a speech from Councillor Mike Badcock before he cut the green ribbon alongside two time Paralympian tennis player Louise Hunt to mark the official opening of the new extension.

Following the investment from Vale of White Horse District Council and operator Better, the leisure and tennis centre now features a 290sqm extension, newly refurbished changing rooms the latest Technogym Excite+ equipment and a new outside area for young children.

Peter Bundy, deputy managing director of Better, said. "In times when public funds are hard to come by, it s a real credit to the council and the strength of our partnership that we continue to invest in the facilities "

Mr Bundy joined other senior figures in the scheme to test his fitness on the rowing machines.

Also giving it a go was Cllr Badcock, whose GP advised him to join the gym last year after having a knee and hip replacement.

He said. "The gym re ally helped me get back on my feet after my operations All the new facilities are brilliant and I really hope this encourages more young people to get into sport

"There should be no embarrassment when you sign up to the gym. We have people of all shapes and sizes who come and are happy to be here."

The centre currently has 600 000 visitors a year with gym memberships growing even more thanks to the new extension, according to Ben Whaymand, manager of Better

He said. "I'm glad to say we've been able to do this Since we opened the new gym last month, our online membership has grown to its highest figure."

The additional space will mean up to 50 more people will be able to use the gym at any one time.

Gym enthusiast Deana Leaby from Abingdon said. "I am a regular user of the gym. It s convenient for me as I work round the corner and will

Deputy managing director of Better Peter Bundy cuts the ribbon with paralympian Louise Hunt and councillor Mike Badcock

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Majority of children get first choice place

ALMOST nine out of 10 Oxfordshire children have been offered a place at their first choice school for September

A total of 88 64 per cent of pupils have received a first-preference offer for secondary school places they applied for

A further 6 46 per cent have been offered their second choice and 1 53 per cent offered their third preference, leaving just 3 47 per cent of applicants being offered a place at a school not among their stated preferences.

More than 6 600 children were offered secondary school places this year amounting to 85 more than in 2016 and 268 more than in 2015

Oxfordshire County Council's Cabinet Member for Education Steve Harrod said. "Once again we have been able to give the vast majority of families the news they were hoping to receive Oxfordshire has a strong record on school place-planning and compares very favourably with other parts of the country when it comes to making first-choice offers.

"We are expecting to see our secondary school-age population continue to increase over the next few years, as the growth we saw at our primary schools over the last decade translates into greater demand for secondary school places.

"We are well placed to meet this challenge, both through our ongoing work with existing schools to identify expansion opportunities where they are needed, and our role in delivering entirely new schools where local housing growth demands their provision."

Cllr Harrod added: Unfortunately there are always circumstances where we can't offer everyone a place. An appeal process is available to families wishing to challenge the outcome of their application. Children's names can also be placed on 'continued interest' lists in case places become available at schools between now and September"

certainly continue due to the new upgrade."

The gymnasium is also wheelchair friendly as Paralympian Louise who has competed for Team GB in London and Rio, found out.

Louise said, "The seated rowing is my favourite thing in this gym and I'm so glad it is wheelchair friendly. I will use this gym on a regular basis not only for the tennis courts, but this as well."

She added: "I was nervous about joining the gym once, but I strongly advise local people to take advantage of these wonderful facilities and give it a go whether it be the rowing machine or treadmill."

Flagging up the spirit of EU friendship

EU flags were spotted last week, as a passerby noted a roundabout had been "flag bombed".

The flags appeared on the roundabout on the A418 on the edge of Thame on Wednesday morning last week.

A passerby said: "Good to see this on a day when the House of Lords is voting on an amendment to preserve the rights of EU citizens in this country.

"I have EU neighbours, friends and colleagues - all of whom are anxious and distressed about their future in this country. Many of them have called the UK home for decades but are now facing uncertainty and feeling very unwelcome here. I hope many of our local EU citizens see these flags too and take some comfort from knowing that in spite of the Brexit vote many British people support and value their presence in this country."

Residents do not have to pay for tower block work

A JUDGE has ruled residents of tower blocks should not have to pay for improvements.

The decision came after 54 leaseholders at Evenlode, Foresters, Hockmore, Plowman and Windrush Towers in Oxford were told they may have to pay for planned work to flat entrance doors, balcony doors and other doors inside the block.

Regional Judge Bruce Edgington concluded that the residents should not have to pay for the work.

The ruling followed a hearing held at Cambridge County Court on February 22 where evidence was heard from the legal representatives of the City Council, Oxford Tower Blocks Leaseholders Association (OTLA), and some individual leaseholders.

The tribunal determined that there are some elements of the works that the City Council may or may not be able to charge leaseholders for. The tribunal has reserved judgement on these until the next hearing when further evidence will be considered.

The next hearing will be held on September 13 14 at Cambridge County Court and will determine the reasonableness and payability of service charges relating to Plowman Tower.

Councillor Mike Rowley Board Member for Housing, said: "The main goal of this hearing was about getting definitive legal certainty about what works can be reasonably charged for, and this tribunal ruling is a big step forward in that regard.

"While there's no requirement for the City Council to have even applied to the tribunal for a determination, we chose to do so to provide the certainty that leaseholders wanted.

"The scheduled works at all the tower blocks are progressing very well, and repairs have now kicked off at Plowman, the fifth and last tower in our £20 million repairs programme. Elsewhere, Hockmore tower already boasts a new colourful sheen on the Cowley skyline, while Evenlode and Windrush towers in Blackbird Leys are coming along quite impressively."

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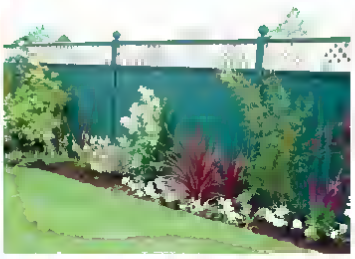

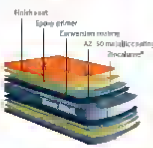

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NEWS

Sex education updated for 2017

SEX and relationship education are now mandatory under age-appropriate lessons, as announced by the education secretary

In a written statement on Wednesday last week, the education secretary Justine Greening said that sex and relationships education introduced in 2000 is 'becoming increasingly outdated'

She said, "It fails to address risks to children that have grown in prevalence over the last 17 years including cyberbullying, 'sexting' and staying safe online."

Oxfordshire County Council's cabinet member for education Steve Harrod said, "I very much share the Government's view that sex education is in need of modernisation in order to keep pace with some of the emerging challenges facing children and young people as we move deeper into the 21st Century

"There are a number of issues linked to the way in which children – including younger children—increasingly access information and interact with others in online settings, which have not been addressed adequately by our recent approach to the subject.

"Problems like cyberbullying, sexting and online pornography pose considerable risks and it is perhaps more important than ever for children to learn about the importance of healthy and loving relationships so they can navigate their way through what must surely be at times, a very confusing world."

He said that lessons need to be age-appropriate but in the end giving sex education an 'overhaul' and making it a compulsory requirement for schools is a 'common sense initiative to keep children safe'.

Is your cat feline like an award winner?

THE search is on to find the UK's Top Cat at the annual National Cat Awards

Cat owners have until noon on March 31 to enter their cute kitties in the awards which is sponsored by animal charity Cat's Protection.

Five different categories will celebrate the marvellous moggies

Awards include hero cat the most caring cat that can impact on an owner's health and well being, there will also be a prize for the best tale of friendship between children and their cat entitled 'fur-ever friends award'

Felines who have previously been abandoned by former owners will also have the chance to win in the rescue cat category that will champion cats save by animal charities.

The winner of each category will then be in with a chance of inheriting the title National Cat of the Year from last year's winner Tink, who woke her owner to raise the alarm as a fire engulfed the family home

Future of community

Eva Astriendou *Reporter*

A GROUP campaigning against the closure of Wantage Community Hospital is asking for more detail after 'flawed' consultations

The Hospital League of Friends and the Save Wantage Hospital campaign group are asking for answers relating to their community facility

In April 2016 the NHS Trust announced Wantage Community Hospital would be closing before the end of July but offered a 'compromise' in June to keep the physiotherapy and maternity services open.

They said the hospital which was scheduled to close because of fears of legionella bacteria in the water system, would only be shut down if legionella, a bacteria that can lead to a disease similar to pneumonia, flared up again.

Councillor Jenny Hannaby county councillor for Wantage and Grove said the group were assured of a consultation in October 2016 that would determine the fate of Wantage Community Hospital.

She said, "Regretfully this did not happen. Instead the consultation was split into two phases, one being acute hospitals and the other being community hospitals.

"How can a proper consultation take place when phase one has implication for phase two? The public need full facts and much more information of outcomes to make sound judgment.

"I believe the consultation process is flawed."

She criticised plans to close 146 acute beds saying that it cannot be justified "before viable alternatives have been put in place in the community"

She added, "They do not have the capacity outside of hospital to reduce demand, neither do they have capability. Where are the workforce coming from? We are told to to 15,000 new staff would be required to make the plans in the STP (sustainable transformation plan) work.

"With care homes having to recruit abroad, lack of care home beds, and

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1st May - 5th May £156
8th May - 12 May £162
15th May - 19th May £164
22nd May - 26th May £164
29th May - 2nd June £164
5 Night Breaks
4th June - 9th June £212
11th June - 17th June £218
18th June - 23rd June £222
25th June - 30th June £242
2nd July - 7th July £242
9th July - 14th July £242
16th July - 21st July £242
23rd July - 28 July £242
30th July - 4th Aug £248
6th Aug - 11th Aug £265
6 Night Breaks
18th Mar - 24th Mar £209
25th Mar - 31th Mar £209
1st April - 7th April £209
8th April - 14th April £209
15th April - 21 April £209
22nd April - 28th April £215
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Nominations open for town's unsung heroes

Samantha McGregar *Reporter*

THAME residents are being urged to nominate their "unsung hero" to receive a community award.

Nominations have opened for the ninth annual Thame Town Awards organised by the town council.

The idea of the awards scheme is to say thank you to the town's unsung heroes who year on year help their neighbours, support local groups or go out of their way to help others in their community

Since the Town Awards was launched a total of 48 individuals, organisations and businesses have been presented with awards to acknowledge their contribution to Thame

Residents should nominate people "who they think deserves some recognition" across five categories.

These are lifetime achievement, volunteer of the year, creative arts achievement, sporting achievement and service with a smile.

In a statement the council said, "Each year the council invites members of the public to nominate their local unsung heroes, and this year is no different

"They want you to tell them about individuals and groups who have made a special contribution to life in Thame

Winner of last year's voluntary individual award Angela Willson with the then Mayor, Nichola Quinn

"This could be a volunteer, a teacher, a shop worker, someone old, someone young – pretty much anyone."

One of last year's winners, Angela Willson, said she was "delighted" with her voluntary individual award.

She said, "I was totally surprised to be nominated for the voluntary individual award in 2016

"I have had the privilege of being part of Lea Park Residents Association for many years and this had opened up opportunities to take part in a number of Thame projects such as Thame Tidy Day

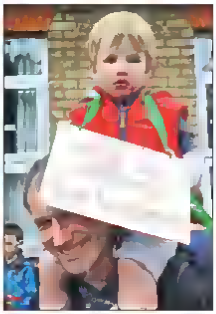
"In the past I have attended the Thame Town Awards event which highlights the wide range of activities and services that are organised by ordinary Thame citizens.

"I am thankful to those who nominate others for recognition of their contribution to the life of Thame."

The closing date is Monday, April 3 the Town Awards panel will whittle down the entries with winners revealed at a ceremony on Thursday May 4.

To make a nomination view thametowncouncil.gov.uk/town-awards or drop into the council office in High Street to pick up a voting form.

hospital still unclear



Protesters marched through the streets of Wantage town centre last summer displaying their anger Pictures *Ric Mellis*

contracts for care in the community being given back to county proposals to reduce capacity in hospitals will only be credible if there are robust plans to provide alternatives in the community before the number of beds is cut and valued community hospitals like Wantage are closed."

She added the hospital could be closed for two years if they take too long to make decisions.

About 400 residents gathered with placards and home made posters to march from the town centre to Wantage Community Hospital in June against plans to close the facility

The protesters delivered a letter to the Oxford Health NHS Foundation Trust calling for the hospital to stay fully open.

Wantage MP Ed Vaizey marched alongside campaigners.

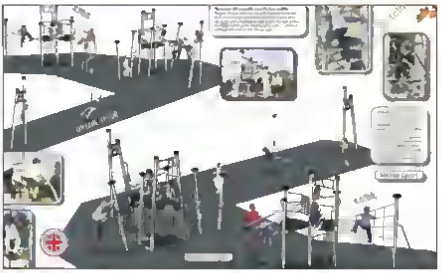
He said at the time "Oxford Health must hold a genuine public consultation to assess what services are needed in Wantage. It is too far for people to travel from Wantage to the hospitals in Oxford or Wallingford.

"It is quite right for campaigners to say they don't want the hospital closed. We don't want the hospital to be closed down by stealth."

A spokesperson from Oxfordshire Clinical Commissioning Group said. "The in patient beds at Wantage Community Hospital are currently closed temporarily because of the risk of legionella but all other services at the hospital remain open. There are no plans to reopen the in-patient beds before the second phase of Big Health and Care public consultation which is expected to start later this year for three months."

The second phase of consultations is due to take place in November

> *" proposals to reduce capacity in hospitals will only be credible of there are robust plans to provide alternatives in the community "*
> **Councillor Jenny Hannaby**



New play area work kicks off

OXFORD S plans to 'improve sports and leisure opportunities' have inched off with an £18 000 revamp at a local play area.

Oxford City Council started work at Manzil Way in East Oxford on February 20 as part of a 10-year project in which the City Council will invest £1m to improve play areas across Oxford until 2023

Two outdated climbing frames will be replaced with a large multi-functional climbing frame as part of the development plan.

The new climbing frame will feature balance challenges slide bars a rope bridge hoop and rope climbs, a slide, and fireman s pole.

The work is set to be completed later this month.

Councillor Linda Smith, Executive Board Member for Leisure, Parks and Sport said. "I am really pleased with the design of the new climbing frame, which will enhance play opportunities and make the park more appealing to children

"We are committed to improving the health and wellbeing of Oxford residents and making it as easy as possible for people of all ages to keep fit."

Oxford City Council has a corporate objective to improve sports and leisure opportunities in the city

Recent work has included the £9m Leys Pools and Leisure Centre £4.5m pavilion refurbishment programme, £4m Rose Hill Community Centre £500 000 contribution to the Oxford Spires Sports & Fitness and £316 000 of fitness trails across Oxford's parks

The City Council is also developing a £5m new sports park near Horspath

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Out&About

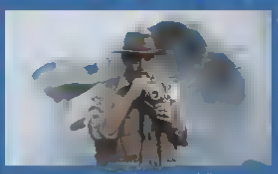
A twist in the trail

Could you take on the family orienteering challenge?

Pages 28&29

5 of the best...

Your guide for your leisure time in & around Oxfordshire



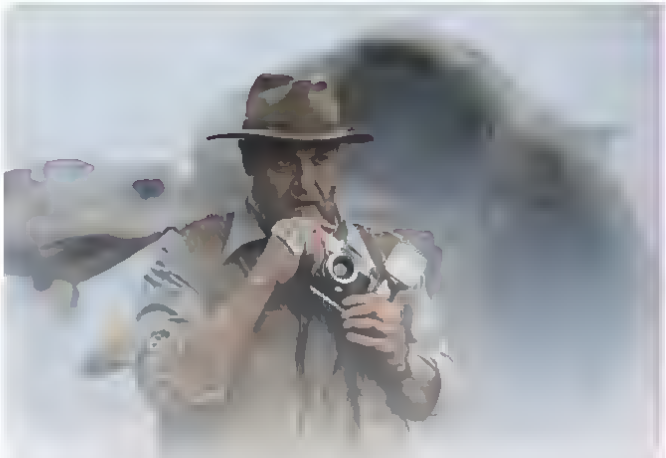
Latest film review > p28

Grease is the word! > p30

Browns food review> p37

At the cinema *with Laurie Bailey*

Kong: Skull Island (12A)



It wasn't the airplanes, 'twas mediocrity killed the Beast

John Goodman as Bill Randa in Warner Bros Pictures', Legendary Pictures' and Tencent Pictures' action adventure Kong: Skull Island, a Warner Bros Pictures release Picture: *Chuck Zlotnick*

If like me you were hoping today's plague of 'cinematic universes' was beginning to run out of steam I have some sad news Kong Skull Island is - believe it or not - a 'MonsterVerse' franchise sibling of Gareth Edwards' 2014 Godzilla rehash 2019 will bring us Godzilla King of Monsters and 2020 will yet bring us the jewel in the crown Godzilla vs Kong Excited? No? Me neither

Astonishingly given such miserable context there are things to enjoy about Jordan Vogt-Roberts' action-adventure blockbuster hopeful

Bill Randa (John Goodman) runs Monarch a research company specialising in terrestrial phenomena As America pulls out of the Vietnam war he takes his last chance to win government funding for an expedition to the rumoured Skull Island

He hastily assembles a crack team of explorers before setting out including skilled tracker James Conrad (Tom Hiddleston sadly bland here) anti-war photographer Mason Weaver (Brie Larson) Lieutenant Colonel Preston Packard (Samuel L Jackson) and the latter's helicopter squad

Flying through a terrifying hurricane the expedition arrives at the fabled isle and instantly somewhat fatally meets its larger-than-life inhabitants After a thrilling helicopter battle (4D screenings should be a not) lost and separated team members must fight through a jungle of unknown horrors for any hope of survival

The opening 20 minutes or so are wonderful 70s nostalgia fills every scene and Vogt-Roberts visual sense (showcased in 2013's The Kings of Summer) bristles with immersive energy Characters quickly exhibit their main personality traits expertly setting the stage for a nervy fun-filled adventure somewhere between Jumanji and Jurassic Park The Lost World

And what a waste No amount of directional panache rock music zippy dialogue or on-form John C Reilly gags can make up for the film's inevitable clunking centrepiece Kong Big Kong Angry Kong Fight

Vogt-Roberts can leave with head held high for stamping an early hint of class on a run-of-the-mill dreary CGI fight-fest - the rest of us will just have to endure the increasingly familiar sense of numb dissatisfaction But what did we expect? It's a film about a giant ape after all

Laurie's rating

★★★

No amount of directional panache rock music or zippy dialogue can make up for the inevitable clunking centrepiece Kong big Kong angry Kong fight

Laurie Bailey graduated with a degree in English but a love for film He is an Oxford-based film critic, BBC Radio Oxford film contributor and host of the Super Bailey Bros in Movie Land podcast, for more go to *lauriebailey.co.uk*
He lives locally with his wife and daughter

Choose your own route in family orienteering challenge around Wittenham Clumps

If you want to exercise and have fun with the family then look no further

Thames Valley Orienteering Club is offering families the chance to take part in a race on Saturday at Wittenham Clumps but with a twist.

Families will choose from either a 3k or a 5k course where each competitor is given a detailed map of the area and the first person or group to go to all the checkpoints is the winner

And the twist? Mike Shire, TVOC's Publicity Officer told The Oxford Paper: "The twist is that there is no set route and you have to race between each one, choosing your own route using your special map

"Checkpoints on the ground are marked by red and white flags and a timing device, which you register with a small timing chip which we lend you.

"The checkpoints may be along paths, earth banks, streams or anywhere in the woods.

"This is an orienteering event but not like the orienteering most people did at school or in the Scouts – it's more fun, more competitive and very sociable.

"It's also a lot more technologically advanced, with chip timing and instant results as the data from your timing chip is downloaded when you finish."

For more than 40 years Thames Valley Orienteering Club has been hosting events across Oxfordshire and beyond, with the organisation currently holding the 'Club of the Year' award.

They received the honour from British Orienteering, the national governing body for the sport for their dedication in attracting newcomers and holding events aimed to suit everyone's needs.

However, even though the last 12 months have been positive for the TVOC, Mike believes they can improve.

Will you take the path to glory?

A Race with a Twist attracts hundreds of runners with some of their larger events bringing in around 500 competitors.

Mike says: "It's a very light-hearted race with the emphasis on fun.

"It's a very sociable sport too, so after your run you'll get the chance to chat with other runners and compare routes around the course.

"The inspiration behind the event is to encourage people to get outside and do something different to keep fit with an interesting mental challenge too – a bit like a competitive treasure hunt!"

TVOC also hold a number of annual races around the Oxford parks, which start this year in May.

Races will include events in woods and forests across Oxfordshire and the Chilterns, which includes the Abingdon Urban Race in August.

Mike added: "In a world dominated by satnavs and digital mapping, it's a chance for children to gain valuable outdoor skills like building confidence, spatial awareness, independence and decision making.

"Plus, they love the thrill of finding the markers around the woods and won't even notice they're getting lots of outdoor healthy exercise!"

The perfect day out for all!

Brief Encounter

UNICORN THEATRE, ABINGDON

Noel Coward's classic drama about British suburban life, centring on Laura, a married woman with children whose conventional life becomes increasingly complicated because of a chance meeting at a railway station with a stranger, Alec. They inadvertently but quickly progress to an emotional love affair, which brings about unexpected consequences.

Wed, Mar 8 – Sat, Mar 11

Charlie Baker is the Hit Polisher

CORNERSTONE ARTS CENTRE, DIDCOT

Charlie Baker swings in to town direct from playing the O2 (Channel 4's Comedy Gala) appearing as Harry Hill's hunchback kitchen assistant (Sky 1's Tea Time) and causing trouble in Albert Square (BBC1's EastEnders).

Fri, Mar 10

Bridget Christie – Because you demanded It

OXFORD PLAYHOUSE, OXFORD

The people of the UK have voted to leave the EU even though no-one had a plan for what would happen if it did. Consequently, the UK has gone to [insert your choice of expletive here] economically, socially and politically. If you didn't want to leave the EU or you did, but now don't, because everything's gone to [insert swear word here]...then this is absolutely the show for you.

Fri, Mar 10

Rock @ The Beacon

THE BEACON, WANTAGE

The popular live music festival is back promising to be better than ever! Local real ale, food, music, stalls and many more. Acts include: Thunderbird, Evergreen, Gorwler, The Undercovers, Eleven, plus special guests from The Sweatbox!

Sat, Mar 11

Thrive

CORNERSTONE ARTS CENTRE, DIDCOT

When Olive, Ashleigh and Raph are thrown together by a sudden death, they find themselves wrestling with the emotional consequences of this painful event. These three young people didn't go looking for suffering, but suffering found them anyway. Join them on their journey and stand side by side with them as they recover, survive and maybe even Thrive.

Sat, Mar 11

A Cappella Spring Festival

CORNERSTONE ARTS CENTRE, DIDCOT

Taking over the whole of the building, this one day a cappella singing workshop offers a choice of choral groups and classes led by inspirational tutors. Pre-registration is essential as music and learning tracks are made available well before the day.

Sun, Mar 12

Denial

THE THEATRE, CHIPPING NORTON

Denial recounts Deborah Lipstadt's legal battle for historical truth against David Irving, who accused her of libel when she declared him a Holocaust denier. This cracking drama features a script from playwright David Hare and a great British cast featuring Timothy Spall (Turner), Tom Wilkinson (Shakespeare in Love) and Rachel Weisz.

Sun, Mar 12 – Mon, Mar 13

Laura Marling

O2 ACADEMY, OXFORD

Laura Marling, one of the most talented and prolific young musicians of a generation, announces a UK tour in support of her highly anticipated sixth studio album, Semper Femina.

Mon, Mar 13

Fish Eye Pam's

OLD FIRE STATION, OXFORD

Pam has already got a low opinion of her neighbours. So when someone pinches her Elizabethan sideboard, it's all-out war: she becomes a one-woman MI6, ramping up her operation from curtain twitching to spy cameras hidden in hand-knitted novelties.

But what Pam unearths is what she already suspects – that everyone around her is a thief, a pervert or a terrorist.

Tue, Mar 14

Bonafide

O2 ACADEMY, OXFORD

Bonafide Swedish rockers, Bonafide, embark on the 'Flames UK Tour'. The band is on a mission to perform hard rock the way it's supposed to be played, true to its roots in electric blues and early R n'B.

Tue, Mar 14

Lucy Spraggan

O2 ACADEMY, OXFORD

Since appearing on The X Factor singer-songwriter Lucy Spraggan has gone on to become one of the most intriguing singer-songwriters today.

Wed, Mar 15

Wantage Beer Festival

THE BEACON, WANTAGE

Organised and run by White Horse CAMRA in close association with The Beacon, this year's festival will feature 28 ales along with ciders selected by branch members, many from breweries local to the Vale. Wantage brewer "Adkin" will produce a specially created Irish Pale ale, in honour of March 17th of course being St Patrick's Day. Other beer styles will include India Pale Ales, Stouts and a Wheat Beer. Last Year's Champion Beer of

Oxford entertainment

Oxford's entertainment highlights

To promote your event please email events@taylornewspapers.co.uk

Britain Binghams Vanilla Stout will also be available
Fri, Mar 17 – Sat Mar 18

Cheats and Deceits

OXFORD PLAYHOUSE, OXFORD
From cheating cuckoos to ant mimicking spiders, the natural world is full of hustlers. Creatures of all shapes and sizes, who are out to lure unsuspecting prey, coerce potential mates and avoid attack from predators.
Fri, Mar 17

Soprano Summit Legacy Band

CORNERSTONE ARTS CENTRE, DIDCOT
The "summit" format is used in jazz to bring together performers on a particular instrument backed by a rhythm section. The American band, Soprano Summit, was formed in 1972 by distinguished reedsmen, Bob Wilber and the late Kenny Davern and had worldwide success both in concerts and record sales.
Fri, Mar 17

What's on in Oxford

Sing

THE THEATRE, CHIPPING NORTON
In this quirky animated musical from the makers of Despicable Me and Minions, a koala impresario stages a grand singing competition for the world's animals. The voices of Matthew McConaughey and Reese Witherspoon add to this veritable farmyard of fun.
Sat, Mar 18

Loving

THE THEATRE, CHIPPING NORTON
Loving celebrates the real-life courage and commitment of an interracial couple, Richard and Mildred Loving (Joel Edgerton and Ruth Negga), who married and then spent the next nine years fighting for the right to live as a family in their hometown. Their civil rights case went all the way to the Supreme Court, which in 1967 reaffirmed the the right to marry. A timely and moving film.
Sun, Mar 19 – Thu, Mar 23

Goldfrapp

OXFORD PLAYHOUSE, OXFORD
The dynamic duo Goldfrapp will be bringing their electronic beats to the UK in March with their first album in four years following shortly after. Catch their new single Anymore as well as all their hit songs when they perform at the O2 Academy Oxford.
Mon, Mar 20 7pm

Hedda Gabler

UNICORN THEATRE, ABINGDON
The beautiful, newly married Hedda Gabler dreams of taking her place in society. In 1890 the only way this can happen is through men and she ruthlessly manipulates the men in her life. George Bernard Shaw described her as "having no conscience". She continues to fascinate.
Wed, Mar 22 – Sat, Mar 25

Black Comedy,

OXFORD PLAYHOUSE, OXFORD
An opportunistic young sculptor prepares for one of the most important evenings of his life. Tonight, he is to meet both the multiartistic father of his fiancee and a millionaire arts patron who could make his career. Throw a couple of neighbours, excessive amounts of furniture moving and an unexpected visitor into the mix and you have the perfect recipe for a rip-roaring farce.
Fri, Mar 24 – Sat, Mar 25

Circa Waves

O2 ACADEMY, OXFORD
Don't miss indie rockers Circa Waves as they embark on their biggest headline tour to date. The band are set to play a string of unmissable live shows in support of their eagerly anticipated second album, Different Creatures.
Sat, Mar 25, 6.30pm

Blackberry Smoke

O2 ACADEMY, OXFORD
With a brand new fifth studio album, Like An Arrow, Blackberry Smoke are back touring the UK and Europe. It's the follow up to 2015's hugely successful record, Holding All The Roses, which took the top spot on both the UK Rock Chart and the US Country Chart.
Monday, March 27

The AC/DC Experience

O2 ACADEMY, OXFORD
Arguably Britain's best AC/DC tribute band, The AC/DC Experience authentically cover all eras, giving explosive versions of classics such as Highway to Hell, Back in Black, Thunderstruck, Hells Bells, You Shook Me All Night Long, T N T and many many more.
Thu, Mar 30

Enjoy a little summer lovin' on a dreary winter night

By James Richings

For five days you'll be able to go back to the Fabulous 50s when Grease arrives at the New Theatre.

Based on the popular 1978 film, Danny, Sandy, Rizzo, Kenickie and the gang will all be at the New Theatre from Tuesday March 28 to Saturday April 1 as they embark on a 10 month tour across the UK.

Louisa Lytton who plays Rizzo at the George Street theatre, revealed she can draw on similarities with her most notable role to help get into character.

Louisa played Ruby Alleo on EastEnders from 2005 to 2006.

"My character in EastEnders (Ruby Allen) and Rizzo are similar because they're both 16-years old and they've had to act mature because they've had so much go on in their lives already," she told The Oxford Paper.

"I grew up watching the film and I love it – I think the acting is amazing so it does help (watching the film getting into character) but you shouldn't rely on that.

"You need to make the role your own so I don't really watch stuff like that too much because then you'll start to imitate the original character rather than doing your own thing."

The musical's visit to Oxford is the second stop of their 10 month tour, which will see the gang travel from Sunderland to Torquay.

Expect popular numbers such as Summer Nights, Greased Lightin', Hopelessly Devoted to You and many more giving audiences every opportunity to sing along.

And that interaction with the audience is something Louisa is looking forward to.

"That's why I love theatre because you get that instant response from a live audience, especially in a show like this where the audience can interact and get involved," she said.

"Don't get me wrong, I love film and TV but with live theatre, there's no other feeling.

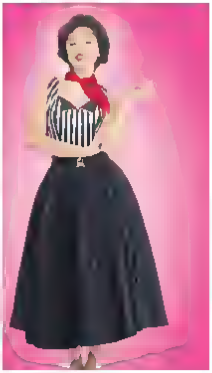
"Also I think it's important for all kids to go to the theatre because it's a time where they have to put their phones in their pockets, totally switch off and be engaged in something that isn't on a screen.

"Every single person sees themselves in a character on stage or on TV, and that's why the show works so well because they can relate to a specific character on stage.

"And even for us as actors during rehearsals we're saying, oh we were like that at school, so it's a typical teenage thing – so it will relate to them well."

Tickets cost from £15 to £51.50.

Visit http://www.atgtickets.com/shows/grease/new-theatre-oxford for more details.



Bunny

THE WHITE BEAR THEATRE LONDON
A vital tale for our times by multi-award winning playwright Jack Thorne, Bunny is an interrogation into the mind of one young girl struggling to find her place within a modern world lacking intimacy and connection.
Tue Mar 7 – Sat, Mar 25

Four Thieves' Vinegar

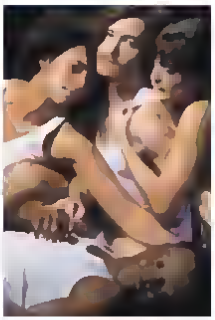
BARONS COURT THEATRE LONDON
A dark comedy about the Black Death.
Wed, Mar 8 – Sun, Mar 26

Titanic Live

ROYAL ALBERT HALL, LONDON
Titanic Live returns to the Royal Albert Hall, following its sell-out world premiere in 2015, to celebrate the 20th anniversary of the beloved blockbuster
Sat, Mar 11

What's on in London

La Ronde



THE BUNKER LONDON
Collaborative Artists return for 2017 with a bold reimagining of Arthur Schnitzler's infamous classic La Ronde in a new adaption by Max Gill. La Ronde embraces life's game of chance and the blindness of desire and fortune as fate decides the cast's roles every night and throughout the play. Four actors play the cast of ten – no night or scene will be the same. With over three thousand different versions of the show, what will your story be?
RUNS TO Sat, Mar 11

Beau Brummell An Elegant Madness

JERMYN STREET LONDON
This black comedy by Emmy award winning Ron Hutchinson casts light on the patron saint of dandies – Beau Brummell (1778 – 1840). Not seen in London for 15 years, the script has been updated by Hutchinson to refresh and reinvigorate the text which seems even more resonant in today's celebrity obsessed world.
RUNS TO Sat, Mar 11

Jamie XX Charity Show

O2 ACADEMY BRIXTON
Sun, Mar 12

Wedding Dreams are made of this

This former 16th century Coaching Inn situated only 12 miles from Oxford is a superb one-stop wedding location. Sympathetically updated, the George retains it's character and charm, giving it an unrivalled atmosphere for every occasion. The castle gardens, behind the hotel, make a great backdrop for your photographs. Plus our experienced wedding organisers will work with you to ensure everything goes to plan. You can rely on the George to make your wedding dream come true.

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Advertorial

It's not just 'Conference' Pears at Millets Farm...

Nearly everyone we mention our conference facilities to says "I never knew that!"

Yes, we have a fabulous Farm Shop selling home-grown and local produce and pears, yes we have excellent facilities for families to come and visit with the little ones and yes...we have an amazing Garden Centre on site, Falconry centre, not one, not two but three places to eat at and yes.....we have ample FREE parking!

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Available for private hire, for business meetings (small & large), for conferences, family gatherings and wakes. Our flexible space can accommodate groups of 20 – 120 with homemade food packages to suit all tastes and a fully licensed bar!

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Daren Fisher – Millets Farm.

Please see our advert on page 29

Advertorial

Review of d'Overbroeck's School production of 'Sweeney Todd',

by Rachel Thanassoulis, Head of English Years 7-11.

USING a strikingly stark set reminiscent of a factory warehouse and some dazzling costumes hired from the RSC, d'Overbroeck's slick production of "Sweeney Todd" succeeded in wowing audiences last week.

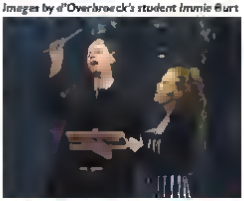
Over seventy students from the North Oxford school were involved in bringing all areas of the hit musical to life at Arts at the Old Fire Station, including in stage management, prop making and lighting design.

In the title role, Inigo Townsend managed to skilfully portray both Sweeney's manic murderousness, as well as his genuine suffering at the hands of the wonderfully sinister Judge Turpin (Hartley Bannister-Parker). As Sweeney's flinty hearted accomplice, Belle Marler ably provided chilling indifference with her grisly pie making, whilst Sweeney's barbering nemesis, Adolfo Pirelli (played with great flair by Phoebe Clowe) injected real humour into the horror.

In a piece notoriously challenging in musical terms, the quality of the singing was very strong. Music staff, led by musical director Philip Purvis, supplied a wonderful live score and an energetic and very well-rehearsed chorus threw their heart and souls into the songs. A standout performance by Reuben Reed-Sanderson, playing the role of Anthony Hope, helped make the night particularly memorable.

Head of Drama, Joe Swarbrick commented, 'Sweeney Todd is a notoriously difficult musical – it's about 70% sung and contains some of the most challenging, beautiful and experimental music in musical theatre. We are so proud of how our students have risen to the challenge and delivered such emotionally charged skilful and vibrant performances.'

Images by d'Overbroeck's student Innie Burt



www.doverbroecks.com

Add some glamour to your camping experience

Glamp it up – the more luxurious and stylish the better!

It's not a word that existed in ancient Greece or Rome. Or for that matter in 20th Century Britain. In fact, it's barely ten years-old.

Look up 'Glamping' in the Oxford English Dictionary and this is how it is described. "a form of camping involving accommodation and facilities more luxurious than those associated with traditional camping." Its origin, we are told, is 'early 21st Century'

And if the tents, marquees, interiors and accessories that have been hired this season from The Arabian Tent Company are anything to go by, Glamping has never been more popular than in 2017

Meanwhile in Berkshire a top jockey threw a birthday party giving all his friends their own 'boudoir' mini tents to stay in for the night complete with lush 'Bombay' style mirrored, velvet interiors

Nonetheless while the word itself may be a modern invention, the practice of putting up a pop-up palace in the place of your choosing, complete with all the latest trappings of romance, ceremonial and glamour and inviting your friends along for a right royal knees-up is by no means new

Perhaps the most famous example of glamping in history occurred in 1520 when for two weeks in June, our very own loveable tyrant Henry VIII, decamped to a field near Calais to meet the French king, Francis I, for a fortnight of ceremony, jousts, lifting, games, sword fights, feasting and musical entertainment.

This was glamping one-upmanship on a grand scale. Under the guise of friendship, both kings tried to out-bling the other with the opulence of their clothes and jewels and, of course, the tents themselves. These were adorned with cloth of gold – a hugely expensive fabric woven out of silk and gold thread which gave its name to the event we still remember to this day

The tents and marquees were designed along the same principle as Tudor palaces with adjoining galleries divided by richly embroidered hangings and tapestries creating a series of receptions rooms, dancing halls, galleries, dining rooms and private apartments.

Records at the time describe the event like this:

"Henry pitched his marquee made of cloth of gold near where a banquet had been prepared. His Grace was accompanied by 500 horsemen and 3,000 foot soldiers, and the French King had a similar number of each. On Sunday 11 June the French king came to dine with the Queen of England magnificently dressed in tissue-cloth set with precious stones and pearls. When dinner was over, some time was spent dancing in the banqueting hall. Before he started to dance the French king went from one end of the room to the other, carrying his hat in his hand and kissing all the ladies on both sides except for four or five who were too old and ugly."

While the idea was to improve relations between the two countries and at the time the event itself was deemed a huge success – within two years the English and French were tearing merry hell out of each other once more as they had been for much of the previous few centuries. But, hey, why spoil the ultimate royal knees-up in-between business as usual?

Fast forward to the present day and it is a much more relaxing affair. In Battle, East Sussex three families from London had three bell tents erected in a secret woodland campsite to enjoy for the weekend. a bit like walking in and out of your own pop-up hotel room.

Until recent times as the Henry vs Francis gig so vividly demonstrates, glamping remained the preserve of emperors, kings, sultans and emirs. Famously nomadic, the all-conquering Ottomans, whose empire at its height covered most of south-east Europe, Western Asia and northern Africa, became masters of the art of creating portable palaces richly decorated with extravagant fabrics, silks elaborate embroidery rugs and wall hangings.

An Ottoman pavilion doubled as the ultimate calling cards for individuals of high status. The most high status individual of all, of course, was the sultan himself and if an Englishman's home is his castle, a sultan's tent was his palace. Tents were used for all sorts of royal occasions. The sultan had his court – the Imperial Teat Complex – at the centre of a camp of hundreds of smaller tents marked off from the rest by a giant rampart of exotically decorated cloth.

Further elaborations influenced by Persian and Indian motifs followed when the Ottomans under Suleiman the Magnificent traded with the Mughal Emperor Akbar a great patron of the arts, and incorporated his tent designs into their own. Hardly surprisingly, Asia, India and the Middle East – not to mention the Arabian Peninsula itself – has been the source of inspiration for many of the Arabian Tent Company's most popular creations.

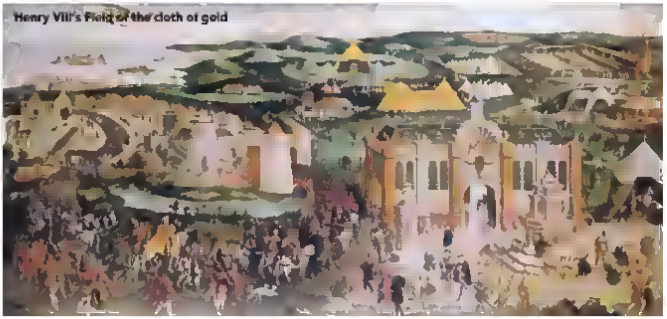
The bridge between then and now were the 'Great White Hunters' of colonial times. Keen to immerse and challenge themselves in the ultimate wilderness environment, the ruling European aristocracy joined forces with the emerging American super rich to create the first tented safaris.

It all started in 1909 when then US President Theodore Roosevelt set out for Africa to hunt big game and collect specimens for the Smithsonian Institution. His entourage included 250 porters and guides. The latest incarnation of glamping had been born. As word of Roosevelt's exploits spread, Africa's colonial rulers descended on the bush with a small army of native camp followers tasked with erecting camp each night and keeping them in the style to which they had become accustomed.

So what's in a name? Glamping combines two worlds. First there's the raw essence of camping itself: getting close to nature, its landscapes and open skies, its earthiness, the sights and smells of grass, wild flowers and birdsong. Combined all this with the luxuries and glamour of your very own fairy tale castle complete with fabulous design, lighting, fabrics, food and company.

The result, as over the centuries real life kings and princes have discovered, is the ultimate pop-up palace with all the glamour and glitz your heart can possibly desire on a hot summer's night.

The Arabian Tent Company



Henry VIII's Field of the cloth of gold

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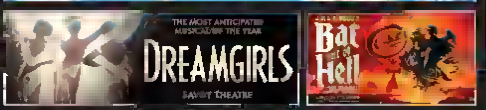

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FEATURE

Better understanding of eating disorders needed

The clinical director of Priory's new Wellbeing Centre in Oxford has urged people to spread awareness about eating disorders—as she warned of the damage that can be caused by social media blogs and images with the hashtag 'fitspiration'.

Dr Hayley van Zwanenberg, who is also Group Associate Medical Director of the Priory Group, the UK mental healthcare specialists said. "There are so many misconceptions about eating disorders which cause a great deal of suffering.

"Families and friends can misread the signs or underestimate the seriousness of the illness and this can mean delays in accessing help. People who are affected often hide their eating disordered behaviours and if they are noticed by others, they reassure family and friends they are worrying about nothing. Often people are referred for help when they are in a physically dangerous place.

"Because eating disorders are hard to understand, friends or colleagues sometimes communicate blame and people who are affected can feel incredible isolation and stigma."

The Wellbeing Centre, in New Inn Hall Street is fully regulated by the Care Quality Commission (CQC) and provides therapy and treatments for conditions including depression, anxiety stress anger management, eating disorders addictions and Obsessive Compulsive Disorder (OCD)

Dr van Zwanenberg leads a team which includes four therapists specialising in eating disorders

Eating disorders claim more lives than any other mental illness – one in five of the most seriously affected will die prematurely from the physical consequences or by taking their own lives, according to the charity B-eat

"Because eating disorders are hard to understand, friends or colleagues sometimes communicate blame, and people who are affected can feel incredible isolation and stigma"
Dr Hayley van Zwanenberg of the Priory Group

Over 725 000 men and women in the UK are affected by eating disorders and although serious eating disorders are treatable and full recovery is possible

The fitspiration– or fitspo- hashtag is often used to caption pictures and videos of women and men working out in the gym, consuming healthy food, or showing off their toned physiques.

But a study suggests that up to one in five women who post images on fitspo sites may be at risk of an eating disorder.

Research in the International Journal of Eating Disorders, carried out by the University of Adelaide, Australia, compared 100 women who regularly posted "fitspiration" images and another 100 women who regularly shared images of travel. The two groups had a similar Body Mass Index.

"Women who post 'fitspiration' images on Instagram are more likely to engage in eating and exercise behaviours that are potentially harmful to their physical and mental health," the authors wrote. "Of particular concern is the finding that almost a fifth of the women who post fitspiration were at risk of a clinically significant eating disorder

"It seems likely, at least for some women, that even though they may present as fit and healthy regularly posting fitspiration is a culturally sanctioned way of rationalising dietary restriction, disordered eating and over-exercising."

Dr van Zwanenberg said. "Our ethos has always been to promote the importance of early assessment and diagnosis and we know that social media has an enormous influence especially on eating patterns."

The consultant's comments follow a separate warning by Priory about online food bloggers giving out bad advice. Facebook and Instagram dietary sites are often run by bloggers who have little expertise in nutrition and are promoting dangerous diets. Due to the growing popularity of Instagram and YouTubers, their word is taken as gospel by many even though some of the diets are potentially dangerous, especially for growing bodies

Use Elephant to improve your life habits

Of the 73% of us who make New Year's Resolutions each January by March 80% of people have broken them. But while a lack of willpower is generally thought of as the biggest factor in failing, the makers of a new habit changing app have found that modern life may be to blame.

According to a survey by the makers of the habit-reminder app, Elephant, of those who did break their New Year's Resolutions nearly half (45%) said the reason they failed was that the constant distractions of everyday life got in the way.

Whether it's drinking more water, practicing mindfulness, working on your posture or moving around more, researchers have found that it takes anything from three weeks to nine months of regular practice to form a new habit.

Scientists have found that life's distractions can hamper successful habit-forming because struggling to balance work, kids, chores and social using increases the production of the stress hormone cortisol as well as the fight-or-flight hormone adrenaline. These hormones can over-stimulate your brain and drain your ability to focus and maintain willpower.

Of those surveyed by Elephant, 53% believe that having a way to cut through life's distractions would be the biggest help in sticking to their new habits

Elephant is an innovative new app for Apple Watch and iPhone that could hold the key to successful habit building.

Suitable for use at home, in the office and on the go, Elephant sends subtle randomly timed visual cues or vibrations to person's phone or smart watch. The app reminds users to practice the habit they want to set in stone, cutting through the noise of a busy day procrastination attempts or dwindling inspiration to help cement the desired change

Ricky Cooper created Elephant App when he discovered he couldn't find one app that catered to any new habit.

He said. "Like many of our survey's respondents I've spent a large chunk of my life trying and failing, to set new habits. I'm busy, easily distracted, and like so many of the people who have come to Elephant App life just gets in the way

"My phone was full of apps for different goals offering all kinds of tools I didn't use or need. I couldn't find one app that let me enter any goal and simply sent me subtle reminders throughout the day to help keep me on track. So I created Elephant – it makes sure I never forget.

"Using Elephant I've been able to break lots of different habits and form new positive ones

"I hope Elephant helps other people get the life they want as much as it has helped me."

Antiques fair makes its season debut – and it promises to be a classic

The Holt Hotel at Steeple Aston hosts the first antiques fair of the year

The first of this year's Antiques@TheHolt antiques and collectors fairs takes place over the weekend of March 18 and 19, and it looks set to be the biggest yet

The fair was started in 2013 and is now well-established as a twice-yearly event staged each spring and autumn at The Holt Hotel near Steeple Aston in Oxfordshire. This March the fair will be 25% larger than ever before with the organisers taking on a fourth room and space for an additional seven double-sized pitches

"We've been under pressure for some time," admits Marcus Potts, organiser of the fair with his wife Franca. "We've regularly had more demand from dealers hoping to stand at The Holt than we've had capacity to accommodate so being able to use this extra room has been a godsend. With a high percentage of return bookings it's sometimes difficult to find space for dealers on our waiting list, but this time we have two standing with us for the first time who've been on that list for more than two years."

One of those returning after a successful weekend in November is Art Deco specialist Mark Ditchburn from Witney, who will be bringing a further selection of period bronzes and ceramics. New to the fair will be Peter and Tina Morgan with a display of framed prints, posters and period advertising from the Twenties and Thirties. Others returning include Marilyn Arngoni (Moorcroft) Dittany Morgan (early porcelain) Peter & Janet Heibert (period jewellery) and Cox & Pierce Antiques (fine furniture and cabinet work).

There will be eight dealers making their Holt debuts

The fair opens at 10 am on Saturday March 18 and Sunday 19 and entrance is £2. The Hotel offers an excellent Full-English Buffet Breakfast and a traditional Roast Lunch is served on Sunday

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Planning angel helps to create your dream day at Sudbury House

Heather Angell is the new wedding planner at Sudbury House Hotel

Events planner and founder of Your Planning Angel Heather Angell has been announced as the preferred wedding planner for Sudbury House Hotel and Restaurant, the spectacular 4-star venue in Faringdon Oxfordshire

Heather has worked closely with the team at Sudbury House to help couples getting married at the venue choose the very best suppliers and service providers. Now the hotel is actively recommend ng Your Planning Angel to couples as she can handle much of the detailed planning that can become overwhelming as the big day approaches

With the average cost of a wedding in the UK close to £30 000, knowing where to spend and where to hold back is a growing challenge for couples today Compounding that challenge is the explosion of websites such as Pinterest, which provide an inexhaustible supply of inspiring ideas With so many choices available to them and so many decisions to make, more and more couples are placing their arrangements in the hands of an experienced professional wedding planner

Speaking about her role with Sudbury House, Heather said, "I m delighted to be working with the events team at Sudbury House I founded Your Planning Angel because I enjoy helping time poor professional couples create an exquisite wedding day Couples choosing this venue for their wedding will have access to my services at the very early stages This means they ll get the full benefit of my experience and contacts and an easy, smooth wedd ng planning process "

Michelle Marsden events manager at Sudbury House said "As a former wedding planner myself I know how challenging the process is for people with no experience and limited time to do research and pull all the pieces together Our events team is here to coordinate menu choices table plans and room layouts for weddings however, we realise there are many other considerations for couples This is where Your Planning Angel comes in Working as an extension of Sudbury House Heather will guide and support our couples through the wedding planning process take away the stress and help them focus on what really matters – getting married to the person they love "

Nestling on the edge of the Cotswolds between Oxford and Swindon Sudbury House has wedding facilities for up to 160 guests, 90 en-suite bedrooms and two luxurious suites The venue was completely refurbished and renovated in 2015 and offers complimentary Wi Fi and car parking

Your Planning Angel is the creator of beautiful bespoke weddings and special occasions in the UK and internationally

Entrepreneurial experienced and qualified in hospitality Heather is uniquely placed to provide professional personal planning expertise

Final instalment of Oxford Castaway series launches for Sobell House

Local author Sylvia Vetta is releasing her third and final instalment of the Oxford Castaways series at an official launch event today

Proceeds from sales of the book are being donated to Sobell House, Oxfordshire s largest hospice care provider which cares for people in the county living with a terminal illness

The Castaway series is much like Desert Island Discs in that it tells the life stories of a wonderful diverse range of people.

Sylvia says, "The difference is that my castaways are not marooned alone on a desert island. My island has a name OXTOPIA and all 11 castaways are sent there to create a new society

"What they have in common is a link to Oxfordshire I have been privileged to interview some truly inspirational people. Since the third and final instalment is being sold in aid of Sobell House I tell the story of six people who work at the hospice and asked them to reflect on this wonderful place."

All proceeds will go to Sobell House thanks to Castaway Dwina Gibb the widow of the late Robin Gibb of the Bee Gees, who understands what it feels like to lose someone close.

The stars of the Oxford Castaways will come together at the launch at The University of Oxford Mathematics Institute, from 6pm to 7.30pm.

Guests including Sir Roger and Lady Moyra Bannister Bill Heine and the sculptor John Buckley who made his infamous roof shark, Legs Larrry Smith of the Bonzo Dog Doo-Dah Band, poet and performer Euton Daley Professor Sir Andrew Mc Michael of the Weatherall Institute Professor Richard Parkinson of the Griffith Institute of Egyptology Estelle Bailey of BBOWT Sister Frances the founder of Helen and Douglas House Andrew Smith MP, Annie Sloan, the chalk paint lady Joanna Harrison, art director of the Snowman and the Snow dog and director of Going on a Bear Hunt and a mysterious Doo known as Gho vanni.

Rev Charlotte Bannister Parker, the first woman to be in charge of the University Church in 1,000 years, will compere the event

The launch will take place in the impressive new Maths Institute in the Radcliffe Observatory Quarter

As part of the event there will be an auction of art donated by the artists themselves including Moyra Bannister Korky Paul, Waimin Fit (who currently has an exhibition in the Bodleian) and many others. The auction will remain open online and close in two weeks.

As well as donating the sales proceeds to Sobell House Sylvia was also keen to devote the book to the hospice in memory of her friend and castaway Rebecca Allison who was a regular volunteer at the hospice. Rebecca died last year at the age of just 47

Dominique Cadiou Head of Fundraising at Sobell House said, "We're delighted to be chosen as the beneficiary of the latest Castaways instalment.

"The series of books are a fascinating collection of people s lives and they help to unlock the imagination. Something many people, who are experiencing a tough time through illness need as a way of escaping the difficulties of real life "

The Oxford Castaways 3 book is published by Oxfordfolio

Perfect place to hideaway

Browns
5-11 Woodstock Road, Oxford
Rating: 7/10
Alex Iszatt enjoys a warm glow from the atmosphere and the food

If you have been up Woodstock Road you would be hard pressed to miss this huge restaurant. Not just because of its canopies, but the warm glow of the candles inviting you in.

On a wet spring day it was my turn to stop admiring from the outside and head in.

A huge grand piano sits on the right – there was no music tonight – but I could imagine this place would be like a 1930s French bistro when the music starts.

I was taken to a table at the front of the restaurant – it felt very intimate in comparison to the rest of the place, which was made even more so when a huge family were brought to the table behind me.

Thanks to the generous size of the place we easily moved.

Finally, with some breathing space, it was time to peruse the menu. A good range, the menu would suit anyone who fancied a light bite or a three-course meal.

For starters we had mussels with white wine sauce £6.95 and duck liver parfait £6.50. The mussels weren't quite to our taste – although huge, and open, they tasted a little too fishy. The waitress explained they were fresh that morning and always delivered fresh.

The sauce was lovely though – creamy and buttery. The staff asked if we would like another starter but we refused – we had two more courses to come! The parfait was lovely, it came with two pieces of bread and some caramelised onion – I could have eaten a whole loaf of bread with the parfait – all elements complimented each other so well. Creamy pate, and the onion gave it a little crunch and a tang that it needed.

Our mains of steak and Guinness pie £13.50 and rib eye steak with lobster tail and bearnaise sauce (£19.50 steak, plus tail £6.95 plus sauce £1.95).

I asked for medium rare, and the waiting staff were checking on whether we were ok before we got our forks in our mouth. It was a little more medium than I am used to but I was firmly told by my companion that she would enjoy it that way. Each to their own of course – the lobster didn't really add anything to the meal, it was a little tough and lacked a distinct taste.

The pie was huge! More pastry than filling but what it did have was tasty – a strong pepper taste and not overpowering. The mash was amazing, buttery and filled with spring onions.

A little hit and miss on the mains, but that was all forgotten when it was time for dessert. Just because we don't like change we went for sticky toffee pudding, but also the waitresses choice of salted caramel profiteroles (both £6.25).

The STP came with ginger ice cream and granola, but because we hesitated, the staff brought over all the elements separately so we could pick and choose what was on our plate, and it was heavenly. Even with a sprinkling of granola on top. Moist and dense it didn't stick around for long. The profiteroles were amazing as well – a hard toffee shell with a soft pastry and then yummy devon cream inside – a real win.

Browns is worth a visit – it has a range of tempting offers, like music nights, and brunch. The staff are helpful and pleasant and I will return to hide away in a corner surrounded by candles, sipping cocktails and gossiping.

Kale & ginger smoothie

I think it's ok to say it out loud now, don't you? I've kept my trap uncharacteristically shut about this in the past for fear of being pilloried. But I think the Emperor has been exposed as being exposed now. So, let's get it out in the open: a kale smoothie is NOT a tasty thing. It never has been. We just will ourselves to chomp them down because we're told they will do us good and because bright thin young things on Instagram tell us it's all the rage.

Well, liberation has finally come. The so-called Clean Eating brigade have been unmasked as the snake oil charlatans they truly are and we are all allowed to eat grains/dairy/meat/food again. Part of this emancipation will hopefully see the defrocking of all those things they said were good which really aren't – wheatgrass, spirulina, quinoa, oat milk... and the kale smoothie.

However, I adore kale and it's nearly the end of the kale season so I'm willing to give it a second chance. So, in the spirit of peace and reconciliation with the Clean Eating loons I'm going to try making a kale smoothie. A tasty one.

So grab your blender, make a smoothie, raise a glass and make a toast to tasty and green not being antithetical in the world of smoothies.

Ingredients
30g green kale leaves
1/2 banana
50g cucumber
100g pineapple
10g fresh ginger
1/2 lime, juiced
100ml water

Method
Chop the kale, removing any stalk and pack it into a blender or NutriBullet.

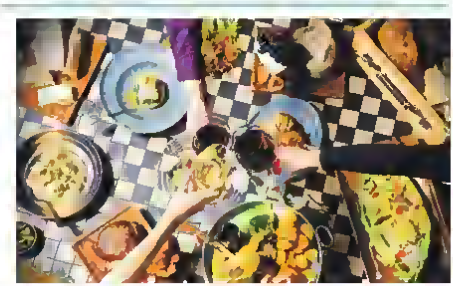
Chop the banana, pineapple and cucumber (unpeeled) and add that in too.

Leave the skin on the ginger and grate it into the blender then squeeze in the lime juice.

Add 50ml water and blend until smoothie. Add the remaining water if needed and a little more if necessary to create a good consistency.

Serve immediately.

Kathy Slack is a private chef and cookery teacher based in West Oxfordshire. She writes the food blog Gluts & Gluttony about the gluts she gets from her veg patch and the ensuing gluttony in the kitchen. To receive regular seasonal recipes and growing advice, sign up to the blog for free at glutsandgluttony.com or follow on Twitter and Instagram: @gluts_gluttony



Make Mother's Day a weekend to remember at Malmaison

Mum deserves more than a day so it's fitting that Malmaison has prepared a weekend of treats – all with a complimentary glass of Mumm Champagne for Mum.

Saturday March 25

Take a little time out and treat Mum to a three-course Saturday lunch from £24.95, with a glass of Mumm NV Champagne.

Or try the tantalising Afternoon Tea. For £7.50 per person you can enjoy an impressive selection of savouries like mini burgers and hot smoked salmon wraps with creme fraiche, and finish with a retro platter of sweet treats including strawberry and vanilla pavlova and a rhubarb and custard trifle. Visit on Saturday 25th March for a complimentary glass of Mumm for mum.

Sunday March 26

Gift Mum an unbelievable Sunday lunch from £34.95 with unlimited hors d'oeuvres from the Chef's table followed by a mouth watering selection of main courses and desserts. Or why not join us for Malmaison's Family Sunday Supper, the perfect spot for raising an evening glass to the best Mums.

For something extra special why not treat her to Malmaison's Sunday Stopover? Simply spend £75 in Mal's Brasserie and stay the night from just £25 – a fool proof plan for providing her with the ultimate rest and relaxation.

FEATURE

Around Oxford

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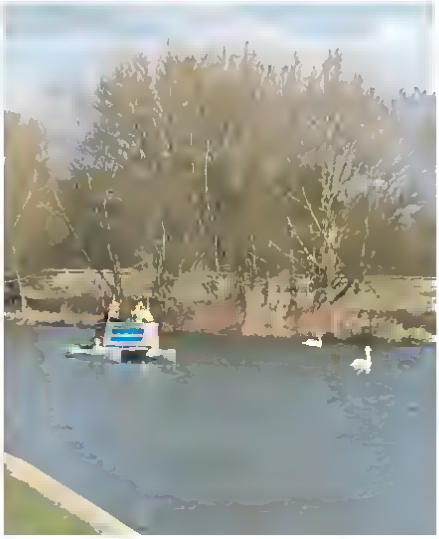

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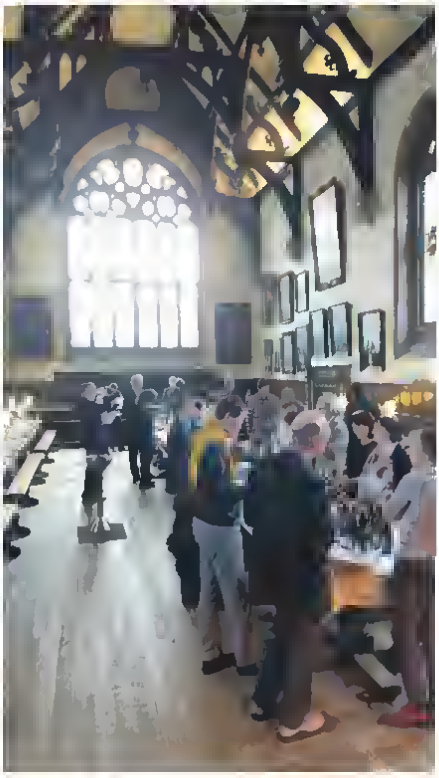

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5 of the best...

Places to enjoy your free time

Mothers day is right around the corner – you don't have to go to the same restaurants and do the same things as everyone else Why not appreciate the beauty of Oxfordshire and enjoy some time with mum out in nature

Bagley Woods

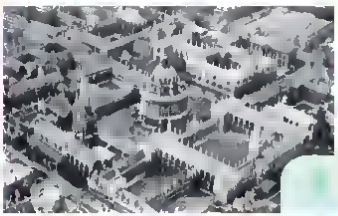
An ancient wood with an interesting history – immerse yourself in the poem by the Victorian poet Lionel Pigot Johnson – take in the beauty of the bluebells when they pop up

Kennington

1

Waterperry Garden

Eight acres of historic and inspirational gardens nestled in the Oxfordshire countryside. The gardens feature a spectacular 200 foot herbaceous border along with rose and formal gardens, a lily canal and riverside walk.



Abingdon

Yes, the whole town – with museums and ruins, this town has a lot to offer – go and explore and find out for yourself.

3

Oxfordshire Museum

This may be inside, but the images are well and truly of the outside - Aerial photography of Oxfordshire from a unique Aerofilms collection cared for by Historic England Archive

5

Batsford Arboretum

Special offer on Mothering Sunday – mums get in free with one paying child. Take advantage of it and appreciate the spring beauty

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& Catalonia

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- ✔ Full-day excursions to Montserrat and Figueres & Besalu
- ✔ Admission to Parc Guell Barcelona and the Dali Theatre-Museum, Figueres
- ✔ Airport taxes and return transfer to your hotel

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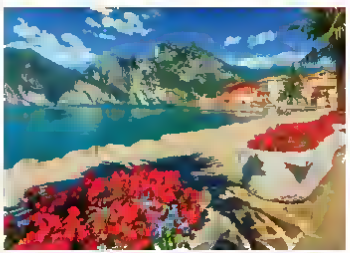
LAKE GARDA



Selected Saturday departures, May - September 2017

Price Includes
- ✔ Return flight from Gatwick airport to Verona¹
- ✔ 7 nights half board at the 3 star Hotel Bisceti, Garda
- ✔ Airport taxes and return transfer to your hotel

- ✔ Optional excursions available at a supplement; The Dolomites, Lake Garda Tour & Verona

from 8 days, by AIR £799 pp

Quote Code: XYF290
View product online at
www.omega-holidays.com/XYF290

The advertised price is correct as at 27 February 2017 and is based upon departures from Gatwick airport on 28 May 2017

VALENCIA
and Costa Blanca

Departing Wednesday 7 June 2017

Price Includes
- ✔ Return flight from Gatwick airport to Alicante¹
- ✔ 7 nights half board at the 4 star Cap Negret Hotel, Altea
- ✔ Walking tour of Altea
- ✔ Half-day excursion to Guadalest
- ✔ Full-day excursion to Valencia with half-day official guided tour
- ✔ Excursion to Marina Alta, Calpe and Valle da Jalon with paella in Tarbana
- ✔ Airport taxes and return transfer to your hotel

from 8 days, by AIR £859 pp

Quote Code: DKE827
View product online at
www.omega-holidays.com/DKE827

The advertised price is based on 19 to 26 February 2017 and is based upon departures from Gatwick airport on 7 June 2017

MADRID
Salamanca and Toledo

Friday departures, 1 September & 20 October 2017

Price Includes
- ✔ Return flight from Heathrow airport to Madrid¹
- ✔ 4 nights at the 3 star Hotel Puerta de Toledo, Madrid and 3 nights at the 3 star Hotel Carlos V, Toledo with breakfast
- ✔ Dinner on the first night in each hotel
- ✔ Full-day guided excursions to Salamanca, El Escorial and Aranjnez & Chinchon, plus guided walking tours of Madrid and Toledo
- ✔ Admission to El Escorial Palace and the Royal Palace in Aranjuez
- ✔ Airport taxes return airport transfers and transfer by coach between Madrid and Toledo

from 8 days, by AIR £899 pp

Quote Code: RLG199
View product online at
www.omega-holidays.com/RLG199

The advertised price of correct as at 27 February 2017 and is based upon departures from Heathrow airport on [illegible] September 2017

For more information or to book, please call 01524 37500

OPENING TIMES: MON-FRI 8.30-18.00 SAT 8.30-16.00 SUN 10.00-16.00

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ABTA

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Organised by Omega Holidays plc, ABTA V4262. ATOL Protected 6001. Single supplements apply. Subject to availability *We have included the current flight price within the above package price. Should the cost of flights change the package price may vary. The final price will be confirmed to you at time of booking.

SUDOKU

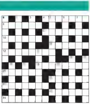
	1			7			8	
8			6					5
		6	3		8	2		
2			7		1		9	3
	7	3				5		
9			4		5			8
		4	8		6	9		
6			1					2
	8			5			4	

WORDWHEEL

You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3 others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found

How you rate:
15 words, average. 20 words, good, 25 words, very good. 30 or more, excellent.

DOUBLE CROSSWORD



Cryptic Clues:

Across

[illegible]To which the flight engineer [illegible]

[illegible]

[illegible]One who used swords for [illegible]

[illegible] sea-dweller is [illegible]

[illegible] like a saw (7)

Down

[illegible] somewhat [illegible]

[illegible] usual way [illegible]

[illegible] acknowledgments [illegible]

[illegible] what the players get in twenties? [illegible]

Quick Clues:

Across

[illegible]Tropical flower (6)

[illegible]Spring flower (6)

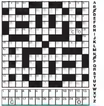
[illegible]Owing to (7)

Down

[illegible]Remain firm (6)

CODEWORD

Codeword is the crossword puzzle with no clues. The number in each square corresponds to a letter. Work out the words in the grid using the letters provided. Fill in these known letters first, then use skill and judgement to work out the others



LAST WEEK'S SOLUTIONS

DOUBLE CROSSWORD
Cryptic: Across: 1 Searchlight; 8 Wig; 10 Dentistry; 11 Glass; 13 Unaware; 14 Excise; 16 Debase; 18 Cropper; 19 Wrest; 20 Agitators; 21 Fox; 22 Demonstrate. Down: 2 Ego; 3 Rides; 4 Hang up; 5 Imitate; 6 Hit parade; 7 Swagger coat; 9 Typesetters; 12 Anchorite; 15 Soprano; 17 Cricket; 19 Wiser; 21 Fit.
Quick: Across: 1 Ambassadors; 8 Pal; 10 Reputable; 11 Nasty; 13 Resolve; 14 Oberon; 16 Aspire; 18 Article; 19 Diner; 20 Enthroned; 21 Gun; 22 Free and easy. Down: 2 Met; 3 Army; 4 Superb; 5 Detests; 6 Rebellion; 7 Opinionated; 8 Never-ending; 12 Spectator; 15 Observe; 17 Pennon; 18 Dodge; 21 Gas.

SUDOKU:

CODEWORD: 1=G, 2=U, 3=L, 4=R, 5=P, 6=B, 7=W, 8=E, 9=F, 10=X, 11=J, 12=M, 13=D, 14=A, 15=Y, 16=Q, 17=Z, 18=H, 19=V, 20=K, 21=S, 22=O, 23=T, 24=N, 25=C, 26=I.
WORD WHEEL: OUTERMOST.

CLOCKWORD

The solutions from 1 to 12 are all six-letter words ending with the letter N in the centre. Moving clockwise from 1 the letters in the outer circle will spell out the name of a TV presenter and actress

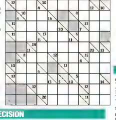
1. Keep in custody
2. Reach
3. Junior doctor
4. Western bar
5. Beefeater
6. Region
7. Consecrate
8. Famous British admiral
9. Parentless child
10. Rodents
11. Fall season
12. Make tidy

KAKURO

Fill in the white squares with the numbers 1 to 9.

Each horizontal block of squares must add up to the number in the shaded square to its left, and each vertical block must add up to the number in the shaded square above it.

No number may be used more than once in any one block.



NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

1	2	3	4	5	6	7	8	9

THE CLUES.
1715 gives a musical instrument;
46728835 gives a musical instrument;

SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid

SUDOKU

6		1		9	8			
			4		1			
4		3						
	2				4		8	5
5								4
8	6		7				3	
						5		8
			2		9			
			1	4		7		9

LAST WEEK'S SOLUTIONS

CLOCKWORD:
1 Method, 2 Intend, 3 Cursed, 4 Herald, 5 Afford, 6 Elated, 7 Legend, 8 Ground, 9 Record, 10 Expand, 11 Canard, 12 Offend

SOAP STAR: Michael Greco

NINER:
GERANIUMS

KAKURO:

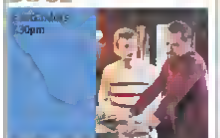
SUDOKU:

SPLIT DECISION:

B	L	A	C	K
A		L		I
K	N	O	W	N
E		N		D
S	H	E	D	S

Thursday March 9th

BBC1



11.00 Heir Hunters (S) **11.45 Dom on the Spot** (S) **12.15 Bargain Hunt** (S)(R) **1.00 BBC News at One; Weather** (S) **1.30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **2.15 The Doctor Blake Mysteries** (S)(R) **3.15 Escape to the Country** (S)(R) **3.45 Money for Nothing** (S) **4.30 Flog It!** (S) (R) **5.15 Pointless** (S) **6.00 BBC News at Six; Weather** (S) **6.30 BBC Regional News and Weather** (S)

7.00 The One Show Topical stories from around the UK. (S)
7.30 EastEnders Mick receives an offer that could prevent him going to jail. (S) BBC News (S)

8.00 Would I Lie to You? With Bob Mortimer, Gabby Logan, Katherine Parkinson and Steve Backshall. (S)(R)
8.30 EastEnders (S)

9.00 Britain on the Fiddle The case against a multiple-identity fraudster in danger of collapsing as she tries to avoid her day in court. (S)

10.00 BBC News at Ten (S)
10.30 BBC Regional News and Weather (S)
10.45 Question Time Topical debate from Sunderland, chaired by David Dimbleby. (S)

11.45 This Week The past seven days in politics. (S)

12.30 Weather for the Week Ahead (S) **12.35** BBC News (S)

BBC2

8.30 Sign Zone: Great British Railway Journeys (S)(R) **9.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1.00 Two Tribes** (S)(R) **1.30 Beat the Brain** (S)(R) **2.00 Building Dream Rooms** (S) (R) **2.30 Channel Patrol** (S)(R) **3.15 Rivers with Griff Rhys Jones** (S)(R) **4.15 The Hunt** (S)(R) **5.15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6.30 The Hairy Bikers' Comfort Food** (S)

7.00 Antiques Road Trip Philip Serrell and Catherine Southon hunt for items of interest in the West Country. (S)

8.00 The Great Pottery Throw Down The quarter-final sees the potters create four stacking Russian dolls. (S)

9.00 Brexit: Britain's Biggest Deal Laura Kuenssberg investigates the likely impact of Brexit. (S)

10.00 MOTD: The Premier League Show Magazine programme featuring news and highlights. (S)
10.30 Newsnight (S)

11.10 Weather (S)
11.15 Top Gear (S)(R)

12.15 Top Gear: Extra Gear (S) **12.40** Sign Zone: Sleepless Britain — Panorama (S)(R) **1.10** The Real Marigold Hotel (S)(R) **2.10** Royal Recipes (S)(R) **2.50** This Is BBC Two (S)

ITV

6.00 Good Morning Britain (S) **6.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S)(R) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News**; Weather (S) **1.55 ITV Regional News** (S) **2.00 Judge Rinder** (S) **3.00 The Home Game** (S) **3.59 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News**; Weather (S) **6.30 ITV Evening News**; Weather (S)

7.00 Emmerdale Vanessa shares her fears with Rhona. (S)
7.30 Bay Today: Pay Tomorrow? Tonight (S)

8.00 Emmerdale Pierce accuses Vanessa of interfering in his relationship. (S)
8.30 Harry Hill's Alien Fun Capsule (S)

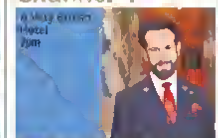
9.00 Prime Suspect 1973 The police hunt for the driver of the car Julie-Ann Collins was last seen climbing into. (S)

10.00 The Nightly Show with John Bishop Topical monologue, studio games and celebrity guests. (S)
10.30 ITV News; Weather (S)

11.00 ITV Regional News; Weather (S)
11.15 UEFA Europa League Highlights (S)

12.15 The Nightly Show with John Bishop (S)(R) **12.40** Jackpot247 **2.00** Buy Today, Pay Tomorrow? Tonight (S)(R) **3.25 ITV Nightscreen** **5.05** The Jeremy Kyle Show (S)(R)

Channel 4



8.00 Everybody Loves Raymond (S) (R) **9.05 Frasier** (S)(R) **10.05 Undercover Bosa USA** (S)(R) **11.05 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **3.00 Cuffs 2017** (S) **5.00 Couples Come Dine with Me** (S) **6.00 The Simpsons** (S)(R) **8.30 Hollyoaks** (S)

7.00 Channel 4 News (S)
7.55 The Political Slot The Labour Party's view on social care policy. (S)

8.00 Cuffs 2017 Clare Balding introduces coverage from Birmingham NEC. (S)

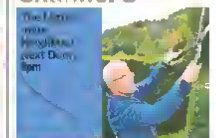
9.00 A Very British Hotel Mandarin Oriental hosts a wedding ceremony. (S)

10.00 Extremely British Muslims Two young Muslim men who have turned their lives around after some time on the wrong side of the law. (S)

11.05 Rich Dog Poor Dog (S)

12.05 Britain's Weirdest Council Houses (S)(R) **1.05** A Killing in My Family (S)(R) **2.00** The Supervet (S)(R) **2.55** Shipping Wars UK (S)(R) **3.40** Four In a Bed (S)(R) **4.10** Phil Spencer: Secret Agent (S)(R) **5.05** Fifteen to One (S)(R)

Channel 5



8.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12.10 5 News Lunchtime** (S) **12.15 Nightmare Tenants, Slum Landlords** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.20 NCIS** (S)(R) **3.15 FILM: Perfect Life, Perfect Lies (2016) (PG)** (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 Nightmare Tenants, Slum Landlords: Revisited Catching up with tenants and landlords from previous episodes (S)(R) **8.00** 5 News Update (S)

8.00 The Nightmare Neighbour Next Door A man who set up a tonilat attraction in Snowdonia National Park. (S) **9.00** 5 News Update (S)

9.00 The Great British Benefits Handout: Gloucester man Dann nses the windfall to do something special for his partner Fran. (S)

10.00 Celebrity Sex Pad: Model and reality star Chloe Khan considers surgery to her vagina. Postponed from March 2. (S)

11.05 100 Per Cent Hotter The stylists help a woman after her scantily clad image. (S)

12.00 SuperCasino 3 Cruising with Jane McDonald. (S)(R) **4.00 Now That's Funny!** (S)(R) **4.45 House Doctor** (S)(R) **5.10 Divine Designs** (S)(R) **5.35 Wildlife SOS** (S)(R)

DAYTIME

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AFTER 12

DIGITAL

ITV2 SKY: 118 FV: 8

8.00 You've Been Framed! Gold **8.25** Who's Doing the Dishes? **9.15** The Ellen DeGeneres Show **9.00** Emmerdale **8.30** Coronation Street **9.00** You've Been Framed! Gold **9.30** Psych **10.25** Scorp on **11.20** Who's Doing the Dishes? **12.25** Emmerdale **12.55** Coronation Street **1.30** You've Been Framed! Gold **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **7.00** You've Been Framed! Gold: Top 100 Holidays **8.00** Two and a Half Men **8.00** Release the Hounds: Famous & Freaked **10.00** Family Guy **11.30** American Dad! **12.30** Two and a Half Men **1.30** Release the Hounds: Famous & Freaked **2.20** Teleshopping **5.50** ITV2 Nightscreen

ITV3 SKY: 119 FV: 10

8.00 You're Only Young Twice **8.28** Heartbeat **7.30** Where the Heart Is **8.25** The Royal **8.20** Judge Judy **10.50** Inspector Morse **1.05** Heartbeat **2.05** The Royal **3.10** Where the Heart Is **4.15** You're Only Young Twice **4.50** Doctor at Large **5.20** On the Buses **5.55** Heartbeat **7.00** Murder She Wrote **8.00** Heartbeat **8.00** Rosemary & Thyme **10.00** A Touch of Frost **12.00** Wycliffe **1.10** The Knock **2.30** Teleshopping

BBC4 SKY: 116 FV: 9

7.00 100 Days, Weather **7.30** Top of the Pops: 1983 **8.00** Thailand: Earth's Top Tropical Paradise **8.00** Sound Waves: The Symphony of Physics **10.00** Attenborough & the Giant Dinosaur **12.00** The Nazis: A Warning from History **12.50** Second World War: A Timewatch Guide **12.00** Top of the Pops: 1983 **1.25** Sounds of the Eighties **1.55** Sound of Song **2.55** Sound Waves: The Symphony of Physics **3.55** Close

E4 SKY: 136 FV: 28

8.00 Rude(ish) Tube Shorts **8.30** Made in Chelsea **7.00** Game of Clones **7.30** Hollyoaks **8.00** Rules of Engagement **9.00** Baby Daddy **10.00** Charmed **12.00** How I Met Your Mother **1.00** The Goldbergs **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Game of Clones **8.00** The Big Bang Theory **9.00** Gap Year **10.00** Celebs Go Dating **11.05** Brooklyn Nine-Nine **12.10** The Big Bang Theory **1.05** Celebs Go Dating **2.00** Fast Dates **3.00** Gap Year **3.50** Rules of Engagement **4.35** Charmed

MORE4 SKY: 138 FV: 14

11.30 A Place in the Sun: Winter Sun **12.30** A Place in the Sun: Home in the Sun **1.40** Time Team **3.50** Great Canal Journeys **4.55** World's Weirdest Homes **6.30** Cuffs 2017 **8.00** Grand Designs **9.00** Walks with My Dog **10.10** 24 Hours in A&E **11.10** A Run at 10 Cats Does Countdown **12.15** Ramsay's Kitchen Nightmares USA **1.10** 24 Hours in A&E **2.10** Walks with My Dog **3.10** A Run at 10 Cats Uncut **3.40** Close

FILM4 SKY: 315 FV: 15

11.00 Mary Queen of Scots (1971) (PG) **1.30** Legend of the Lost (1957) (U) **3.50** The Flight of the Phoenix (1965) (PG) **8.35** The Women (2008) (12) **9.00** The A-Team (2010) (12) **12.20** Northern Soul (2014) (15) **1.25** Damsels in Distress (2011) (12) **3.30** Close

DAVE SKY: 111 FV: 12

7.10 Ice Road Truckers **8.00** Home Shopping **8.15** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** Q I **3.20** Would I Lie to You? **4.00** Top Gear **7.00** American Pickers **8.00** Q I XL **9.00** Not Going Out **10.20** Mock the Week **11.00** Unspun with Matt Forde **12.00** Mock the Week **12.40** Q I **1.20** The Last Men on Earth **1.50** Alan Davies: As Yet Unfabled **2.40** Parks and Recreation **4.00** Close

DRAMA SKY: 156 FV: 20

7.10 The Bill **8.00** Boon **9.00** Bergerac **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **1.40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Boon **4.00** Bergerac **8.00** All Creatures Great and Small **8.00** Some Mothers Do 'Ave 'Em **8.40** Last of the Summer Wine **7.20** As Time Goes By **8.00** Matty Wainthrop: Investigations **9.00** New Tricks **11.20** Sharpe **1.20** Boon **2.20** South Riding **3.25** Birds of a Feather **4.00** Home Shopping

SKY1 SKY: 106

8.00 Hawaii Five-0 **8.00** Police 10/7 **9.00** Animal House **10.00** Nothing to Declare **12.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **8.30** The Simpsons **8.00** Duck Quacks Don't Echo **8.00** Arrow **10.00** Stan Lee's Lucky Man **12.00** A League of Their Own: Unseen **12.00** The Force: Manchester **1.00** Hawaii Five-0 **2.00** Stop Search: Seize **3.00** Police 10/7 **4.00** Rat Cops: Frontline Crime UK **5.00** Animal House **8.30** Futurama

SKY ATLANTIC SKY: 108

8.00 Fish Town **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Urban Secrets **3.00** The West Wing **8.00** House **6.00** Without a Trace **8.00** Blue Bloods **9.00** Fortitude **10.00** Last Week Tonight with John Oliver **10.30** High Maintenance **12.10** Girls **11.45** Crashing **12.20** Fortitude **1.20** The Wire **2.30** Veep **4.15** Fish Town

W SKY: 109

8.10 World Things with Dominic Monaghan **7.00** MasterChef USA **8.00** My Dream Home **9.00** Extreme Makeover: Home Edition **10.00** The Fall **11.30** Tipping Point **1.00** Motorway Cops **2.00** MasterChef USA **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **6.00** Tipping Point **7.00** Supernanny **8.00** MasterChef USA **9.00** John Bishop: In Conversation with James Corden **10.00** EastEnders **11.20** Absolutely Fabulous **12.00** Nev's Indian Call Centre **1.00** Bondi Rescue **1.30** Almost Human **3.00** Home Shopping

GOLD SKY: 110

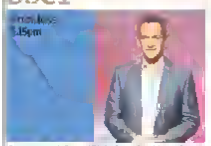
7.00 Cheers **8.00** One Foot in the Grave **8.40** The Brittas Empire **10.00** Sorry: **10.40** Last of the Summer Wine **12.40** My Family **1.20** Keeping Up Appearances **2.00** The Brittas Empire **4.00** Last of the Summer Wine **8.00** Roomers **8.40** Porridge **8.40** We Have Been Watching **8.40** Mrs Brown's Boys **10.20** Harry Enfield and Chums **12.20** Peep Show **1.00** Big School **2.15** Shooting Stars **3.20** Little Britain **4.00** Home Shopping

SKY SPORTS 1 SKY: 401

8.00 Football Gold **7.00** WWE Smackdown Hits **8.00** Premier League Legends **8.00** Premier League World **8.30** Premier League 100 Club **10.00** Premier League Years **12.00** Football's Greatest Players **1.00** Great Sporting Moments **2.00** Premier League Legends **3.00** Spanish Football Gold **3.30** Football League Gold **4.00** Football's Greatest Players **8.00** Premier League 100 Club **5.30** Premier League Legends **6.30** Premier League World **7.00** Live Betfred Super League Warrington Wolves v Wigan Warriors (kick-off 8.00pm). **10.30** Premier League Match Pack **11.00** La Liga Show **11.30** Premier League World **12.00** Premier League Match Pack **12.30** Premier League Darts **3.30** La Liga Show **4.00** Premier League Match Pack **4.30** Premier League 100 Club **5.30** Spanish Football Gold

Friday March 10th

BBC1



DAYTIME

6.00 Breakfast (S) **9.15 The Hunting Enforcers** (S) **10 00 Homes Under the Hammer** (S)(R) **11 00 Helr Hunters** (S) **11.45 Dorn on the Spot** (S) **12 15 Bargain Hunt** (S) **1.00 News** (S) **1 30 BBC Regional News** (S) **1.45 Doctors** (S) **2 15 The Doctor Blake Mysteries** (S)(R) **2 15 Escape to the Country** (S) (R) **3.45 Money for Nothing** (S) **4.30 Flog It!** (S) **5.15 Pointless** (S) **6.00 BBC News** (S) **6 30 BBC News** (S)

7

7 00 The One Show The final edition of the week (S)
7 30 Live Six Nations Rugby Union Wales v Ireland (kick-off 8 00pm) (S)

8

9

10

10.00 BBC News at Ten (S)
10.25 BBC Regional News; (S) National Lottery Update (S)
10 35 FILM Pirates of the Caribbean The Curse of the Black Pearl (2003) (12) (S)

11

AFTER 12

12.50 The Real Marigold Hotel (S)(R) **1 45** Weather for the Week Ahead (S) **1 50** BBC News (S)

BBC2

8.00 Sign Zone Big Dreams Small Spaces (S)(R) **9 00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1 00 Two Tribes** (S)(R) **1 30 Beat the Brain** (S) (R) **2.00 Building Dream Homes** (S)(R) **2.30 Channel Patrol** (S)(R) **3 15 Rivers with Griff Rhys Jones** (S)(R) **4 15 The Hunt** (S)(R) **5 15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6 30 The Hairy Bikers' Comfort Food** (S)

7 00 Antiques Road Trip Catherine Southon and Philip Serrell head through south Wales to their final auction in Somerset. (S)(R)

8.00 Gardeners' World New series. Tips for pruning and planting up pots for spring colour. (S)
8.30 Only Connect (S)

9.00 The Secrets of Your Food The effect that food has on the brain. Last in the series. (S)

10 00 QI The panellists consider misconceptions. (S)(R)
10 30 Newsnight (S)

11 00 Weather (S)
11 05 Robert Wars Dara Ó Briain and Angela Scanlon present. (S)(R)

12.05 FILM The Borderlands (2013) (15) Premiere. Found-footage horror starring Gordon Kennedy. (S) **1 30** Sign Zone Andrew Marr: My Brain and Me (S)(R) **2.30** Terry Pratchett: Back in Black (S)(R) **3.25** This Is BBC Two (S)

ITV

6 00 Good Morning Britain (S) **9.25 The Jeremy Kyle Show** (S)(R) **10.20 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News** (S) **2.55 ITV Regional News** (S) **3 00 Judge Rinder** (S) **3.00 The Home Game** (S) **3 50 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5 00 The Chase** (S) **6.00 ITV Regional News**; Weather (S) **6 30 ITV Evening News;** Weather (S)

7.00 Emmerdale Pierce arranges for Vanessa to see his sex tape (S)
7.30 Coronation Street Tracy is stunned when an estate agent arrives at Preston's Petals. (S)

8.00 Scheme's South African Adventure (S)
8 30 Coronation Street Chloe is far from happy when Peter ditches her. (S)

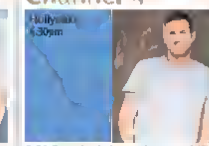
9.00 Lethal Weapon When Riggs and Murtaugh respond to a noise complaint they are drawn into a case involving illegal gun runners. (S)

10.00 The Nightly Show with John Bishop Topical monologue, studio games and celebrity guests. (S)
10.30 ITV News; Weather (S)

11.00 ITV Regional News; Weather (S)
11 25 Play to the Whistle (S)(R)

12 15 The Nightly Show with John Bishop (S)(R) **12 40** Jackpot247 **2 00** Storage Hoarders **3 50** ITV Nightscreen

Channel 4



6.00 Everybody Loves Raymond (S)(R) **9 05 Frasier** (S)(R) **20 05 Undercover Boss USA** (S)(R) **11 05 Ramsay's Kitchen Nightmares USA** (S)(R) **12 00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1 05 Find It, Fix It, Flog It** (S)(R) **2 10 Countdown** (S) **2.00 Fifteen to One** (S) **4 00 Crufts 2017** (S) **5.00 Couples Come Dine with Me** (S) **6.00 The Simpsons** (S)(R) **6 30 Hollyoaks** (S)

7 00 Channel 4 News (S)
7 30 Crufts 2017 Clare Balding presents further coverage from the NEC, Birmingham. (S)

9 00 Gogglebox Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (S)

10.00 The Last Leg Comedian Harry Hill and physicist Brian Cox join the regulars. (S)

11.05 8 Out of 10 Cats Best Bits Highlights from the irreverent panel show. (S)
11.55 How'd You Get So Rich? (S)(R)

12.40 FILM Oldboy (2013) (18) Thriller remake starring Josh Brolin. (S) **2 25** Catastrophe (S)(R) **2 55** Time Crashers (S)(R) **3.50** Shipping Wars UK (S)(R) **4 30** Four in a Bed (S)(R) **5.00** Kirstie's Handmade Treasures (S)(R) **5 20** Fifteen to One (S)(R)

Channel 5

6.00 Milkshake! 8.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12 10 S News Lunchtime** (S) **12.15 Fatal Fog: Winter Road Rescue** (S)(R) **1 15 Home and Away** (S) **2.45 Neighbours** (S) **3 20 NCIS** (S)(R) **5.20 FILM 10.0 Earthquake (2014) (PG)** (S) **5 00 S News at 5** (S) **5 30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.20 S News Tonight** (S)

7.00 The Gadget Show New series. Craig Charles and Georgie Bamford join the team. (S) **S News Update** (S)

8.00 Naughty Toddlers Make You Laugh Out Loud Compilation of amusing clips of toddlers appearing on the internet. (S) **S News Update** (S)

9.00 The Graham Norton Story Profile of the chat show host (S)(R)

10 30 When Celebs Sing Pop – Badly A countdown of the 40 most memorable records by celebrities. (S)(R)

12 15 SuperCasino 3 10 Benefits Britain: Life on the Dole (S)(R) **4.00** Conspiracy: Pearl Harbor Cover-Up (S) (R) **4.45 House Doctor** (S)(R) **5 10 Divine Designs** (S)(R) **5 35 Wildlife SOS** (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

6 00 You've Been Framed! Gold **6.25** Who's Doing the Dishes? **7 10** The Ellen DeGeneres Show **8.00** Framerdale **9.00** You've Been Framed! Gold **9.35** Psych **10.25** Scorp on **11.20** Who's Doing the Dishes? **12.25** Framerdale **1.30** You've Been Framed! Gold **2 00** The Ellen DeGeneres Show **2.40** The Jeremy Kyle Show **5 00** Judge Rinder **6.00** You've Been Framed! Gold **7.00** You've Been Framed! Gold A-Z of Animals **8.00** Two and a Half Men **8.30** FILM American Pie 2 (2001) (15) **11.00** Family Guy **11.55** American Dad **12.55** Two and a Half Men **1.20** Ibiza Weekender **2.20** Teleshopping **5.00** ITV2 Nightscreen

ITV3 SKY 119 FV 10

8.00 You're Only Young Twice **8.10** Heartbeat **7.25** Where the Heart Is **6.25** The Royal **9.25** Judge Judy **10.00** Inspector Morse **11.00** Heartbeat **2.00** The Royal **3 05** Where the Heart Is **4.10** You're Only Young Twice **4.00** Doctor at Large **5.20** On the Buses **5.55** Heartbeat **7.00** Murder, She Wrote **8.00** Doc Martin **9.00** Agatha Christie's Marple **11.00** Blue Murder **12.30** Inspector Morse **4.20** Roy Kreemar's Great British Views **5.10** On the Buses **5.35** ITV3 Nightscreen

BBC4 SKY 116 FV 9

7 00 World News Today: Weather **7 30** Top of the Pops: 1983 **8 00** The Good Old Days **9 00** People's History of Pop **10.00** Classic Albums **11.00** Unfinished: The Making of Massive Attack **11.20** Amy Winehouse in Her Own Words **11.55** Antiques at the BBC **12 55** Top of the Pops: 1983 **1.30** People's History of Pop **2.20** Classic Albums **3.30** Unfinished: The Making of Massive Attack **4.00** Close

E4 SKY 136 FV 28

7 00 Game of Clones **7.30** Hollyoaks **8.00** Rules of Engagement **8.30** Baby Daddy **10.00** Charmed **12.00** How I Met Your Mother **1 00** The Goldbergs **2 00** The Big Bang Theory **4.00** How I Met Your Mother **5.00** The Goldbergs **6.00** The Big Bang Theory **7 00** Hollyoaks **7.30** Game of Clones **8.00** FILM Unstoppable (2010) (12) **10 00** Celebs Go Dating: The Finale **11.05** FILM The Grey (2011) (15) **1.25** Tattoo Fixers **2.25** Celebs Go Dating: The Finale **3.20** First Dates Abroad **4.15** Rules of Engagement **4.40** Charmed

MDRE4 SKY 138 FV 14

8.00 Come Dine with Me **11.35** A Place in the Sun: Home & Away **1.40** Time Team **3.00** Great Canal Journeys **4.55** Paul O'Grady's 100 Years of Movie Musicals **6.30** Crufts 2017 **7 30** Grand Designs **9 00** The Team **10.10** 24 Hours in A&E **12.25** Ramsay's Kitchen Nightmares USA **2.25** 24 Hours in A&E **3.25** Fort Unwrapped **3.50** Close

FILM4 SKY 315 FV 15

11.00 The Last Wagon (1956) (PG) **1.05** A Lawless Street (1955) (U) **2.40** Carry On Behind (1975) (PG) **4.25** Swiss Family Robinson (1960) (U) **6.30** The Company Men (2010) (15) **8.00** Salt (2010) (12) **11.00** Hercules (1983) (15) **1.00** Electric Boogaloo: The Wild Untold Story of Cannon Films (2014) (18) **2 10** Close

DAVE SKY 111 FV 12

7.10 Ice Road Truckers **8.00** Home Shopping **8.10** American Pickers **8.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** QI **3.20** Would I Lie to You? **4.00** Top Gear **7 00** American Pickers **8.00** Steve Austin's Broken Skull Challenge **8.00** FILM Robin Hood: Prince of Thieves (1991) (PG) **11.45** Would I Lie to You? **12.20** QI **1 00** The Last Man on Earth **1.30** Alan Davies: As Yet Untitled **3.30** Parks and Recreation **4.00** Close

DRAMA SKY 158 FV 20

7.10 The Bill **8.00** Noon **9.00** Benjamin **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **2.00** Some Mothers Do 'Ave 'Em **2.10** Birds of a Feather **3.00** Noon **4.00** Benjamin **5.00** All Creatures Great and Small **8.00** Some Mothers Do 'Ave 'Em **8.40** Last of the Summer Wine **7.20** As Time Goes By **8.00** The Brokenwood Mysteries **10.00** New Tricks **11.10** Dalziel & Pascoe **1.00** Noon **2.00** Lassi: Tango in Halifax **3.00** Birds of a Feather **3.35** Garden Helping **4.00** Home Shopping

SKY1 SKY 106

6.00 Hawaii Five-0 **8.00** Poker 10/7 **8.00** Animal House **10.00** Nothing to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.00** Futurama **6.30** The Simpsons **8.30** Modern Family **9 00** Stan Lee's Lucky Man **10.00** The Blacklist **11 00** Pass Kemp on Grings **12.00** The Force: Essex **2 00** Road Wars **2.00** Stop, Search, Seize **2.00** Police 10/7 **2.30** First Dates: Frontline Crime UK **4.30** Animal House **5.30** Futurama

SKY ATLANTIC SKY: 108

6.00 Rich Town **7 00** Storm City **9.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Urban Secrets **3 00** The West Wing **5 00** House **6.00** Without a Trace **8.00** Blue Bloods **9 00** Game of Thrones **11.20** Deadwood **1.40** The Wire **2.00** Veep **4.05** Rich Town **5.00** Storm City

W SKY 109

6.10 Beauty and the Beast **7.00** MasterChef USA **8.00** Extreme Makeover: Home Edition **9 00** Supernanny **10.00** The Bill **11.00** Tipping Point **1 00** Moloney Cops **2.00** MasterChef USA **3 00** Who Do You Think You Are? USA **4.00** Supernanny **5.00** My Dream Home **6.00** Tipping Point **7 00** Honey I Bought the House **8.00** Dynamo: Magician Impossible **9.00** Criminal Minds: Beyond Borders **10 00** FILM Kiss the Girls (1997) (18) **12.15** Louis Theroux's LA Stories **1.30** Almost Human **2.25** Betty White's Off Their Rockers **3.00** Home Shopping

GOLD SKY 110

7 00 Cheers **8.00** One Foot in the Grave **8.00** The Bill: The Empire **10.00** Sorry! **10.40** Last of the Summer Wine **12.40** Porridge **1.20** Keeping Up Appearances **2.50** The Sittas Empire **4.10** Last of the Summer Wine **6.40** Porridge **7.40** Only Fools and Horses **8.00** Mrs Brown's Boys **9.40** Bottom **11.00** The Mighty Boosh **12.20** The League of Gentlemen **1.40** Nathan Barley **2.10** The Armando Iannucci Shows **3.45** Jam **3.10** Little Britain **4.00** Home Shopping

SKY SPORTS 1 SKY: 401

6.00 Football Golf **6.30** Football League Gold **7.00** WWE Main Event **8.00** Premier League Match Pack **8.30** Premier League Legends **9 00** Premier League Darts **12.00** La Liga Show **12.30** Premier League Match Pack **1.00** Great Sporting Moments **2.00** Premier League Match Pack **2.30** Premier League Legends **3.00** Spanish Football Gold **3.30** La Liga Show **4.00** Football's Greatest Players **6.00** Premier League 100 Club **5.30** Premier League Match Pack **8.00** The Fantasy Football Club **7 00** Live EFL **10.10** Premier League Preview **10.45** The Fantasy Football Club **11.45** Football Gold **12.00** Premier League Preview **12.30** The Fantasy Football Club **1.30** Darts Gold **2.00** Premier League Years **4.00** Premier League Preview **4.30** The Fantasy Football Club **5.30** Spanish Football Gold

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Saturday March 11th

BBC1

DAYTIME

11 30 Mary Berry Everyday (S)(R) 12 00 Football Focus – FA Cup on the Road (S) 1 00 BBC News (S) 1.15 Bargain Hunt (S) 2.15 Escape to the Country (S) 2 45 FILM Kung Fu Panda (2008) (PG) (S) 4 10 Final Score (S) 5 10 Celebrity Mastermind (S)(R) 5 40 BBC News (S) 5.50 BBC Regional News Weather (S) 6 00 Pointless Celebrities (S)(R) 6 40 Let's Sing and Dance for Comic Relief (S)

7

7 00 Natural World Part two of two. The new animals are proving quite a handful (S)(R)

8

8.00 Who Dares Wins (S)
8.40 Casualty Robyn takes matters into her own hands as David's behaviour becomes increasingly manic (S)

9

9.30 Mrs Brown's Boys Agnes is excited about Rory's big day – until she meets the wedding planner (S)(R)

10

10 00 BBC News Weather (S)
National Lottery Update (S)
10 20 Match of the Day Highlights of Bournemouth v West Ham United...(S)

11

11.05 Match of the Day: FA Cup Highlights Action from the sixth round (S)
11 35 This Country (S)

AFTER 12

12 00 Line of Duty (S)(R) 1 00 Line of Duty (S)(R) 2.00 Weather for the Week Ahead (S) 2 05 BBC News (S)

BBC2

9.30 Coast (S) 10.00 Natural World (S)(R) 11 00 Homes Under the Hammer (S)(R) 12 00 Two Greedy Italians Still Hungry (S)(R) 1 00 The Little Paris Kitchen: Cooking with Rachel Khoo (S)(R) 1 30 FILM The Red Shoes (1948) (U) (S) 3 40 Gardeners' World (S)(R) 4.10 University Challenge (S)(R) 4.40 Only Connect (S)(R) 5.10 Flog It! (S)(R) 6.00 Natural World (S)(R)

7

7 00 Natural World Part two of two. The new animals are proving quite a handful (S)(R)

8

8.00 Grand Tours of the Scottish Islands Paul Murton heads to the northernmost spot of Skye. (S)
8 30 Dad's Army (S)(R)

9

9.00 Gen's 1930s: My Drive to Freedom Gen Horner shares her memories of the 1930s (S)

10

10 00 Live at the Apollo With Frankie Boyle, Jack Carroll and Holly Walsh (S)(R)
10.45 FILM: LA Confidential (1997) (18) (S)

11

AFTER 12

12.55 Taboo (S)(R) 1.55 Taboo (S)(R) 2.55 FILM: Rabbit Hole (2010) (12) Drama with Nicole Kidman and Aaron Eckhart. (S) 4 20 This Is 'BBC Two (S)

ITV

8 30 Scrambled: Bear Grylls Survival School (S) 9.05 Scrambled: Adventure Time (S)(R) 9.25 Alphabetical (S)(R) 10 20 All Star Family Fortunes (S)(R) 11.05 The Voice UK (S)(R) 12 25 ITV News, Weather (S) 12 30 Live Six Nations Rugby Union (S) 3.30 Live Six Nations Rugby Union (S) 6.30 ITV Regional News Weather (S) 6 45 ITV News (S)

7

7.00 Ant & Dec's Saturday Night Takeaway The evening variety show continues. (S)

8

8.30 The Voice UK The remaining contestants face the third of four live knock-out rounds. Presented by Emma Willis. (S)

9

9.45 ITV News; Weather (S)

10

10.05 Lethal Weapon A case involving gun-runners and military technology involves Riggs personally (S)(R)

11

11.00 FILM: Bambo: First Blood Part II (1985) (15) Action adventure sequel with Sylvester Stallone and Richard Crenna. (S)

AFTER 12

12.50 Schofield's South African Adventure (S)(R) 1.25 Jackpot247 3.00 Who's Doing the Dishes? (S)(R) 3 50 ITV Nightscreen

Channel 4

5 15 Mobil 1 The Grid (S) 6.45 The King of Queens (S)(R) 7.40 Everybody Loves Raymond (S)(R) 8 30 Frasier (S)(R) 9.30 The Big Bang Theory (S)(R) 10 55 The Simpsons (S)(R) 12.00 Jamie and Jimmy's Friday Night Feast (S)(R) 1 00 Come Dine with Me (S)(R) 3.35 A Place in the Sun: Summer Sun (S)(R) 4 35 Location, Location, Location (S)(R) 5 30 Channel 4 News (S) 5 55 Dogs Behaving Badly (S)

7

7 00 Crufts 2017 Clare Balding presents live coverage from the NEC in Birmingham...(S)

8

9

9.00 FILM: Room (2015) (15) Premiere: Drama, starring Brie Larson and Jacob Tremblay (S)

10

11

11.20 FILM: The Adjustment Bureau (2011) (12) Sci-fi thriller starring Matt Damon and Emily Blunt. (S)

AFTER 12

1 15 Ramsay's Kitchen Nightmares USA (S)(R) 2 05 Hollyoaks (S) 4.10 Shipping Wars UK (S)(R) 4 55 Four In a Bed (S)(R) 5 20 Building the Dream (S)

Channel 5

6.00 Milkshake! 9.55 Teenage Mutant Ninja Turtles (S) 10 30 Access 15 35 Benefits Britain: Me & My 14 Kids (S)(R) 11 30 Benefits: On the Yorkshire Dole (S)(R) 12 25 Benefit Beauty Queens (S)(R) 1.25 Dance Moms (S) 4 10 The Nightmare Neighbour Next Door Two neighbours in Snowdonia National Park who ended up at loggerheads. (S)(R) 6.05 Can't Pay? We'll Take It Away (S)(R)

7

7.05 NCIS: Los Angeles A vehicle transporting Jede Khaled is ambushed! (S)

8

8.00 NCIS The secretary of the US Navy seeks to save the life of a sailor with leukaemia. (S)
8.55 5 News Weekend (S)

9

9.00 Football on 5: The Championship Highlights from the weekend's games in the Championship (S)
9 50 Football on 5: Goal Rush (S)

10

10 20 Live Boxing on 5 Craig Kennedy v Stephen Simmons. Coverage of the tour for the vacant British Cruiserweight title which takes place at Motorpoint Arena in Cardiff, Wales (S)

11

AFTER 12

12 15 SuperCasino 3 10 FILM: London Boulevard (2010) (18) Crime drama, with Colin Farrell and Keira Knightley (S) 4 50 Horse Doctor (S)(R) 5 15 Wildlife SOS (S)(R) 5 50 Angels of Harm (S)(R) 6 50 Roary the Racing Car (S)(R)

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DIGITAL

ITV2 SKY 118 FV 6

6.00 Totally Bonkers Guinness World Records 6.10 Emmerdale 6.40 Coronation Street 11.10 Ant & Dec's Saturday Night Takeaway 12.40 The Voice UK 2.00 You've Been Framed! Gold 2.30 FILM: Paul Blart: Mall Cop (2009) (PG) Comedy starring Kevin James. 3 30 FYI Daily 3.35 FILM: Paul Blart: Mall Cop (2009) (PG) Concluded. 4.25 FILM: King Kong (2005) (12) Fantasy adventure remake starring Naomi Watts. 8.25 FYI Daily 8.30 FILM: King Kong (2005) (12) Concluded. 9.00 Scrubs 9 00 FILM: American Pie: The Wedding (2003) (15) Comedy sequel starring Jason Biggs. 10.00 FYI Daily 10.05 FILM: American Pie: The Wedding (2003) (15) Concluded. 10 55 Family Guy 12.25 American Dad! 1.20 Release the Hounds: Famous & Frisked 2.20 Totally Bonkers Guinness World Records 2.00 Teleshopping 5.40 ITV2 Nightscreen

ITV3 SKY 119 FV 10

6.00 On the Buses 6.55 Murder She Wrote 7 55 FILM: The Belles of St Trinian's (1954) (U) 8.55 FYI Daily 9.00 FILM: The Belles of St Trinian's (1954) (U) 9.45 FILM: Carry On Camping (1969) (PG) 10.40 FYI Daily 10.50 FILM: Carry On Camping (1969) (PG) 11.35 Inspector Morse 1.50 Rosemary & Thyme 2.00 Agatha Christie's Marple 5.00 Lewis 7.00 Midsomer Murders 11.00 Carry On Forever 12.00 Wycliffe 1.00 Merchlands 2.00 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY 116 FV 9

7.00 Britain's Outlaws, Highwaymen, Pirates and Rogues 8.00 She-Wolves: England's Early Queens 9.00 Follow the Money 11.00 Top of the Pops: 1983 12.15 People's History of Pop 1.15 Blues Americana 3.15 Sounds of the Eighties 3.45 Close

E4 SKY 136 FV 28

6.00 Made in Chelsea 6.45 Melissa & Joey 7.00 Young & Hungry 8.35 Baby Daddy 9.35 How I Met Your Mother 10.30 Young & Hungry 11.30 FILM: Step Up (2006) (PG) Romantic dance drama with Channing Tatum and Jenna Dewan. 1.30 The Goldbergs 3.00 Reckless 3.30 The Big Bang Theory 4.00 FILM: Mirror Mirror (2012) (PG) Fantasy starring Julia Roberts. 5.05 The Big Bang Theory 9 00 FILM: Red 2 (2013) (12) Action thriller sequel starring Bruce Willis. 11.10 Gogglebox 12.20 Celebs Go Dating 3.20 Marvel's Agents of SHIELD 4.00 Hollyoaks Final 5.00 Revenge

MDRE4 SKY 138 FV 14

6.55 Come Dine with Me 11.35 Location, Location, Location 12.30 Coast vs Country 1.40 Rivers with Jeremy Paxman 2.00 Four in a Bed 5.25 Come Dine with Me 6.00 Jurassic Wild: Greatest Sea Battle 9 00 Japan's Tsunami: Caught on Camera 10.25 Japan's Tsunami: How It Happened 12.30 8 Out of 10 Cats Does Countdown 1.35 Father Ted 2.40 Japan's Tsunami: How It Happened 3.35 Close

FILM4 SKY 315 FV 15

11.00 Casper (1995) (PG) Supernatural family comedy starring Christina Ricci. 1.00 Win Win (2011) (15) Comedy drama starring Paul Giamatti. 3.10 Ice Age: Continental Drift (2012) (U) An animated comedy sequel with the voice of Ray Romano. 4.55 Johnny English (2003) (PG) Spy comedy starring Rowan Atkinson. 6.40 Morning Glory (2010) (12) Comedy starring Rachel McAdams. 8.00 ANT: Alien vs Predator (2004) (15) Sci-fi thriller starring Sanaa Lathan. 10.45 Hush (2008) (15) British road thriller starring William Ash. 12.35 The Crazies (2010) (15) 2.30 Rec 3: Genesis (2012) (18) 4.00 Close

DAVE SKY 111 FV 12

7.10 Deadly 60 10.00 Top Gear 1.30 Motorway Cops 3.30 Storage Hunters UK 3.30 FILM: Robin Hood: Prince of Thieves (1991) (PG) Action adventure, starring Kevin Costner. 6.20 Gavin & Stacey 7 00 Not Going Out 9 00 Mock the Week 11.00 Alan Davies: As Yet Untitled 12 00 QI XL 1.00 Not Going Out 1.40 Alan Davies: As Yet Untitled 2.00 Parks and Recreation 3.30 Deadly 60 4.00 Close

DRAMA SKY 158 FV 20

7 10 Tenko 11.05 Sharpe 1.00 Tenko 6.00 One Foot in the Grave 6.30 A Fine Romance 7 00 Hetty Wainthropp Investigates 9.00 Missing Rune 0.00 Trapped 11.05 Walking the Dead 2.30 The Ruby in the Smoke 3.10 Hetty Wainthropp Investigates 4.00 Home Shopping

SKY1 SKY 106

6.00 Ninja Warrior 6.30 Futurama 6.15 Game Changers 8.45 The Fantasy Football Club 9.40 Soccer AM 11.30 Kong: Skull Island Special 12.00 Portrait Artist of the Year 2017 1.00 Modern Family 2.00 MacGyver 3 00 Gillette Soccer Saturday 4.00 Supergirl 7 00 The Flash 8.00 FILM: Star Wars: Episode III – Revenge of the Sith (2005) (12) Sci-fi adventure prequel starring Hayden Christensen 10.00 NCIS: Los Angeles 11.40 A League of Their Own 12.40 Duck Quacks Don't Echo 1.40 Prime 10/7 6.10 Ninja Warrior 5.35 Futurama

SKY ATLANTIC SKY 108

8.00 The West Wing 11.00 David Attenborough's Galapagos 2 00 Making Attenborough's Galapagos 5.00 Without a Trace 8.00 Blue Bloods 9.00 Game of Thrones 11.20 Last Week Tonight with John Oliver 11.55 Real Time with Bill Maher 1.00 High Maintenance 1.40 The Wire 2.50 Veep 4.00 Networks of Power with Stephen Meyer

W SKY 109

8.10 Beauty and the Beast 6.50 Million Dollar Listing 7.50 The Fall 12.50 EastEnders 3.20 FILM: Mr Stink, Family comedy starring Hugh Bonneville. 4.40 The Boy in the Dress 6.10 My Family 8.00 Inside the Ambulance 9.00 FILM: The Dukes of Hazzard (2005) (12) Comedy starring Seann William Scott and Johnny Knoxville. 11.00 Grimm 12.00 Outrumble 1.20 Almost Human 2.15 Bostons Finest 3.00 Home Shopping

GOLD SKY 110

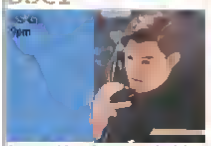
7 00 Cheers 8 00 Keeping Up Appearances 8.40 dinnerlad 10.00 Last of the Summer Wine 12.00 Boomers 12 45 Only Fools and Horses 4.00 FILM: Look Who's Talking (1989) (12) Comedy starring Kirstie Alley. 5.50 Only Fools and Horses 8.00 Men Behaving Badly 11 00 Rollin 11.40 Filthy, Rich and Catflap 12.20 Bottom Live 2.40 Bill Hicks: One Night Stand 3.15 Jam 4.00 Home Shopping

SKY SPORTS 1 SKY 401

8.00 Football League Gold 6.45 Premier League Review 7.10 Football Gold 7.40 Game Changers 8.15 Premier League Preview 8.45 The Fantasy Football Club 9.45 Soccer AM 11.30 Premier League Preview 12 00 Gillette Soccer Saturday 6.00 Live Under-20s Six Nations Rugby Union: England v Scotland (kick-off 5.15pm). 5.00 Rugby Gold 8.30 Nissan Game of the Day 10.30 Nissan Match Choice 11.30 Gary Neville: The Pundit 12.00 Premier League Highlights 1.30 Premier League Legends 2.00 Premier League Highlights 3.30 Premier League Legends 4.00 Premier League Highlights 5.30 Premier League Legends

Sunday March 12th

BBC1



DAYTIME

6.00 Breakfast (S) 7.40 Match of the Day (S)(R) 8.30 Match of the Day FA Cup Highlights (S)(R) 9.00 The Andrew Marr Show (S) 10.00 The Big Questions (S) 11.00 Sunday Politics (S) 12.15 Bargain Hunt (S)(R) 1.15 News (S) 1.30 Match of the Day Live: The FA Cup (S) 4.00 Escape to the Country (S)(R) 5.00 Songs of Praise (S) 5.35 BBC News (S) 5.50 News (S) 6.00 The Big Painting Challenge (S)

7

7.00 Countryfile Adam Henson presents clips from the Countryfile Archive. (S)

8

8.00 Call the Midwife Sister Julienne oversees the open ing of a family planning clinic. Last in the series. (S)

9

9.00 SS-GB The army imposes martial law and rounds up members of the resistance. (S)

10

10.00 BBC News (S)
10.20 BBC Regional News; Weather (S)
10.20 Match of the Day 2 Highlights of Liverpool v Burnley. (S)

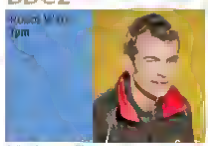
11

11.00 Would I Lie to You? With Ben Miller, Henning Wehn, Doon Mackichan and Alex Brooker. (S)(R)
11.20 American High School (S)

AFTER 12

12.20 The Celebrity Apprentice USA (S) 1.40 Weather for the Week Ahead (S) 1.45 BBC News (S)

BBC2



9.00 Countryfile (S)(R) 10.00 Saturday Kitchen Best Bites (S) 11.30 Nigel Slater s Dish of the Day (S)(R) 12.00 Simply Nigella (S)(R) 12.30 MOTD2 Extra (S) 1.15 Rivers with Griff Rhys Jones (S)(R) 2.20 FILM Shall We Dance? (2004) (12) (S) 4.00 The House That £100K Built (S)(R) 5.00 Back to the Land with Kate Humble (S)(R) 6.00 Six Nations Rugby Union (S)

7.00 Robot Wars Dara O Briain and Angela Scanlon present the second heat, as eight teams battle it out to win a single place in the grand final. (S)

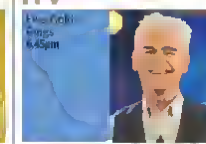
8.00 Top Gear Matt LeBlanc and Chris Harris go on a road trip across the US in convert ible supercars. (S)

9.00 Down the Mighty River with Steve Backshall The naturalist travels down the Rhine River in Germany from its source to the sea. (S)

10.00 FILM The Face of an Angel (2014) (15) Romantic, fact-based drama, with Daniel Brühl, Kate Beckinsale and Cara Delevingne. (S)

11.40 Women's Six Nations Highlights Action from the penultimate week of the championship. (S)

ITV



9.30 Countrywise Guide to Britain (S)(R) 10.00 Peston on Sunday (S) 10.55 Wild Australia with Ray Mears (S)(R) 11.25 Chopping Block (S)(R) 12.25 Who s Doing the Dishes? (S)(R) 1.25 ITV News (S) 1.30 The Voice UK (S)(R) 2.45 Little Big Shots (S)(R) 3.45 The Chase (S)(R) 4.45 Tipping Point (S)(R) 5.45 ITV Regional News (S) 6.00 ITV News (S) 6.15 Harry Hill s Alien Fun Capsule (S)(R) 6.45 Five Gold Rings (S)

2.45 The Voice UK Emma Willis hosts the final night of the five knock-out rounds. (S)

16.00 ITV News; Weather (S)
16.20 The Nightly Show Best Bits Highlights of the second week of the entertainment show. (S)
16.50 Peston on Sunday (S)(R)

11.50 Anglo-Welsh Cup Highlights Action from the semi-finals of the competition

12.40 Jackpot247 3.00 Chopping Block (S)(R) 3.50 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)

Channel 4

6.15 The King of Queens (S)(R) 7.30 Everybody Loves Raymond (S)(R) 8.25 Frasier (S)(R) 9.30 Sunday Brunch (S) 12.30 The Simpsons (S)(R) 1.30 FILM Cheaper By the Dozen (2003) (RG) (S) 3.20 George Clarke s Amazing Spaces (S)(R) 4.25 Location, Location, Location (S)(R) 5.30 Channel 4 News (S) 6.00 Celebs 2017 Live coverage of the final day of the dog show. Last in the series. (S)

8.30 The Jump Live Final The celebrities compete in the Snow Cross and Ski Cross events. (S)

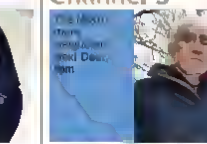
9.30 Homeland Carrie gets bad news, Saul makes a plan and Quinn accepts his situation. (S)

10.30 War Child Documentary following three child refugees from Afghanistan and Syria making a dangerous journey across Europe in the hope of finding sanctuary. (S)

11.40 Gogglebox Capturing the households instant reactions to what they are watching on TV from the comfort of their own sofas. (S)(R)

12.45 FILM Mama (2013) (15) Horror starring Jessica Chastain. (S)
2.25 The Last Leg (S)(R) 3.20 Phil Spencer: Secret Agent (S)(R) 4.15 Shipping Wars UK (S)(R) 4.55 Jamie s Comfort Food (S)(R) 5.05 Fifteen to One (S)(R)

Channel 5



6.00 Milkshake! 8.55 Teenage Mutant Ninja Turtles (S) 10.30 Football on 5: The Championship (S)(R) 11.20 Football on 5: Goal Rush (R) 11.50 The Gadget Show (S)(R) 12.50 FILM Gorillas in the Mist (1988) (12) (S) 3.20 Celebrity Carry on Barging (S)(R) 5.15 Cruising with Jane McDonald (S)(R) 6.10 Inside Windsor Castle Events that shaped the monarchy between 1952 and 1972. (R)

7.00 Inside Windsor Castle A look at 20 years in the life of the Queen and her family. Last in the series. (S)(R)

8.00 The Nightmare Neighbour Next Door A former soldier takes the law into his own hands. (S)(R)
8.55 5 News Weekend (S)

9.00 FILM The Equalizer (2014) (15) Premiere. Action thriller with Denzel Washington and Chloe Grace Moretz. Includes 5 News Update at 10pm. (S)

11.35 FILM Harry Brown (2009) (18) Crime thriller starring Michael Caine and Emily Mortimer. Edited to fit time slot. (S)

1.20 SuperCasino 3.10 Secrets of the National Trust with Alan Titchmarsh (S)(R) 4.00 Witches: A Century of Murder (S)(R) 4.50 House Doctor (S)(R) 5.15 Wildlife SOS (S)(R) 5.00 Angels of Jamm (S)(R) 5.50 Roary the Racing Car (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

8.00 Totally Pankers Guinness World Records 6.10 You ve Been Framed! Gold 6.30 Emmerdale 5.10 Coronat on Street 11.40 The Voice UK 1.00 2Awesome 2Awesome 1.00 2Awesome Guidance 1.40 2Awesome Feme High 2.00 2Awesome Th rd Wheel 2.30 2Awesome LA Story 2.80 You ve Been Framed! Gold 3.45 Ant & Dec s Saturday N ght Takeaway 5.20 FILM: Nanny McPhee (2005) (U) Period fantasy starring Emma Thompson. 8.20 FYI Daily 8.25 FILM: Nanny McPhee (2005) (U) Concluded. 7.10 FILM: Mr Bean s Holiday (2007) (PG) Comedy starring Rowan Atkinson. 9.15 FYI Daily 9.20 FILM: Mr Bean s Holiday (2007) (PG) Concluded. 9.00 It za Weekende. 10.00 Family Guy 11.30 Amer can Dad! 12.30 The Cleveland Show 1.25 It za Weekender 2.20 Telesh pp ng 5.50 ITV2 N ghtscreen

ITV3 SKY 119 FV 10

8.00 Inspector Morse 8.00 Heartbeat 10.05 Murder She Wrote 11.10 FILM: Blue Murder at St Trinian s (1957) (PG) 12.10 FYI Daily 11.15 FILM: Blue Murder at St Trinian s (1957) (PG) 1.00 A Touch of Frost 3.05 FILM: Carry On Up the Jungle (1970) (PG) Comedy starring Sid James. 4.00 FYI Daily 4.10 FILM: Carry On Up the Jungle (1970) (PG) Concluded. 5.00 Agatha Christie s Marple 7.00 Midsomer Murders 9.00 It ll Be Alright on the N ght 10.00 Carry On Forever 11.00 FILM: The Constant Gardener (2005) (15) Political thriller with Ralph Fiennes and Rachel We sz. 12.05 FYI Daily 12.10 FILM: The Constant Gardener (2005) (15) 1.30 Inspector Morse 3.20 Mny the Best House Win 8.05 On the Buses 8.30 ITV3 N ghtscreen

BBC4 SKY 116 FV 9

7.00 Revolution and Romance: Musical Masters of the 19th Century 8.00 Dazzling Duets at the BBC 9.00 FILM: The Lunchbox (2013) (PG) Prem ere. Romantic drama, starring Irrfan Khan and Nim rat Kaur. 10.50 Sound Waves: The Symphony of Physics 11.40 The Hedgehog Guide to Mers 12.00 Edwardian Insects on Film 0.40 Epitaphs and Bee s When Deris Hit Britain. Timeshift 2.40 Dazzling Duets at the BBC 3.40 Close

E4 SKY 136 FV 28

8.00 Made in Chelsea 8.50 Melissa & Joey 7.40 Baby Daddy 8.00 Hollyoaks 11.10 FILM: Planet 51 (2009) (U) Animated sci-fi comedy with the voice of Dwayne Johnson. 1.00 Brooklyn Nine-Nine 2.00 Black-ish 2.30 The Goldbergs 4.00 The Big Bang Theory 6.30 FILM: The Twilight Saga: Eclipse (2010) (12) Romantic fantasy sequel with Kristen Stewart and Robert Pattinson. 8.00 Marvel s Agents of SHIELD 10.00 FILM: Sleepy Hollow (1999) (15) Horror starring Johnny Depp. 12.05 Celebs Go Dating 1.10 Celebs Go Dating: The Finale 2.10 Marvel s Agents of SHIELD 3.00 Gap Year 3.50 Hollyoaks

MORE4 SKY 138 FV 14

8.00 Build ng the Dream 10.00 Walks with My Dog 11.00 Vet on the Hill 12.00 Come Dine with Me 2.40 Four n a Bed 5.20 Come Dine with Me 8.00 Nail Megastructu es 9.00 Father Ted 10.05 Man Down 11.05 24 Hours in A&E 12.10 Ramsay's Kitchen Nightmares USA 1.10 Man Down 2.10 Nail Megastructures 3.10 Food Unwrapped 3.40 Close

FILM4 SKY 315 FV 15

11.00 Escape from the Planet of the Apes (1971) (PG) Sci-fi adventure sequel starring Roddy McDowall. 1.00 Dunston Checks In (1996) (PG) 2.45 King Kong (1976) (PG) Fantasy adventure remake starring Jeff Bridges. 5.20 Carry On Regardless (1961) (U) Slapstick comedy starring Sid James. 7.20 Chronicle (2012) (12) Sci-fi thriller starring Dane DeHaan. 9.00 Mission: Impossible – Ghost Protocol (2011) (12) Action adventure sequel starring Tom Cruise. 11.35 High Crimes (2002) (15) Thriller starring Ashley Judd. 1.50 Magic Magic (2013) (15) 3.30 Close

OAVE SKY 111 FV: 12

7.30 Top Gear Patagon a Special 10.00 Steve Austin s Broken Skull Challenge 11.00 Traffic Cops 12.20 Jay Leno s Garage 2.20 Top Gear Patagon a Special 4.00 Soapbox Race 5.20 Top Gear Patagon a Special 6.00 Traffic Cops 8.00 How I Got a Fil More News for You 10.00 Q I XI 11.00 Dave Gorman: Modern Life Is Good 12.30 Crackanory 12.35 Mock the Week 1.10 Mock the Week: New Year s Eve Special 1.50 The Last Man on Earth 2.15 Alan Davies: As Yet Unt tled 3.05 Parks and Recreation 3.30 Crackanory 4.00 Close

ORAMA SKY 158 FV 20

7.00 Last Tango in Halifax 8.00 The Bill 12.00 Minnifield Park 4.00 Catherine Cookson s The Tide of Life 7.00 New Tricks 8.00 Silent Witness 11.10 Spooks 1.00 New Tricks 4.00 Home Shopping

SKY1 SKY 105

8.00 Hour of Power 7.00 Ninja Warrior 8.00 Futurama 9.00 Supergirl 10.00 The Flash 11.00 WWE Raw Hits 12.00 Futurama 1.30 Modern Family 8.00 The Simpsons 8.00 Wild Things 8.00 Hawaii Five-0 10.00 NCIS: Los Angeles 11.00 MacGyver 12.00 The Force. Essex 1.00 Stop. See ch, Se ze 2.00 Arrow 3.00 Air Ambulance: FR 3.50 Police 10/7

SKY ATLANTIC SKY: 108

8.00 The West Wing 11.00 Without a Trace 4.00 Blue Bloods 9.00 Fortitude 10.00 Ripper Street 11.10 FILM: Phil Spector (2013) (15) Fact-based drama starring Al Pacino and Helen Mirren. 1.00 The Wire 2.10 Veep 4.00 Nemesis of Reason with Sir Christopher Meyer

W SKY 109

8.00 Beauty and the Beast 8.50 Road Rescue 7.20 FILM: Mr Stink. 8.00 The Boy in the Dress 10.00 MasterChef USA 1.00 Dynamo: Magician Impossible 2.00 Doctor Who 4.00 My Family 8.00 Outnumbered 8.00 Honey I Bought the House 9.00 John Bishop: In Conversation with James Corden 10.00 Jonathan Creek 11.10 Carte Blanche 12.10 Outnumbered 12.50 The Honourable Woman 3.00 Home Shopping

GOLO SKY 110

7.00 Cheers 7.50 Friends 8.05 The Two Ronnies 10.00 Boomers 10.35 One Foot in the Grave 12.00 Only Fools and Horses 2.00 FILM: Look Who s Talking (1989) (12) Comedy starring Kirstie Alley. 3.50 Only Fools and Horses 8.05 Mrs Browning Sadly 11.00 The Thick of It 11.40 Psychoville 2 12.20 Timmy s Show 1.00 House of Fools 3.10 Yes, Prime Minister 4.00 Home Shopping

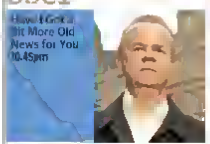
SKY SPORTS 1 SKY: 401

5.00 Premiere League Legends 8.30 Premiere League Highlights 9.00 The Sunday Supplement 10.00 Goals on Sunday 11.30 Live SPFL Football: Celtic v Rangers (kick-off 12.00pm) 2.30 Fight Night 3.30 Live Nissan Super Sunday: Liverpool v Burnley (kick-off 4.00pm). 6.30 SPFL Highlights 7.00 Football Gold 7.30 Live La Liga Football: Real Madrid v Real Betis (kick-off 7.45pm). 10.00 Premier League Highlights 10.30 Goals on Sunday 11.00 Premier League Highlights 12.30 SPFL Highlights 1.00 Goals on Sunday 2.30 Premier League Years 4.30 Premier League Highlights 5.00 SPFL Highlights 5.30 Premier League 100 Club

Monday March 13th

DAYTIME

BBC1



10 00 Homes Under the Hammer (S) (R) **11 00 Pupitives** (S) **11 45 Dom on the Spot** (S) **12 15 Bargain Hunt** (S) **1.00 BBC News at One Weather** (S) **1 30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **2 15 Escape to the Country** (S)(R) **2 45 A Service of Celebration for Commonwealth Day** (S) **4.15 Flog It!** (S)(R) **5.15 Pointless** (S) **6.00 BBC News** (S) **6 30 BBC News** (S)

7 00 The One Show Hosted by Matt Baker (S)
7 30 Match of the Day Live The FA Cup Chelsea v Manchester United (kick-off 7.45pm) (S)

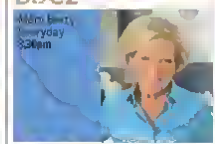
8.00 University Challenge The quarter-final matches continue (S)
8.30 Mary Berry Everyday Crowd-pleasing dishes. (S)
9.00 Meet the Lords The House becomes the centre of attention as the Lords vote on Brexit. Last in the series. (S)

10 00 BBC News at Ten (S)
10 30 BBC Regional News (S)
10 45 Have I Got a Bit More Old News for You Tracey Ullman hosts with the Rev R chard Coles and Clive Myrie. (S)(R)

11.30 Live at the Apollo With Sean Lock, Romesh Ranganathan and Marcus Brigstocke..(S)(R)

12.15 Line of Duty (S)(R) **1 15** Line of Duty (S)(R) **2 15** Weather for the Week Ahead (S) **2.20** BBC News (S)

BBC2



8.00 Sign Zone The Great Interior Design Challenge (S)(R) **8 00 Victoria Derbyshire** (S) **11 00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1.00 Women's Six Nations Highlights** (S)(R) **1 30 Beat the Brain** (R) **2.00 Building Dream Homes** (S)(R) **2 30 Channel Retrol** (S)(R) **3.15 Australia with Simon Reeve** (S)(R) **4 15 The Hunt** (S) (R) **5.15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6.30 Top Gear** (S)(R)

7 30 The Hairy Bikers' Comfort Food Dishes made using produce from Cumbria. (S)

8.00 The Kyle Files Jeremy Kyle investigates the dangers of a night out in Britain. (S)
R 30 Coronation Street Nathan does his best to charm Sarah. (S)

9.00 Broadchurch Hardy and Ellie appeal to Trish to be more open with them (S)

11 10 Weather (S)
12 15 Down the Mighty River with **Steve Backshall** (S)(R)

12.15 Incredible Medicine Dr Weston's Casebook (S)(R) **1.15** Sign Zone Maisie A Guilty as Charged?—Panorama (S)(R) **1 50** Countryfile (S)(R) **2.45** Who Do You Think You Are? (S)(R) **3.45** This Is BBC Two (S)

ITV

6 00 Good Morning Britain (S) **8.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S) **10 30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News; Weather** (S) **1 55 ITV Regional News; Weather** (S) **2.00 Judge Rinder** (S)(R) **3.00 Dickinson's Real Deal** (S)(R) **3 59 ITV Weather** (S) **4.00 Tipping Point** (S) **5 00 The Chase** (S) **6.00 ITV Regional News; Weather** (S) **6.30 ITV Evening News** (S)

7.00 Emmerdale Laurel discovers that Ashley is not eating properly. (S)
7.30 Coronation Street Bethany gives a false statement. (S)

8.00 The Kyle Files Jeremy Kyle investigates the dangers of a night out in Britain. (S)
R 30 Coronation Street Nathan does his best to charm Sarah. (S)

9.00 Broadchurch Hardy and Ellie appeal to Trish to be more open with them (S)

10.00 The Nightly Show with Davina McCall Topical monologue studio games and celebrity guests. (S)
10.30 ITV News; Weather (S)

11.00 ITV Regional News; Weather (S)
11 15 The Chase Bradley Walsh presents. (S)(R)

12.15 The Nightly Show with Davina McCall (S)(R) **12.40** Jackpot247 **3.00** The Jeremy Kyle Show (S)(R) **3.50 ITV News Summary 5 05** The Jeremy Kyle Show (S)(R)

Channel 4

R 00 Everybody Loves Raymond (S) (R) **8 05 Fraser** (S)(R) **10 05 Undercover Boss USA** (S)(R) **11 00 Ramsay's Kitchen Nightmares USA** (S)(R) **12 00 Channel 4 News** (S) **12 05 A New Life in the Sun** (S)(R) **1 05 Posh Pawn** (S)(R) **2 10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 Sun Sea and Selling Houses** (S) **5.00 Couples Come Dine with Me** (S) **6.00 The Simpsons** (S)(R) **8 30 Hollyoaks** (S)

7 00 Channel 4 News (S)
7 55 The Political Slot John Swinney discusses the SNP's record over the past 10 years. (S)

8.00 Brexit: Crisis on the Wards – Channel 4 Dispatches The impact of Brexit on Britain's health service. (S)
8 30 Food Unwrapped (S)(R)

9 00 24 Hours in A&E A 40-year-old man injured in a bike crash may require emergency surgery and a 40-year-old is admitted to A&E after his heart rate more than doubled in an hour. (S)

10.00 How'd You Get So Rich? Katherine Ryan meets a 10-year-old girl who made her first million by the age of six. (S)
10 50 Tattoo Fixers (S)

11.50 Gap Year The girls volunteer at a Vietnamese orphanage..(S)

12 50 A Very British Hotel (S)(R) **1 45 Extremely British Muslims** (S)(R) **2 00 Escape to the Wild** (S)(R) **3 35 Building the Dream** (S) **4 35 Fern in a Bed** (S)(R) **4.55 Jamie's Comfort Food** (S)(R) **5.05 Phil Spencer: Secret Agent** (S)(R)

Channel 5

6.00 Milkshake! 9 15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12 10 5 News Lunchtime** (S) **12 15 Nightmare Tenants, Slum Landlords Revisited** (S)(R) **1 15 Home and Away** (S) **1.45 Neighbours** (S) **2 15 NCIS** (S)(R) **3 15 FILM: Driven Underground (2015)** (12) (S) **5.00 5 News at 5** (S) **5 30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 FIA World Rally Championship Highlights The Rally Mexico Action from the high-octane competition. (S) **5 News** (S)

8.00 Naughty Dogs Make You Laugh Out Loud Compilation of internet videos featuring dogs (S) **5 News Update** (S)

9.00 Inside King's Cross: The Railway The fire brigade is called when a woman falls between a platform and a departing train. (S)

10 00 OJ Simpson: Rich and Acquitted New series. Documentary exploring the stories of famous people who were tried for serious crimes and found not guilty. (S)

11 05 FILM: Sabotage (2014) (15) Action thriller with Arnold Schwarzenegger and Sam Worthington (S)

1.05 SuperCasino 3.10 GPs: Behind Closed Doors (S)(R) **4.00 How That's Funny!** (S)(R) **4.45 House Doctor** (S)(R) **5.10 Divine Designs** (S)(R) **5.35 Wildlife SOS** (S)(R)

EARLY

12.15 Line of Duty (S)(R) **1 15** Line of Duty (S)(R) **2 15** Weather for the Week Ahead (S) **2.20** BBC News (S)

12.15 Incredible Medicine Dr Weston's Casebook (S)(R) **1.15** Sign Zone Maisie A Guilty as Charged?—Panorama (S)(R) **1 50** Countryfile (S)(R) **2.45** Who Do You Think You Are? (S)(R) **3.45** This Is BBC Two (S)

12.15 The Nightly Show with Davina McCall (S)(R) **12.40** Jackpot247 **3.00** The Jeremy Kyle Show (S)(R) **3.50 ITV News Summary 5 05** The Jeremy Kyle Show (S)(R)

12 50 A Very British Hotel (S)(R) **1 45 Extremely British Muslims** (S)(R) **2 00 Escape to the Wild** (S)(R) **3 35 Building the Dream** (S) **4 35 Fern in a Bed** (S)(R) **4.55 Jamie's Comfort Food** (S)(R) **5.05 Phil Spencer: Secret Agent** (S)(R)

1.05 SuperCasino 3.10 GPs: Behind Closed Doors (S)(R) **4.00 How That's Funny!** (S)(R) **4.45 House Doctor** (S)(R) **5.10 Divine Designs** (S)(R) **5.35 Wildlife SOS** (S)(R)

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Winner of Best in Witney 2016 Lunch/Sandwich category

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DIGITAL

ITV2 SKY 118 FV 6

8.00 You've Been Framed! Gold **8.25** Who's Doing the Dishes? **9.15** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** Coronation Street **9.30** Psych **10.25** Scorpion **11.20** Who's Doing the Dishes? **12.25** Emmerdale **11.05** Coronation Street **2.00** The Ellen DeGeneres Show **2.00** The Jeremy Kyle Show **5.00** Judge Rinder **6 00** You've Been Framed! Gold **6.30** You've been Framed! Gold **7 00** You've Been Framed! Gold **8.00** Terr and a Half Men **9.00** Family Guy **9.30** The Great Indoors **10.00** American Dad **11.00** Family Guy **11.55** The Cleveland Show **11.55** Two and a Half Men **1.25** The Great Indoors **1.50** Totally Bonkers Guinness World Records **2.20** Teleshopping **5.50** ITV2 Nightscreen

ITV3 SKY 119 FV 10

8.00 You're Only Young Twice **6.25** Heartbeat **7 25** Where the Heart Is **8.30** The Royal **9.30** Judge Judy **10 50** Inspector Morse **1.05** Heartbeat **2 10** The Royal **3.10** Where the Heart Is **4.20** You're Only Young Twice **4.50** Doctor at Large **5.20** On the Buses **5.50** Heartbeat **7.00** Murder She Wrote **8.00** Doc Martin **9.00** Foyle's War **11.00** Killer Women with Piers Morgan **12.00** Inspector Morse **2.05** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 116 FV 9

7.00 100 Days Weather **7.30** Reel History of Britain **8.00** The Big Painting Challenge **9 00** Britain in Focus A Photographic History **10.00** Storyville Murder in Italy **11.25** Bread, Britain's Biggest Deal **11.25** Oceans **1.25** Art of Chess **2.25** Britain in Focus. A Photographic History **3.25** Close

E4 SKY 136 FV 28

5 00 Baby Daddy **10.00** Charmed **11.00** How I Met Your Mother **1.00** The Goldbergs **2.00** The Big Bang Theory **3.00** How I Met Your Mother **4.00** Last Man Standing **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** New Girl **8.00** The Big Bang Theory **9.00** FILM: The Hunger Games (2012) (12) **11.45** First Dates Abroad **12.45** First Dates Hotel **1.50** Celebs Go Dating **2.45** Rude Tube **3.35** Rules of Engagement **4.00** New **5 00** Charmed

MORE4 SKY 138 FV 14

8.50 Car SOS **9.55** Come Dine with Me **11.30** A Place in the Sun: Home or Away **2.45** Time Team **4.50** Penelope Keith's Hidden Villages **8.55** Car SOS **8.00** The Supervet **7.40** Grand Designs **5.00** Vet on the Hill **10.00** Britain's Benefit Tenants **11.05** 24 Hours in A&E **11.05** Ramsay's Kitchen Nightmares USA **1.05** Vet on the Hill **2.05** 24 Hours in A&E **3.10** 8 Out of 10 Cats Uncut **3.55** Close

FILM4 SKY 315 FV 15

11.00 The Mark of Zorro (1940) (U) **12.50** Terror in a Texas Town (1954) (PG) **2.30** River of No Return (1954) (PG) **4.20** White Feather (1955) (U) **6.20** The Core (2003) (12) **8 00** Commando (1945) (18) **10.00** Men on Fire (2004) (18) **1.40** Away We Go (2009) (15) **3.40** Close

DAVE SKY 111 FV 12

7 10 Ice Road Truckers **8.00** Home Shopping **8.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** Qi **3.20** Would I Lie to You? **4 00** Top Gear **5.00** The Best of Top Gear **6.00** Top Gear **7.00** American Pickers **8.00** Room 101 **9.20** Mock the Week: New Year's Eve Special **10 00** Qi XL **12 00** Mock the Week **12.25** Qi **1.00** Live Last Man on Earth **2.00** Alan Davies: As Yet Untitled **3.00** Parks and Recreation **4.00** Close

DRAMA SKY 158 FV 20

7 00 Last Tango in Halifax **8.00** Pie in the Sky **9.00** Religion: **10.00** All Creatures Great and Small **11.00** The Fall **1.00** As Time Goes By **1 40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Boon **4.00** Bergerac **5.00** All Creatures Great and Small **6.00** Some Mothers Do 'Ave 'Em **6.40** Last of the Summer Wine **7.20** As Time Goes By **9.00** Inspector Alleyn Mysteries **10.00** New Tricks **11.10** Delia's Pasoos **1.20** Pie in the Sky **2.20** Last Tango in Halifax **3.25** Birds of a Feather **4.00** Home Shopping

SKY1 SKY 106

8.00 Raven's Eye **8.00** Police 10/7 **5.00** Animal House **10.00** Nothing to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** Road Wars **4.00** Futurama **4.30** Modern Family **8.30** Futurama **6.30** The Simpsons **8.00** FILM: Star Wars: Episode IV – A New Hope (1977) (U) **10.20** The Blacklist **11.20** The Force. Essex **11.30** Road Wars **1.20** Stop, Search, Seize **2.10** NCIS: Los Angeles **3.26** Brit Cops: Frontline Crime UK **4.10** Wild Vets **4.40** Animal House **5.30** Futurama

SKY ATLANTIC SKY 108

8.00 Storm City **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Urban Secrets **3 00** The West Wing **5.00** House **6.00** Without a Trace **8.00** Blue Bloods **9.00** Big Little Lies **10.00** Girls **10.35** Last Week Tonight with John Oliver **11.10** Big Little Lies **12.20** The Knitting Instinct **2.30** Girls **3.05** Veep **4.15** Storm City

W SKY 109

8.10 Beauty and the Beast **7.00** MasterChef USA **8.00** Extreme Makeover: Home Edition **9 00** Supernanny **12.00** The Bill **11.00** Tipping Point **7 00** Wanted in Paradise **8.00** Honey I Bought the House **9.00** Sex, Stags & Prejudice: Stacey Dooley Investigates **10 00** Stacey Dooley in the USA: Kids in the Crossfire **11.00** Russell Howard's Good News **11.40** The Call Centre Christmas **12.50** The Unremarkable Woman **3.00** Home Shopping

GOLD SKY 110

8.00 One Foot in the Grave **8.00** The Brittas Empire **10.00** Sorry! **10.40** Only Fools and Horses **12.40** My Family **1.20** Keeping Up Appearances **2.45** The Brittas Empire **4.05** Last of the Summer Wine **8.00** My Family **8.40** Keeping Up Appearances **9 05** Gavin & Stacey **9.25** The Royle Family **10 40** Grime & Grime Genuine **12.00** Gavin & Stacey **1.15** Poop Show **1.50** Yes Prime Minister **2.35** Shoot Not Stars **4.00** Home Shopping

SKY SPORTS 1 SKY 401

10.00 Premier League Years **12.00** Premier League Highlights **12.30** SPFL Highlights **1.00** Goals on Sunday **2.30** Premier League Legends **3.00** Spanish Football Gold **3.30** SPFL Highlights **4.00** Premier League Highlights **4.30** SPFL Highlights **5.00** Premier League Highlights **5.30** Premier League 100 Club **6.00** Football Gold **6.30** SPFL Highlights **6.40** Premier League Highlights **7.10** Soccer AM: The Best Bits **7 40** Live Darnell Rank Premiership **8.40** Premier League Review **10.45** Soccer AM: The Best Bits **11.15** Premier League Legends **11.45** Premier League Review **12.45** Scottish Football Round-Up **1.00** Soccer AM: The Best Bits **1.30** Scottish Football Round-Up **1.45** Premier League 100 Club **2.10** Soccer AM: The Best Bits **2.40** Premier League Legends **3.10** Scottish Football Round-Up

Tuesday March 14th

BBC1

DAYTIME

5.15 The Housing Enforcers (S) 10.00 Homes Under the Hammer (S) 11.00 Fugitives (S) 11.45 Dom on the Spot (S) 12.15 Bargain Hunt (S)(R) 1.00 BBC News at One; Weather (S) 1.30 BBC Regional News (S) 1.45 Doctors (S) 2.15 The Doctor Blake Mysteries (S)(R) 3.15 Escape to the Country (S) (R) 3.45 Money for Nothing (S) 4.30 Flog It! (S) 5.15 Pointless (S) 6.00 BBC News (S) 6.30 BBC News (S)

7

7.00 The One Show (S)
7.30 EastEnders Tina is forced to take Sylvie to work (S) BBC News, Regional News (S)

8

8.00 Holby City Dominic's trust in Isaac is rocked when a patient they both know is abandoned at the hospital having overdosed (S)

9

9.00 The Replacement After Paula confesses her secret Ellen thinks she has the proof she needs, but the rest of the office turns against her and she is forced to leave for good. Last in the series.

10

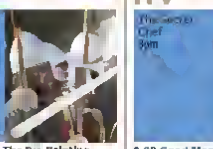
10.00 BBC News at Ten (S)
10.30 BBC Regional News and Weather (S) National Lottery Update (S)
10.45 Imagine – Bette Midler: The Divine Miss M (S)(R)

11

AFTER 12

12.00 The Big Painting Challenge (S)(R) 1.00 Line of Duty (S)(R) 2.00 Weather for the Week Ahead (S) 2.05 BBC News (S)

BBC2



6.00 Sign Zone The Big Painting Challenge (S)(R) 9.00 Victoria Derbyshire (S) 11.00 BBC Newsroom Live (S) 12.00 Daily Politics (S) 1.00 The Super League Show 1.50 Countryfile (R) 3.00 Building Dream Homes (S)(R) 2.30 Channel Patrol (R) 3.15 Australia with Simon Reeve (R) 4.15 The Hunt (S)(R) 5.15 Bargain Hunt (S)(R) 6.00 Eggheads (S) 6.30 The Hairy Bikers' Comfort Food (S)

7.00 The Best of British Takeaways New series. Tom Kerridge and Cherry Healey celebrate the UK's favourite takeaways. (S)

8.00 Back to the Land with Kate Humble The presenter is in South Devon to meet cider makers. (S)

9.00 1066: A Year to Conquer England Duke William leads his invasion fleet across the Channel. Last in the series. (S)

10.00 Inside No 9 A couple's world is changed by a seemingly chance find in a local street. (S)
10.30 Newsnight (S)

11.10 Weather (S)
11.15 The Secrets of Your Food (S)(R)

12.15 Meet the Lords (S)(R) 1.15 Sign Zone. SAS: Rogue Warriors (S)(R) 2.15 Further Back in Time for Dinner (S)(R) 3.15 Royal Recipes (S)(R) 4.00 This Is BBC Two (S)

ITV

6.00 Good Morning Britain (S) 9.30 Lorraine (S) 9.25 The Jeremy Kyle Show (S) 10.30 This Morning (S) 12.30 ITV Lunchtime News; Weather (S) 12.55 ITV Regional News; Weather (S) 1.00 ITV Racing: Cheltenham Festival (S) 4.30 Celebrity Home Secrets (S)(R) 5.00 The Chase Quiz show, hosted by Bradley Walsh. (S) 6.00 ITV Regional News; Weather (S) 6.30 ITV Evening News; Weather (S)

7.00 Emmerdale Gabby goes off the rails. (S)
7.30 Britain's Busiest Motorway (S)

8.00 The Secret Chef Mum-of-two Lucy is a good parent but a hopeless cook so she takes a crash course with top chef Paul Merrett. (S)

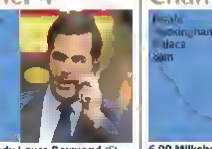
9.00 Play to the Whistle With guests including Sam Quek, Jake Humphrey and Rob Beckett. (S)

10.00 The Nightly Show with Danny McCall Topical monologue, studio games and celebrity guests. (S)
10.30 ITV News; Weather (S)

11.00 ITV Regional News; Weather (S)
11.35 Prime Suspect 1973 (S)(R)

12.35 The Nightly Show with Davina McCall (S)(R) 12.40 Jackpot247 3.00 The Jeremy Kyle Show USA (S)(R) 3.40 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)

Channel 4



6.00 Everybody Loves Raymond (S)(R) 8.05 Frasier (S)(R) 10.05 Undercover Boss USA (S)(R) 11.00 Ramsay's Kitchen Nightmares USA (S)(R) 12.00 Channel 4 News (S) 12.05 A New Life in the Sun (S)(R) 1.05 Posh Pawn (S)(R) 2.10 Countdown (S) 3.00 Fifteen to One (S) 4.00 Sun, Sea and Selling Houses (S) 5.00 Couples Come Dine with Me (S) 6.00 The Simpsons (S)(R) 6.30 Hollyoaks (S)

7.00 Channel 4 News (S)
7.55 The Political Slot The Liberal Democrats' view on the UK leaving Europe. (S)

8.00 The Secret Life of the Zoo A new female chimp arrives at Chester Zoo. (S)

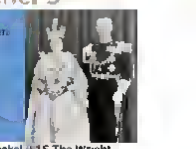
9.00 Mutiny Tensions rise as the eight remaining men leave their paradise island to face the most challenging leg of the journey so far. (S)

10.00 Catastrophe Rob and Sharon receive bad news from the estate agent. (S)
10.35 This Is Us (S)

11.35 Gogglebox The households' opinions on recent TV. (S)(R)

12.30 Ramsay's Kitchen Nightmares USA (S)(R) 1.30 KOTV Boxing Weekly (S) 1.50 Gillette World Sport (S) 2.15 Mobil 1 The Grid (S)(R) 2.45 Building the Dream (S) 3.40 Phil Spencer: Secret Agent (S)(R) 4.35 Four in a Bed (S)(R) 5.05 Fifteen to One (S)(R)

Channel 5



6.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) 12.10 S News Lunchtime (S) 13.15 The Great British Benefits Handout (S)(R) 1.15 Home and Away (S) 1.45 Neighbours (S) 3.30 NCIS: Los Angeles (S)(R) 3.20 FILM Stranger in the House (2016) (PG) (S) 5.00 S News at 5 (S) 5.30 Neighbours (S)(R) 6.00 Home and Away (S)(R) 6.30 S News Tonight (S)

7.00 Inside King's Cross: The Railway The fire brigade is called when a woman falls between a platform and a departing train. (S)(R) S News

8.00 Inside Buckingham Palace Part one of two. A look behind-the-scenes at Buckingham Palace to find out what life is like beyond its grand exterior. (S)(R) S News

9.00 Secrets of the National Trust with Alan Titchmarsh Alan reveals the secrets of the Cistercian monks. Last in the series. (S)

10.00 Cleopatra's Dangerous Liaisons Revealing the truth behind the myth of the iconic Egyptian ruler, looking at why her name still resonates through the centuries. (S)(R)

12.05 Secrets of the Egyptian Pyramids (S)(R) 1.00 SuperCasino 3.10 Climbing the Property Ladder (S) (R) 4.00 Now That's Funny! (S)(R) 4.45 House Doctor (S)(R) 5.10 Divine Designs (S)(R) 5.35 Wildlife SOS (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

6.00 You've Been Framed! Gold 6.25 Who's Doing the Dishes? 7.10 The Ellen DeGeneres Show 8.00 Emmerdale 8.30 Coronation Street 9.35 Psych 10.30 Scorpion 12.25 Who's Doing the Dishes? 12.35 Emmerdale 12.55 Coronation Street 3.00 The Ellen DeGeneres Show 3.50 The Jeremy Kyle Show 5.00 Judge Judy 6.00 You've Been Framed! Gold 6.00 Two and a Half Men 5.00 Hell's Kitchen USA 10.05 Pickle 10.30 Family Guy 11.30 American Dad! 12.55 The Vampire Diaries 12.50 American Dad! 1.15 Totally Bonkers Guinness World Records 2.30 Teleshopping 5.00 ITV2 Nightscreen

ITV3 SKY 119 FV 10

6.00 You're Only Young Twice 8.15 Heartbeat 7.25 Where the Heart Is 8.30 The Royal 9.30 Judge Judy 10.55 Inspector Morse 1.05 Heartbeat 2.10 The Royal 3.15 Where the Heart Is 4.20 You're Only Young Twice 4.55 Doctor in Love 5.25 On the Buses 5.55 Heartbeat 7.00 Murder She Wrote 8.00 Midsomer Murders 10.00 A Touch of Frost 12.10 Inspector Morse 2.15 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY 116 FV 9

7.00 100 Days, Weather 7.30 Wild Nature 8.00 Timewatch: WWI Aces Falling 9.00 Natural World 10.00 The Bridges That Built London with Dan Cruickshank 11.00 Calculating Ada: The Countess of Computing 12.00 A Day in the Life of Andy Warhol 1.00 Al Murray's Great British Spy Movies 2.00 Ancient Greece: The Greatest Show on Earth 3.00 The Bridges That Built London with Dan Cruickshank 4.00 Close

E4 SKY 136 FV 28

7.35 Hollyoaks 8.00 Rules of Engagement 9.00 Baby Daddy 10.00 Charmed 12.00 How I Met Your Mother 1.00 The Goldbergs 2.00 The Big Bang Theory 3.00 How I Met Your Mother 4.00 Last Man Standing 5.00 The Goldbergs 6.00 The Big Bang Theory 7.00 Hollyoaks 7.30 New Girl 8.00 The Goldbergs 8.30 Black-ish 9.00 Tattoo Fixers 10.00 Bizarre ER 11.05 The Big Bang Theory 12.00 First Dates Hotel 1.05 Celebs Go Dating 2.05 Tattoo Fixers 3.00 Bizarre ER 3.00 The Goldbergs 4.15 Black-ish 4.35 New Girl

MORE4 SKY 138 FV 14

6.55 Cha SOS 8.55 Comm Dune with Mr 12.35 A Prince in the Sun: Home or Away 2.45 Time Team 4.55 Penelope Keith's Hidden Villages 8.00 Cat SOS 8.00 The Supervet 7.00 Grand Designs 8.00 Homes by the Mind 10.00 Millionaires' Mansions: Designing Britain's Most Exclusive Homes 11.00 8 Out of 10 Cats Does Countdown 12.05 Big Fat Gypsy Weddings 1.10 Homes by the Mind 2.10 Millionaires' Mansions: Designing Britain's Most Exclusive Homes 3.15 8 Out of 10 Cats Does Countdown 4.00 Close

FILM4 SKY 315 FV: 15

11.00 The Rare Breed (1966) (U) 1.00 Earth vs the Flying Saucers (1956) (U) 2.40 The Sheriff of Fractured Jaw (1958) (U) 4.40 Legend of the Lost (1957) (U) 6.55 Brewster's Millions (1985) (PG) 8.40 Die Hard (1988) (18) 11.40 Fast & Furious 5 (2011) (12) 2.10 Red Sorghum (1987) (15) 4.00 Close

DAVE SKY 111 FV: 12

7.10 Ice Road Truckers 8.00 Home Shopping 9.10 American Pickers 8.00 Storage Hunters 10.00 American Pickers 12.00 Top Gear 3.00 QI 3.20 Would I Lie to You? 4.00 Top Gear 7.00 American Pickers 8.00 Scrappers 8.30 Brain There Dump That 9.00 QI XL 10.00 Alan Davies: As Yet Untitled 11.00 Mock the Week 12.30 QI 1.00 The Last Man on Earth 3.00 Alan Davies: As Yet Untitled 3.00 Parks and Recreation 4.00 Close

DRAMA SKY 158 FV 20

8.00 Bergerac 10.00 All Creatures Great and Small 11.00 The Bill 1.00 As Time Goes By 1.40 Some Mothers Do 'Ave 'Em 2.20 Birds of a Feather 3.00 Boon 4.00 Bergerac 5.00 All Creatures Great and Small 8.00 Some Mothers Do 'Ave 'Em 8.40 Last of the Summer Wine 7.20 As Time Goes By 8.00 The Inspector Lynley Mysteries 10.00 New Tricks 11.15 Dalziel & Pascoe 1.20 Pie in the Sky 3.20 Last Tango in Halifax 3.20 Birds of a Feather 4.00 Home Shopping

SKY1 SKY: 106

5.00 Hawaii Five-0 8.00 Police 10/7 9.00 Animal House 10.00 Nothing to Declare 11.00 A Town Called Eureka 12.00 NCIS: Los Angeles 1.00 Hawaii Five-0 3.00 Road Wars 4.00 Futurama 4.30 Modern Family 6.30 Futurama 6.30 The Simpsons 8.00 Supergirl 9.00 The Flash 10.00 Hawaii Five-0 11.00 A League of Their Own 12.00 The Force: Essex 1.00 Road Wars 3.00 NCIS: Los Angeles 3.00 Police 10/7 3.30 Wild Versus 4.30 Animal House 5.30 Futurama

SKY ATLANTIC SKY: 108

6.00 Storm City 7.00 Networks of Power with Sir Christopher Meyer 8.00 The West Wing 10.00 House 11.00 Without a Trace 1.00 Blue Bloods 2.00 Urban Secrets 3.00 The West Wing 5.00 House 8.00 Without a Trace 8.00 Blue Bloods 9.00 Billions 10.15 Crashing 10.55 Drunk Stoned Brilliant Dead: The Story of the National Lampoon 12.45 Blue Bloods 1.45 Billions 2.55 The Wire 4.05 Storm City 5.05 Networks of Power with Sir Christopher Meyer

W SKY 109

6.10 Beauty and the Beast 7.00 MasterChef USA 8.00 Extreme Makeover: Home Edition 9.00 Supernanny 10.00 The Bill 11.00 Tipping Point 1.00 Wanted in Paradise 2.00 Masterchef USA 3.00 Who Do You Think You Are? USA 4.00 Supernanny 8.00 My Dream Home 6.00 Tipping Point 7.00 Wanted in Paradise 8.00 John Torode's Malaysian Adventure 9.00 Grimm 10.00 EastEnders 10.40 Russell Howard's Good News 11.20 Don't Tell the Bride USA 12.20 EastEnders 1.00 The Homewrecker Women 3.00 Home Shopping

GOLD SKY: 110

7.00 Cheers 8.00 Dad's Army 9.00 Only Fools and Horses 10.00 Sorry! 10.40 Last of the Summer Wine 11.40 My Family 12.20 Keeping Up Appearances 2.40 The Brittas Empire 4.00 Last of the Summer Wine 6.00 My Family 6.40 Keeping Up Appearances 7.25 Only Fools and Horses 8.30 Fawlty Towers 12.25 Only Fools and Horses 12.00 The Trip to Italy 12.40 Peep Show 1.10 Fawlty Towers 2.30 Showing Stars 4.55 Home Shopping

SKY SPORTS 1 SKY: 401

6.00 Football Gold 7.00 WWE Smackdown Hits 8.00 Premier League Review 9.00 Football Gold 5.30 Soccer AM: The Best Hits 10.00 Football Gold 12.00 Premier League Review 12.00 Fight Night 2.00 Fight Night International 4.00 Premier League Review 5.00 Premier League 100 Club 6.00 Premier League Review 7.00 Scottish Football Round-Up 7.15 Football Gold 7.30 Gillette Soccer Spiecial 10.00 La Liga World 10.30 Scottish Football Round-Up 10.45 Football Gold 11.00 Premier League Review 11.00 Premier League 100 Club 12.30 La Liga World 1.00 Sky Sports Boxing Gold 1.30 Darts Gold 3.00 Premier League Years 4.00 Premier League Review

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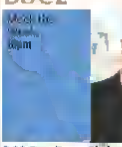
Wednesday March 15th

BBC1

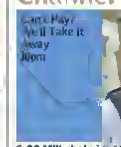
BBC2



ITV

Channel 4

Channel 5



DAYTIME

9.15 The Housing Enforcers (S) **10.00** Homes Under the Hammer (S)(R) **11.00** Fugitive (S) **11.45** Dom on the Spot (S) **12.15** Bargain Hunt (S)(R) **1.00** News (S) **1.30** Regional News (S) **1.45** Doctors (S) **2.15** The Doctor Blake Mysteries (S)(R) **3.15** Escape to the Country (S)(R) **3.45** Money for Nothing (S) **4.30** Flog It! (S) **5.15** Pointless (S) **6.00** News (S) **6.30** News (S) **6.55** Party Political Broadcast (R)

8.00 Sign Zone: Sicily Wonder of the Mediterranean (S)(R) **9.00** Victoria Derbyshire (S) **11.00** BBC Newsroom Live (S) **11.30** Daily Politics (S) **1.00** Two Tribes (S)(R) **1.30** Beat the Brain (S)(R) **2.00** Building Dream Homes (S)(R) **2.30** Channel Patrol (S)(R) **3.15** Australia with Simon Reeve (S)(R) **4.15** The Hunt (S)(R) **5.15** Bargain Hunt (S)(R) **6.00** Eggheads (S) **6.30** The Hairy Bikers' Comfort Food (S)(R)

6.00 Good Morning Britain (S) **9.30** Lorraine (S) **9.25** The Jeremy Kyle Show (S)(R) **10.30** This Morning (S) **12.30** ITV Lunchtime News Weather (S) **12.55** ITV Regional News, Weather (S) **1.00** ITV Racing Live: Cheltenham Festival (S) **4.30** Celebrity Home Secrets (S)(R) **5.00** The Chase (S) **6.00** ITV Regional News; Weather (S) **6.25** Party Political Broadcast (S) **6.30** ITV Evening News; Weather (S)

8.00 Everybody Loves Raymond (S)(R) **9.05** Frasier (S)(R) **10.05** Undercover Boss USA (S)(R) **11.00** Ramsay's Kitchen Nightmares USA (S)(R) **12.00** Channel 4 News (S) **12.05** A New Life in the Sun (S)(R) **1.05** Posh Pawn (S)(R) **2.10** Countdown (S) **3.00** Fifteen to One (S) **4.00** Sun, Sea and Selling Houses (S) **5.00** Couples Come Dine with Me (S) **6.00** The Simpsons (S)(R) **6.30** Hollyoaks (S)

6.00 Milkshake! **9.15** The Wright Stuff **11.15** GPs: Behind Closed Doors (S)(R) **12.10** 5 News Lunchtime (S) **12.15** The Gadget Show (S)(R) **1.15** Home and Away (S) **1.45** Neighbours (S) **2.20** NCIS (S)(R) **2.20** FILM Deadly Suspicion (2008) (15) Thriller, starring Mariin Hinnnn. (S) **5.00** 5 News at 5 (S) **5.30** Neighbours (S)(R) **6.00** Home and Away (S)(R) **6.30** 5 News Tonight (S)

7

7.00 The One Show Matt Baker presents the five magazine show featuring topical reports from around the UK and big-name studio guests. (S) BBC News (S)

7.00 Antiques Road Trip Paul Laidlaw and Claire Rawle head for auctions in Tyne and Wear and East Yorkshire. (S)

7.30 Coronation Street Sarah insists on taking Bethany to the doctors for contraception (S)

7.00 Channel 4 News (S)
7.55 The Political Slot The Green Party's view of Britain's refugee policy (S)

7.00 Ancient Mysteries: The Search for Atlantis Whether the fabled civilisation could actually be real. (S)(R) 5 News Update (S)

8

8.00 The Sheriffs Are Coming Events take a very unexpected turn (S)

8.00 The House That £100K Built A couple who want to build a house inspired by medieval timber frame homes. (S)

8.00 Hidden Restaurants with Michel Roux Jr The chef searches for secret eateries in the north east of England. (S)

8.00 GPs: Behind Closed Doors The doctors meet a patient suffering from high blood pressure caused by stress (S) 5 News Update (S)

9

9.00 The Real Marigold Hotel Half of the group head off to the hill stations of the Nilgiri mountains. Last in the series. (S)

9.00 Incredible Medicine: Dr Weston's Casebook Cases include a girl with two hearts. (S)

9.00 Benidorm Joyce turns to Lesley for help when The Solana's meat supplier lets her down; while Sam offers Joey and Tiger some part time work trying to attract custom for one of the local bars.

9.00 The Royal House of Windsor An insight into the turbulent love-life of the Prince of Wales. (S)

9.00 Nightmare Tenants: Get Out of my House The owner of a tanning salon regrets giving an employee a place to stay (S)

10

10.00 BBC News at Ten (S)
10.30 BBC Regional News; (S) National Lottery Update (S)
10.45 Peter Kay's Car Share Kayleigh has exciting news about the previous night's events. (S)(R)

10.00 Mock the Week With Angela Barnes, Ed Byrne and Romesh Ranganathan. (S)(R)
10.30 Newsnight (S)

10.00 The Nightly Show with Davina McCall Topical monologue, studio games and celebrity guests. (S)
10.30 ITV News' Weather (S)

10.00 Mystery of the Man on the Moor This investigation into the unidentified man found dead on Saddleworth Moor. (S)

10.00 Can't Pay? We'll Take It Away Agents Stewart and Elmore face the most challenging eviction of their careers. (S)(R)

11

11.15 A Question of Sport With Sam Quek, Katherine Grainger, Adam Jones and Michael Jamlinson (S)
11.45 Who Do You Think You Are? (S)(R)

11.10 Weather (S)
11.15 Brexit: Britain's Biggest Deal Laura Kuenssberg investigates the likely impact of Brexit. (S)(R)

11.00 ITV Regional News, Weather (S)
11.15 UEFA Champions League Highlights (S)

11.00 24 Hours in A&E A 40-year-old man injured in a bike crash may require emergency surgery. (S)(R)

11.05 The Nightmare Neighbour Next Door (S)(R)

AFTER 12

12.45 Line of Duty (S)(R) **2.15** Weather for the Week Ahead (S) **2.20** BBC News (S)

12.15 1066: A Year to Conquer England (S)(R) **1.15** Sign Zone. The Lake District: A Wild Year (S)(R) **2.15** Natural World (S)(R) **3.15** This is BBC Two (S)

12.15 The Nightly Show with Davina McCall (S)(R) **12.40** Jackpot247 **3.00** 1000 Heartbeats (S)(R) **3.50** ITV Nightscreen **5.05** The Jeremy Kyle Show (S)(R)

12.00 Mutiny (S)(R) **1.00** The Lost Lotus Painting **2.40** Cyrus (2010) (15) Comedy starring John C Reilly. (S) **3.15** The Supervet (S)(R) **4.20** Shipping Wars UK (S)(R) **5.05** Phil Spencer: Secret Agent (S)(R)

12.05 Bnnefits. On the Yorkshire Dole (S)(R) **1.00** SupnrCas no **2.10** Climb up the Property Ladder (S) **4.00** Now That's Funny! (S)(R) **4.45** House Doctor (S)(R) **5.10** Divine Designs (S) (R) **5.35** Wildlife SOS (S)(R)

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DIGITAL

ITV2 SKY 118 FV 6

6.00 You've Been Framed! Gold **6.25** Who's Doing the Dishes? **7.15** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** You've Been Framed! Gold **8.35** Psych **10.25** Scorpion **11.20** Who's Doing the Dishes? **12.25** Emmerdale **12.50** You've Been Framed! Unleashed! **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You've Been Framed! Gold **6.05** Two and a Half Men **8.00** FILM The 40 Year-Old Virgin (2005) (15) Comedy starring Steve Carell **10.30** FYI Daily **10.00** FILM The 40 Year-Old Virgin (2005) (15) Concluded **11.25** Family Guy **12.20** American Dad! **1.20** The Vampire Diaries **2.15** Teleshopping **5.45** ITV2 Nightscreen

ITV3 SKY 119 FV: 10

6.00 You're Only Young Twice **6.20** Heartbeat **7.20** Where this Heart Is **8.30** The Royal **9.30** Judge Judy **10.55** Inspector Morse **1.00** Heartbeat **2.10** The Royal **3.15** Where the Heart Is **4.15** You're Only Young Twice **4.50** Doctor Blake **5.20** On the Buses **5.55** Heartbeat **7.00** Minder: She Went to the Woods **8.00** Lewis **10.00** A Touch of Frost **12.10** Inspector Morse **2.10** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 116 FV: 9

7.00 100 Days: Weather **7.30** Reel History of Britain **8.00** Lost Land of the Volcano **8.00** Pedalling Dreams: The Raleigh Story **10.00** Timeshift: Pulp: The Sex, Lies and Glory Days of Britain's Most Notorious **11.00** Digging for Britain **12.00** Imagine: Jeanette Winterson: My Monster and Me **1.15** Wild China **2.15** Britain on Film: This Sporting Life **2.45** Pedalling Dreams: The Raleigh Story **3.45** Close

E4 SKY: 136 FV: 28

6.00 Snbmgatory **6.20** Charmed **7.05** Coach Trip: Road to Ibiza **7.35** Hollyoaks **8.05** Rules of Engagement **9.00** Baby Daddy **10.00** Charmed **12.00** How I Met Your Mother **1.00** The Goldbergs **2.00** The Big Bang Theory **3.00** How I Met Your Mother **4.00** Last Man Standing **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** New Girl **8.00** The Big Bang Theory **9.00** Timeless **10.00** Supernatural **11.00** The Big Bang Theory **12.00** First Dates Hotel **1.00** Celebs Go Dating **2.05** Timeless **2.50** Supernatural **3.35** Kuiki Tube **4.00** Rules of Engagement **4.40** New Girl **5.00** Charmed

MORE4 SKY 138 FV 14

6.55 Car SOS **9.50** Come Dine with Me **12.55** A Place in the Sun: Home or Away **2.40** Time Team **4.00** Penelope Keith's Hidden Villages **5.55** Car SOS **6.55** The Snpirvet **7.55** Grand Designs **9.00** FILM The Descendants (2011) (15) Drama starring George Clooney **11.10** 8 Out of 10 Cats Does Countdown **1.25** Ramsay's Kitchen Nightmares USA **2.25** 8 Out of 10 Cats Does Countdown **3.25** Food Unwrapped **3.55** Close

FILM4 SKY 315 FV 15

11.00 Swiss Family Robinson (1960) (U) Disney adventure starring John Mills. **1.35** The Flight of the Phoenix (1965) (PG) Adventure starring James Stewart. **4.20** King Kong (1976) (PG) Fantasy adventure remake starring Jeff Bridges. **6.55** Percy Jackson: Sea of Monsters (2013) (PG) Fantasy adventure sequel starring Logan Lerman. **9.00** Thor: A-Team (2010) (12) Action adventure starring Liam Neeson. **11.15** Rio (2013) (U) Premiere. Drama starring Agata Trzebuchowska. **12.55** Red Lights (2012) (15) Thriller starring Cillian Murphy. **3.15** Close

OAVE SKY 111 FV 12

7.50 Ice Road Truckers **8.00** Home Shopping **8.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** QI **3.20** World Like to You? **4.00** Top Gear **7.00** American Pickers **8.00** Used Car Wars **9.00** How I Got a Bit More News for You **10.00** Unspun with Matt Forde **11.00** Mock the Week **12.20** QI **1.00** Unspun with Matt Forde **2.00** Alan Davies: As Yet Untitled **3.00** Pinks and Reichenbach **4.00** Close

DRAMA SKY 158 FV 20

7.50 The Pit **8.00** Pin in the Sky **9.00** Hergerc **10.00** All Creatures Great and Small **11.00** The Pill **1.00** As Time Goes By **1.40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Boon **4.00** Hergerc **5.00** All Creatures Great and Small **6.00** Some Mothers Do 'Ave 'Em **8.40** Last of the Summer Wine **7.20** As Time Goes By **8.00** Dalziel & Pascoe **10.00** New Tricks **11.15** Dalziel & Pascoe **12.20** Pie in the Sky **2.20** Last Tango in Halifax **3.25** Birds of a Feather **4.00** Heroes Shopping

SKY1 SKY 106

6.00 Hawaii Five-O **8.00** Police: 10/7 **9.00** Animal Heroes **10.00** Nothing to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-O **3.00** Road Wars **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **8.00** MacGyver **9.00** The Blacklist **10.00** NCIS: Los Angeles **11.00** A League of Their Own **12.00** The Force: Essex **1.00** Road Wars **2.00** NCIS: Los Angeles **3.00** Hawaii Five-O **4.00** Wild Vets **4.30** Animal House **5.30** Futurama

SKY ATLANTIC SKY 108

6.00 Networks of Power with Sir Christopher Meyer **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Nine Bleeds **2.00** Urban Secrets **3.00** The West Wing **8.00** House **9.00** Without a Trace **10.00** Nine Bleeds **10.00** Midnight Sun **12.10** The Sopranos **1.30** Fortitude **2.30** Without a Trace **3.30** Veep **4.05** Networks of Power with Sir Christopher Meyer

W SKY 109

6.10 Beauty and the Beast **7.00** MasterChef USA **8.00** Extreme Makeover: Home Edition **9.00** Supernanny **10.00** The Bill **11.00** Tipping Point **1.00** Wanted in Paradise **2.00** MasterChef USA **3.00** Who Do You Think You Are? USA **4.00** Supernanny **8.00** My Dream Home **6.00** Tipping Point **7.00** Wanted in Paradise **8.00** John Torode's Malaysian Adventure **9.00** Coast Black **10.00** Little Theorys **11.** LA Stories **11.20** Russell Howard's Good News **12.00** Don't Tell the Bride USA **1.00** The Honourable Woman **3.00** Home Shopping

GOLD SKY 110

7.00 Cheers **8.00** One Foot in the Grave **8.40** The Brittas Empire **10.00** Sorry! **10.40** Last of the Summer Wine **11.00** My Family **1.20** Keep up Appearances **2.40** The Brittas Empire **4.00** Last of the Summer Wine **5.00** My Family **6.40** Keep up Appearances **7.20** Only Fools and Horses **8.00** Boomerang **8.40** Mr Jeyes Closes **9.20** The Rebel **10.00** Not Going Out **11.20** The Trip to Italy **12.00** Peep Show **12.30** The Rebel **1.10** Getting On **2.20** Shooting Stars **3.25** Yes, Prime Minister **4.00** Home Shopping

SKY SPORTS 1 SKY 401

8.00 Football Golf **7.00** WWE Experience **8.00** Premier League Legends **9.00** Premier League 100 Club **10.00** Premier League Years **12.00** Premier League Review **1.00** Great Sporting Moments **2.00** Premier League Legends **3.00** Spanish Football Gold **3.30** Football Golf **4.00** Premier League Review **6.00** ATP Masters Tennis **8.00** Live ATP Masters Tennis: The BNP Paribas Open

Business

Contact Alex Iszatt with your business news and stories at alex@theoxfordpaper.co.uk

Portakabin's new regional distribution storage site

Portakabin has taken a lease of four acres of a new open storage facility at Westcott Venture Park which is located between Bicester and Aylesbury

Owner, Rockspring Property Investment Managers LLP has developed a total of five and a half acres of fully serviced open storage space. Portakabin has taken a lease on four acres of the new open storage facility for a term of 10 years. This will be used as the company's regional distribution, sales and repair store.

Portakabin, formerly known as Konstructa Hire, is a member of the Portakabin Group of companies which is part of the Shepherd Group.

Nigel MacKenzie, project manager at WVP says: "We are delighted to welcome another high quality UK business making a long term commitment to Westcott Venture Park. This leaves a further one and a half acres of fully serviced, high quality hard standing open storage space available for immediate occupation."

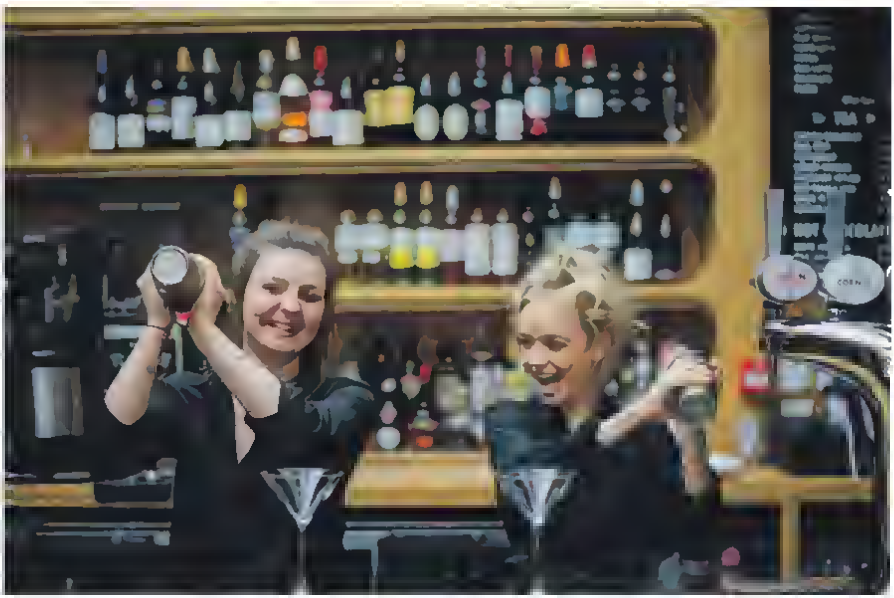
"Westcott Venture Park is particularly suited to open storage due to its 24-hour access and security provision. With the severe shortage of good quality open storage land in the region, we are confident of rapid take-up of the remaining space."

Westcott Venture Park is now home to 76 businesses and provides employment space for more than 600 people and is managed by Lambert Smith Hampton.

Agents marketing the remaining one and a half acres of open storage space are Lambert Smith Hampton, Chandler Garvey and Brown & Lee Clifford Billings. For further information please visit www.westcottventurepark.co.uk

Contact Alex Iszatt with your business news at alex@theoxfordpaper.co.uk

Oxfordshire companies named among the best at Sunday Times awards



One of the best companies to work for and that's official!

A pub and restaurant chain has been recognised for its employee and human resources credentials.

Oakman Inns & Restaurants which operates The Blue Boar, Witney; Crown & Thistle, Abingdon and the Old Post Office in Wallingford has had its staff policies and HR record recognised in the influential Sunday Times 100 Best Companies Awards 2017.

Rising to eighth position, the group entered the ranks of the Top 10 Best Companies To Work For in the UK for the first time and is the highest ranked in the hospitality sector.

The methods of data gathering and analysis employed in the quest to find the country's Best Companies to Work For mean that the lists are widely acknowledged as the most extensive research into employee engagement carried out in the UK each year.

All the scores and ratings that are assessed to compile the lists are based on employee opinions, and each year the questionnaires are revised and updated to reflect current workplace concerns.

For the last three years, Oakman Inns has always been highly regarded as an employer, both inside and outside the industry. Whilst consistently achieving a Top 50 ranking year on year, this year the company also won the Best Improver Award in the mid-sized category with their new overall Top 10 placement.

Executive managing editor of the Sunday Times Robert Hands presents the award to Oakman's Operations Director Alex Ford

Peter Borg-Neal, Oakman Inns' chief executive who founded the business in 2007 with his first pub, The Akeman in Tring, said: "I am incredibly proud of what we've achieved. To reach the top 10 in The Sunday Times 100 Best Companies to Work For is a credit to every one of our team, not only in Oxfordshire but also across our entire estate."

Jill Scatchard, who has been Head of HR at Oakman Inns for five years said: "Much of this success is down to Oakmanology, our in-house training scheme which is delivered via an online software system specifically designed for and by Oakman.

"We started work on it almost four years ago, and since we released it just over a year ago, our staff have overwhelmingly claimed it to be of great personal benefit (82%).

"Oakmanology involves everyone, and its skill development modules are taken by everyone from the main board down. We want them to be passionate and proud about what they do, to really care about their attention to detail and for their acquired knowledge and their extraordinary skill sets to positively impact on our customers experience."

Alex Ford, Oakman Inns' Operations Director said: "We are above all else a people business and this award recognises our commitment to our growing number of employees and personal development programmes which ultimately result in a team which wants to give our customers the best experience they can."

All Oakman's sites close for Oakfest, the company's annual music festival, and pub teams organise their own nights out.

It's just peachy working at one of the country's leading 100 businesses

The Peach Pub Company was founded by Hamish Stoddart, Jo Eames and Lee Cash 15 years ago and right one of their pubs, The Fishes in North Hinksey

What started as a plan to open one really good pub 15 years ago has reaped rewards

The Peach Pub Company has been named one of the best places to work in the country by The Sunday Times in the newspaper's annual survey of great employers.

The Oxfordshire-based company shot into the Top 100 Best Companies to Work For at number 45, with a Two Star accreditation which the organisers described as unprecedented for a first attempt.

Now in its 17th year, The Sunday Times Top 100 is an annual ranking and survey of the best of Britain's employers. Its publication each year is a highly anticipated event in the UK's business calendar.

Hamish Stoddart, co-founder of Peach said: "When my business partners Lee Cash, Jo Eames and I got together 15 years ago we set out to open one really great pub. Now to be recognised as one of the best companies to work for in the whole of the UK is a dream come true.

"We're a great team of like-minded individuals serving fantastic food and drink with huge enthusiasm. It's the team and our teamwork that make it possible for our guests to have a great experience every day in all of the 18 pubs we now have.

"Although we've won many awards from within the hospitality world for looking after our people and giving them inspirational training and development opportunities, getting recognition this time from outside our industry is even more meaningful. It's tough for a hospitality company where the hours are long and the work is hard to be recognised as a great employer.

"It's a challenge for pubs, too. The great British pub industry will only be saved if we carry on making our pubs fun, exciting places to come to and for our people to work in," he says.

Peach has four pubs across Oxfordshire – The Fishes in North Hinksey, The Fleece in Witney and The Thatch and The James Figg in Thame – as well as its training and support centre in North Aston.

The company has around 450 people on its team running 18 great gastropubs and one boutique hotel – The High Field Town House in Edgbaston, which it opened last summer.

The Sunday Times Top 100 is drawn up after extensive data-gathering and analysis alongside an employee survey of companies operating across all industry sectors. By asking for the views of the people working for these companies what their employer and workplace is like, the awards get a true picture of which companies, like Peach, are the best to work for.

"We are really proud to be included in the list and to be highlighted as a great employer," says Hamish. "And now we've got this far it has to be our goal to be even higher up the list next year," he adds.

Pictured from left are Royds Withy King lawyers and staff, Rebecca Stevens, Zainab Dakhil, Rhiannon Marzocca, Amanda Dow, head of HR, Graham Street, managing partner, Ruth Bowen, Hazel Phillips, Milan Kapadia, Richard Wandman and Ian Carrier

Law firm rated 'extraordinary'

Oxfordshire-based law firm Royds Withy King is one of just six law firms from across the UK to be awarded the coveted three star 'extraordinary' rating by Best Companies in 2017.

The firm, which has offices in Oxford and Thame, has also been ranked 30th in the Sunday Times 100 Best Mid-Sized Companies to Work For 2017, climbing 15 places.

Speaking after the rankings were revealed at an awards ceremony held in London on February 23, Graham Street, managing partner at Royds Withy King, said: "We are delighted to have achieved Best Companies' highest level of accreditation and to have climbed 15 places to be ranked 30th in the Sunday Times 100 top employers' league table.

"This award, which is independently judged based on confidential feedback from our lawyers and support staff, is testament to the environment and culture we have worked so hard to achieve and is reflected in the dedicated service every member of our team is committed to providing to our clients and the wider communities we serve.

"Our growing reputation as lawyers ahead of the curve is only possible by nurturing, motivating and developing our most valued asset – our people."

In the independent survey which informed the league table, Royds Withy King was ranked 17th for 'personal growth', 24th for 'giving something back' and 26th for 'my team'.

Other highlights included the announcement that 80 per cent of the 355 lawyers and staff from Royds Withy King who were polled, said they 'wouldn't leave the job tomorrow'.

Launched in 2002, The Sunday Times 100 Best Companies to Work For is the most comprehensive analysis of workplace engagement, opinion and satisfaction in the UK.

Royds Withy King, which employs around 450 people in Bath, London, Wiltshire and Oxfordshire, is one of six UK law firms to have achieved 'extraordinary' status in 2017 – the top accreditation awarded by Best Companies to acknowledge work place excellence.

Chance for readers to become co-owners

A 44-year old magazine dedicated to reporting journalism with facts and heart wants to become a community-owned cooperative The independent publication has launched its £500,000 share offer the largest of its kind by a media organization globally

Having pioneered a more ethical way of reporting for more than four decades New Internationalist has now created a new way to finance and run not-for-profit media one with readers and journalists at its core.

The publication invites supporters to Buy Into a Better Story by buying community shares dinning a 35-day crowdfunding campaign.

With the minimum investment level set at only £50 this opportunity to own the media is open to everyone These shares are different from ordinary shares – they can't be transferred or sold on. Investors have one vote, no matter how much they invest and es co-owners become stewards of New Internationalist's mission into the future

The campaign runs on Crowdfunder co nk, the UK's largest crowdfunding platform and leverages the support of the publication s passionate and loyal readership

The organizers hope the share offer will create a secnre and democratic structure for the organization, bucking the global trend of media concentration in the hands of fewer owners

New Internationalist co-editor Hazel Healy said "We have always written abont other people coming together to change th ngs now it's our turn It felt like we needed to do something big Fear and mistrust are nsing all over the world and misinformation along with them Meanwhile the media's broken business model is making it harder than ever for ndspendents like us to snrvive

"We went to scale np end get our stories out to more than ever people before Our slogan #FactsAndHeart says it all This is jonrnalism that has the power to bring people together We think that n something worth buying into "

Graeme Roy, Commnnity Shares Officer at Crowdfunder sa d "We are delighted to be working with New Internationalist in whet Is potentially the largest media community share offer globally Community shares are a great way for the publ c to own and run the businesses that are important to them– I am sure the crowd w ll support New Internationalist and the independent media they stand for"

Trevor Gower one of the first co-owners. "I am so glad to have the chance to do something really positive to snpport New Internationalist, which brings us vital news from aronnd the world. Reading the magazine used to be a very important activity Now In 2017 It s essential."

Startup firm takes on a retail giant in research

New research supports the Oxford University Incubator startup s challenge to Amazon Mechanical Turk s dominance in sourcing participants for social science studies

Prolific, formerly Prolific Academic, the Oxford University startup that links social scientists with research participants has been cited in an independent scientific paper that highlights Prolific as a better quality source of participants than rival giant, Amazon's Mechanical Turk.

to the paper the participants on the Prolific platform were described as "less dishonest" and "more diverse" than Amazon Turk s. In addition, Prolific participants produced data quality that was "comparable to Amazon Turk's" and "higher" than rival platform, CrowdFlower

The research validates Prolific's raison d'etre. The platform was founded by Ekaterina Damer and Phelim Bradley, both scientists at the time completing DPhils and PhDs at Oxford and Sheffield universities, who set up Prolific because they were frustrated by the difficulty in accessing quality data sources.

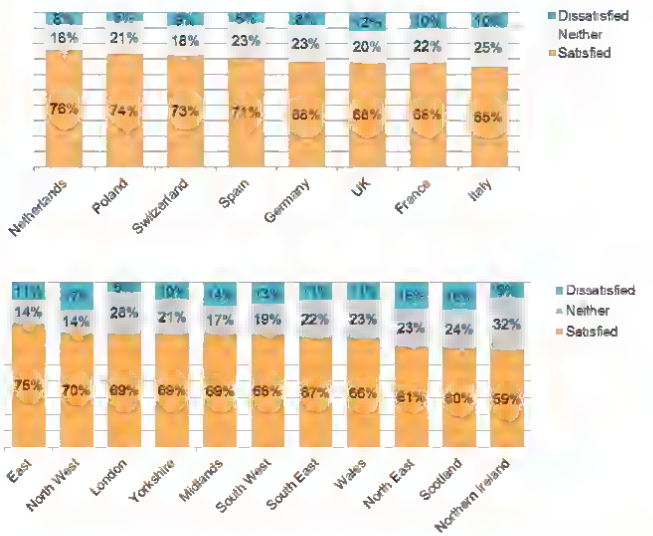
One of the startups to graduate from the Oxford University Innovation incubator programme, Prolific has experienced incredible growth since launch in April 2014. It has made it possible for researchers to collect more than one million unique responses in over 500 studies and has proven popular among social scientists.

Prolific now works with more than 1,300 researchers from more than 300 academic institutions worldwide including Cambridge University Loudon School of Economics Yale and Stanford, to help them find the right participants fast. Prolific currently has a pool of 70 000 registered participants, which continues to expand.

Ekaterina Damer co-founder of Prolific said, "Amazon's Mechanical Turk is well known among social scientists and has long be en the 'go-to' optian for finding research participants for studies as it's relatively cheap and the site boasts huge participant numbers

"Unfortunately, we found that Amazon's Mechanical Turk s numbers were highly inflated and that the platform was very limited in what it could do. We built Prolific to provide a better solution."

How happy are you in your job?


Dissatisfied
Neither
Satisfied
8% 5% 3% 5% 12% 10% 10%
18% 21% 18% 23% 23% 20% 22% 25%
78% 74% 73% 71% 68% 68% 68% 65%
Netherlands Poland Switzerland Spain Germany UK France Italy
11% 7% 5% 10% 14% 13% 11% 11% 15% 15% 9%
14% 14% 28% 21% 17% 19% 22% 23% 23% 24% 32%
76% 70% 69% 69% 69% 68% 67% 66% 61% 60% 59%
East North West London Yorkshire Midlands South West South East Wales North East Scotland Northern Ireland

Levels of job satisfaction vary significantly across Europe, with Dutch, Polish and Swiss employees being the most satisfied, according to research by ADP®

The new study of nearly 10,000 European working adults explores how employees across Europe feel about the future of work.

Where can we find the happiest employees?

According to the research, Dutch, Polish and Swiss employees are the most satisfied, whilst the UK comes joint fifth (see chart 1).

to the UK, satisfaction levels also differ greatly across regions: three quarters of those based in the East are satisfied (75%); whilst only 59% of employees in Northern Ireland are satisfied (see chart 2)

to the UK, those working in Architecture, Engineering and Building are the most satisfied (84%) whilst IT & Telecoms workers fare well across Europe and the UK. In the UK, those working in financial services are the least satisfied (57%) the lowest level of job satisfaction overall. to contrast, 71% of financial services employees in other European countries are satisfied. (see chart 3)

Jeff Phipps, Managing Director at ADP UK, commented that "It is positive to see that satisfaction levels are generally high across Europe suggesting that most people are engaged in their work and feel fulfilled. However, even in higher scoring industries and countries there is no room for complacency The very best businesses are focussing their efforts on the 'whole person ensuring that their people feel valued, have a sense of purpose and that their well-being is supported. Employee satisfaction has long been acknowledged to have major implications for innovation, productivity and customer experience."

Shout out to bereavement charity

Oxford's bereavement charity, The Loss Foundation, has been named as a finalist of the Charity Film Awards 2017

The awards which are due to take place on Wednesday 15th March 2017 at BAFTA in London's Piccadilly, celebrate the success of film in fundraising for charities.

Dr Erin Hope Thompson, Clinical Psychologist and Director of The Loss Foundation, said: "We're delighted to be named as a finalist for the Charity Film Awards and we hope our video 'IWontGoQuiet' can shed light on the need for bereavement support across our country so that more people do not go quiet on those who are grieving."

The Loss Foundation is the only registered charity specializing in cancer bereavement support in the UK.

The charity believes that people who lose their loved ones to cancer should be able to access the support they need, and in acknowledging just how many people that is, the charity aims to encourage discussion, provide information and raise awareness through their bereavement support services across the UK.

Famous British comedian, Russell Howard, appears in the video and encourages people to pledge they won't go quiet on their loved ones, "Get your phone – shout, scream, holler "I won't go quiet" into the phone and upload it to social media.

"Make the world a better place."

Dr Erin Hope Thompson added. "We don't believe in a world where grief is a taboo – there is so much that can be done to help people during their hardest times and providing support means that people may not suffer greater difficulties down the line such as social isolation and mental health difficulties."

Gene therapy group appoints new chief financial officer

Oxford BioMedica plc, a leading gene and cell therapy group, has announced Stuart Paynter will join as Chief Financial Officer later in the year

He succeeds Tim Watts who has decided to retire from full-time executive roles

Stuart will start in his role on August 29 at which point he will also join the Board.

Tim joined Oxford BioMedica in early 2012 and will remain with the Group until September 29 in order to facilitate an orderly transition.

Stuart is currently Finance Director Head of Business Partnering at De La Rue Plc where he has led the finance business partnering function for the global company with responsibility for managing finance interaction with all stakeholders in the company and all Group forecasting and strategic planning

John Dawson, Chief Executive Officer of Oxford BioMedica, said "I am pleased to welcome Stuart Paynter to Oxford BioMedica. Stuart's experience is ideally suited to the Group as he has extensive experience of the biotech and pharma sectors from his time at Shire and Sterix Oxford BioMedica is very well positioned in the rapidly growing gene and cell therapy sector and I look forward to working with Stuart to realise the full potential of our pipeline and LentiVector platform.

"Tim joined Oxford BioMedica as CFO and Board member in early 2012 and during this time has played a key role in helping to transform Oxford BioMedica into the leading business that it is today On behalf of Oxford BioMedica, I would like to thank Tim for his hard work and significant contributions over the past five years and wish him well in his future endeavours."

Stuart said. "I am delighted to be joining Oxford BioMedica, a pioneer in gene and cell therapy, and a world leader with lentiviral vectors The Group works in one of the "hottest" areas of healthcare that could revolutionise the way that unmet patient needs are treated I look forward to working with the team and bringing my experience of finance and pharma to help Oxford BioMedica generate increased shareholder value."

Stuart Paynter takes over as Chief Financial Officer at Oxford Biomedica in August

Tim added. "I have thoroughly enjoyed my five years at Oxford BioMedica and I am proud of the transformation we have achieved.

"The Group is now strongly positioned as a leading player in the gene and cell therapy sector and I believe Oxford BioMedica has very exciting times ahead.

"I wish the Group Stuart and my other colleagues every success in the future."

Supply shortages could stifle growth in some businesses

The VSL & Partners commercial property market report shows 2016 was a record year for the industrial market but with stock at the lowest ever recorded levels, this could stifle growth prospects for some businesses in the year ahead.

Last year the Oxfordshire industrial and technology market had one of its best years ever defying the instability caused by the Brexit referendum The year provided the best take up levels in a decade and generated strong rental growth which was particularly impressive with in the science and technology sectors.

Take up at the end of 2016 reached 1,070,000 sq ft, the first time the million square foot barrier has been breached since 2006 representing a 38% increase in take up over the five-year average Didcot was the main driver of transactional activity during the year with Bicester in a close second. The two towns recorded over 50% of the total take up during the year

Tom Barton, director at VSL explains. "Industrial supply has reached unprecedented low levels and at the end of 2016 total supply was almost identical to the previous year's take up With little hope of any new meaningful supply coming to the market during 2017 further rental growth is likely and the land release of smaller commercial plots will be key to meeting the projected growth of occupiers in the near future."

"Conversely supply in the office market increased by 12% in 2016 not through new speculative building but through the release of buildings mainly to the East side of Oxford by larger corporates due to relocation or consolidation Take up levels declined by 10% in comparison with 2014 and 2015 although they still sit above the five-year average. Office rents started to climb significantly in 2016 with Grade A rents at £27.50 per sq ft and new quoting rentals reaching £30 per sq ft." says Richard Venables director at VSL & Partners

In the investment market Oxfordshire, and Oxford in particular, remain on a wish list for most institutions and property funds underpinned by the area's strong economic fundamentals

The VSL 2017 market report provides an analysis of the office and industrial market for 2016 focusing on central Oxford and along the A34 Innovat on Knowledge Corridor' It gives clear insight into supply take-up and rents and details forecasts for the year ahead. It also puts a spotlight on The investment and flexible office markets, together with the continuing development of Bicester with its 'Garden City' status

Property

Four bedroom home in village setting

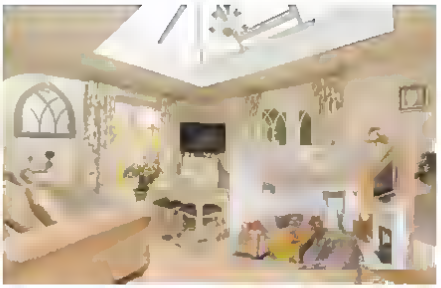
A stunning recently extended four-bedroom detached home in Southmoor Village has gone on the market, popular due to its link to the A420.

Southmoor is a village in the civil parish of Kingston Bagpuize, about six miles west of Abingdon, Oxfordshire.

Traditionally part of Berkshire, the 1974 boundary changes transferred local government to Oxfordshire.

The village has a primary school and pre-school, tennis club and village store. The Waggon and Horses pub is also in Southmoor.

For more details or to arrange a viewing, contact selling agent Andrews Abingdon on 01235 555553, or email andrewsonline.co.uk.



The Chancellor must change stamp duty policy for the good of Oxford's property market

Bill Cooper, co-author of The Oxford Property Blog and managing director of Martin and Co, Oxford

As regular readers will know, I have previously identified that Oxford needs close to 7,000 new private rental properties over the coming three to five years to meet forecast demand for quality private rented properties.

The nature of demand is changing in Oxford. For example, as property prices continue to rise, there is an increasing demand from young professionals for good quality rooms in houses of multiple occupation (HMOs). These tenants require en suite facilities, large bedrooms with double or king-size beds, and good quality kitchen and living accommodation.

In other words, large properties that have been professionally converted for young professional singles and couples to live privately and comfortably.

Current Government policy in relation to Stamp Duty Land Tax (SDLT) is distorting the market and threatening to exacerbate the imbalance of excess demand versus insufficient supply. The Chancellor should grasp this nettle before it's too late.

Over recent years the volume of transactions for higher-value homes (over £2m value) has fallen by 70 per cent. Where a home valued at over £2m is bought as a second property the SDLT due is £213,750 – much.

Should the same investor instead choose to buy two second properties each worth £1m, the SDLT falls to £147,500. Still a lot of money but a saving of £66,250.

Why does this matter in Oxford? Put simply, it is distorting the local property market. Over the last 12 months transaction volumes are down 11 per cent. This largely reflects lower levels of investment by buy to let landlords since the three per cent SDLT surcharge was introduced for second properties.

However, so far prices are holding firm, with transactions over the last 12 months having an average value 11 per cent up on the previous 12 month period. This means the market has less choice (fewer properties being sold) and is no more affordable for private owner occupiers.

Whilst landlord investment is down in terms of volume, that which has been sustained is concentrated in the sub £1m property band as landlords try to limit their exposure to SDLT. This concentration means average property values continue to rise in this critical property band, driving more private buyers out of the city because they can't pull-together the size of deposit demanded by their lender.

Worse still, because landlords have a taxation disincentive to invest in larger more expensive properties, the Oxford market is failing to respond to changing demand, meaning high-value young professionals who are attracted to Oxford for its knowledge-rich economy can't find the HMO options they require to make Oxford an attractive and affordable place to live.

Until Oxford increases new house building by a factor of 10, the local economy will depend on a strong, diverse and high quality private rental market. Current stamp duty policy places that at risk, distorting property values by artificially increasing competition for property in the £400,000 to £1m price bracket.

Why now might be the perfect time to sell

With news headlines often talking of a slowdown in the housing market, of fewer properties being marketed for sale, and of properties being marketed for unrealistic prices, and as a result sticking around, as a potential seller you may think that you'll sit tight and wait until things pick up before putting your home on the market.

However, as is so often the case with headlines, they don't paint a full picture and you may in fact find that now is an ideal time to seek a sale.

Simply, yes there has been a drop in the number of new properties coming on to the market, but our experience here at Andrews is such that those currently being marketed are, in fact, selling more quickly than in the past.

The figures speak for themselves. In the first eight weeks of 2016, 53 per cent of properties which had come on to the market during that timeframe, were under offer. Fast forward 12 months and that conversion figure stands at an encouraging 69 per cent.

Our data also suggests that whilst there's been a drop in the number of properties being marketed, the corresponding drop in applicants is significantly smaller, meaning that demand remains comparatively strong.

What all these figures mean essentially is that now could prove a good time to put your property on the market and achieve a relatively swift sale, assuming that is that you represent it in its very best light.

Simply, in a market of reduced supply, vendors cannot and should not rest of their laurels. Whilst demand is strong, a swift sale remains dependent on creating the first right impression. You'll need to ensure that your property is clean – properly clean.

Likewise, treasured possessions to you may simply look like clutter to a prospective purchaser, making a room look smaller than it is.

So, if you've considered putting your home on the market but have been put off by news reports, now might be the time to reconsider. Andrews offers free, no-obligation property consultations. There are five branches of Andrews across Oxfordshire, or you can visit andrewsonline.co.uk.

One home left at Great Western Park

Oxfordshire house hunters are being encouraged to act quickly if they want to avoid missing out on their dream home at David Wilson Homes' popular development Great Western Park, as just one home remains available.

Great Western Park is a fantastic community of two, three and four bedroom homes located in the sought-after town of Didcot.

This will be the last chance for home-buyers to live at the stunning Blackthorn Road development, as only one three bedroom home remains available before it is completely sold out.

Sales manager Sharon Smith said, "Great Western Park has proven to be an extremely popular development since first launching back in 2011. The beautifully crafted homes are built with every family member in mind.

"It offers the best of both worlds as it is located on the edge of the town of Didcot, close to the countryside, but also has great commuter links that mean you can be in London in just under an hour.

"We're not surprised in the slightest that it's been this popular so far and I would urge anyone who is interested in the remaining home to visit our on site sales advisers to find out more about what it has to offer them."

The remaining three bedroom home, overlooking Boundary Park, is available to reserve now with prices starting from £375,000.

For more information, call 0844 811 43 33 or visit dwh.co.uk.

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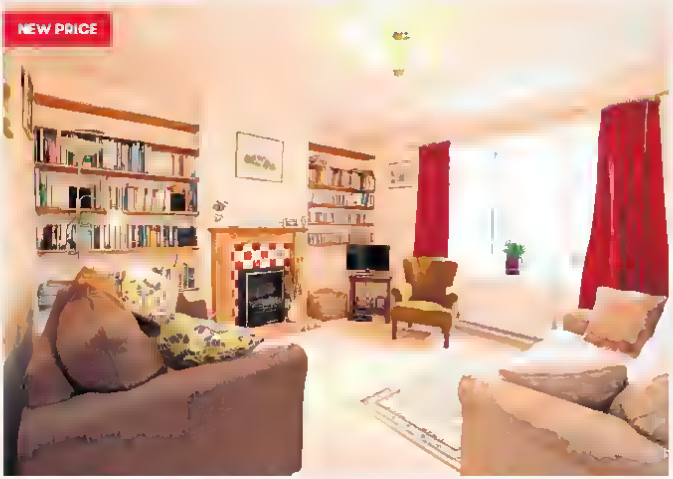

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Recruitment

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Successful retention programmes and lack of new talent, create pressure on skills gap within cyber security market

The results of BeecherMadden's 2017 salary survey, have shown that the skills gap in the cyber security recruitment market is getting worse

Much has been made of the skills gap in recent years and candidates have moved roles regularly, often gaining large pay increases when they do. In the past 12 months, companies have started to invest more in retaining the skilled employees they have

As a result 45% of BeecherMadden candidates expect to receive an internal promotion as their next job up from just 12% a year ago

Also contributing to the squeezed market place fewer candidates are actively looking for a new role Just 16% of candidates said they were actively looking for a new role down from around 70% 12 months ago

There are now fewer candidates available with between one and three years experience

Recent graduates, with qualifications but limited experience find that they secure roles within weeks of graduating, such is the demand for talent The lack of candidates at this junior level has contributed to pay increases at this end of the market

A candidate in cyber security with just three years' experience, can expect to earn £40 000 perhaps more if they have specialised in an area such as penetration testing.

This end of the market has seen the biggest pay increase in the past 12 months, up 20% on a year ago

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Motors

Ford Fiesta ST200 - a tweaked ST

As a child I used to spend most of my weekends watch ng Bodie & Doyle strut their stuff on TV whilst also watching them messing about doing handbrake trnns and smoking the tyres around the streets of London in a selection of cars from the likes of British Leyland and Ford to name but a few

Of conrse as you get older - reality slips in and you realise it was all fake and just for the pnrpose of TV entertainment – but as a young boy it didn t stop me spending many hours in my garden acting out scenes from the latest episode where I was the good guy in my Ford Fiesta XR2 chasing the baddies

Even now 30 years on, Ford s ST200 has started to ignite all my senses and prove once again why Ford continues to dominate the 'Hot Hatch' arena

Power and Efficiency

Powered by an 1 6 litre Eco Boost turbocharged petrol engine with 290Nm of Torque 200PS of Ford Power a 0-62 time of around 6.7 seconds and a top speed of around 142mph

I also expected the little Fiesta to sound a little wheezy – but to be honest – I was wrong about that too Because instead what you do get is something that sonnds like the Knights Templars are having their own conquest nght under yonr seat. Take it from me it really is the most wonderful noise you can hear bellowing from that Eco Boost engine

On the Road

As with all of Ford's hot hatches – it changes direction like it's on rails and it holds the road like a F1 car on super sticky slicks Don t get me wrong it does have its fanlts But when it comes down to getting it on - nothing on the road as small as the ST200 can even get close to how it handles on the twisty stuff Plus, Ford has also stiffened up the suspension and npdated the front anti-roll bar, meaning the ST200 now feels more solid than a standard ST - which also helps improve the ride without the need for back surgery every few weeks

Safety and Technology

On the inside you get Recaro seat ing and branded ST interior deta ls – but I found the Sat-Nav/Radio far too complex. I am not jok ng either – I actually think it s more complex than a Rnbik's Cube But then again I am not that tech savvy - so maybe I need to take in some training or read the handbook.

Also as its the ST200 you also get a lot of additional features such as cruise control privacy glass Thatcham Cat1 alarm full ST bodystyling kit nnique ST200 badges rain sensing wipers auto headlights, puddle lamps Mykey technology, 17" matt black alloys Sony DAB radio and a whole host of sophisticated systems including Electronic Torque Vectoring Control.

To Sum Up

Epic – but I would buy the standard Fiesta ST – unless the ST200 really is your dream car

Price from £23,145

Most drivers not very savvy about their in-car technology

With more than half a million new cars set to be sold this month 40 per cent of drivers admit they don't know how to use all of the technology in their new vehicle and more than foni in ten believe safety could be compromised as a result, according to new research released today

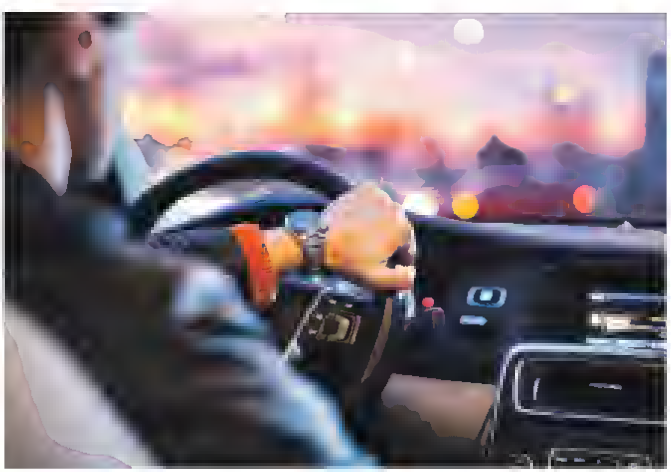
More than half of Brits also admitted to being d gital dummies as they cannot use all of the functions of their smartphones, tablets and other devices

The study revealed that the average new vehicle handover lasts just 51 minutes covering the financial transaction and demonstrations of the safety features entertainment systems comfort settings basic maintenance and more

Researchers spoke to 2 000 motorists for Continental Tyres as part of its Vision Zero, a long term commitment to reduce fatalities worldwide

Some 44 per cent of drivers think more time should be taken to cover the complex systems and settings now being added to all vehicles. Continental Tyres safety expert Mark Griffiths sa d. "New technologies are adding features to the devices and products we use all of the time including the cars we drive

"If we don't have the chance to keep pace with innovations in convenience and comfort that might be a shame but when advances are delivered to increase road safety it is vital we have the chance to understand how we benefit to the full extent possible.



"As a leading technology business we are responsible for many present and future systems and safety features for veh cles. We all have a responsibility to learn how to apply safety technology and believe that the vehicle handover is a vital opportunity to do this."

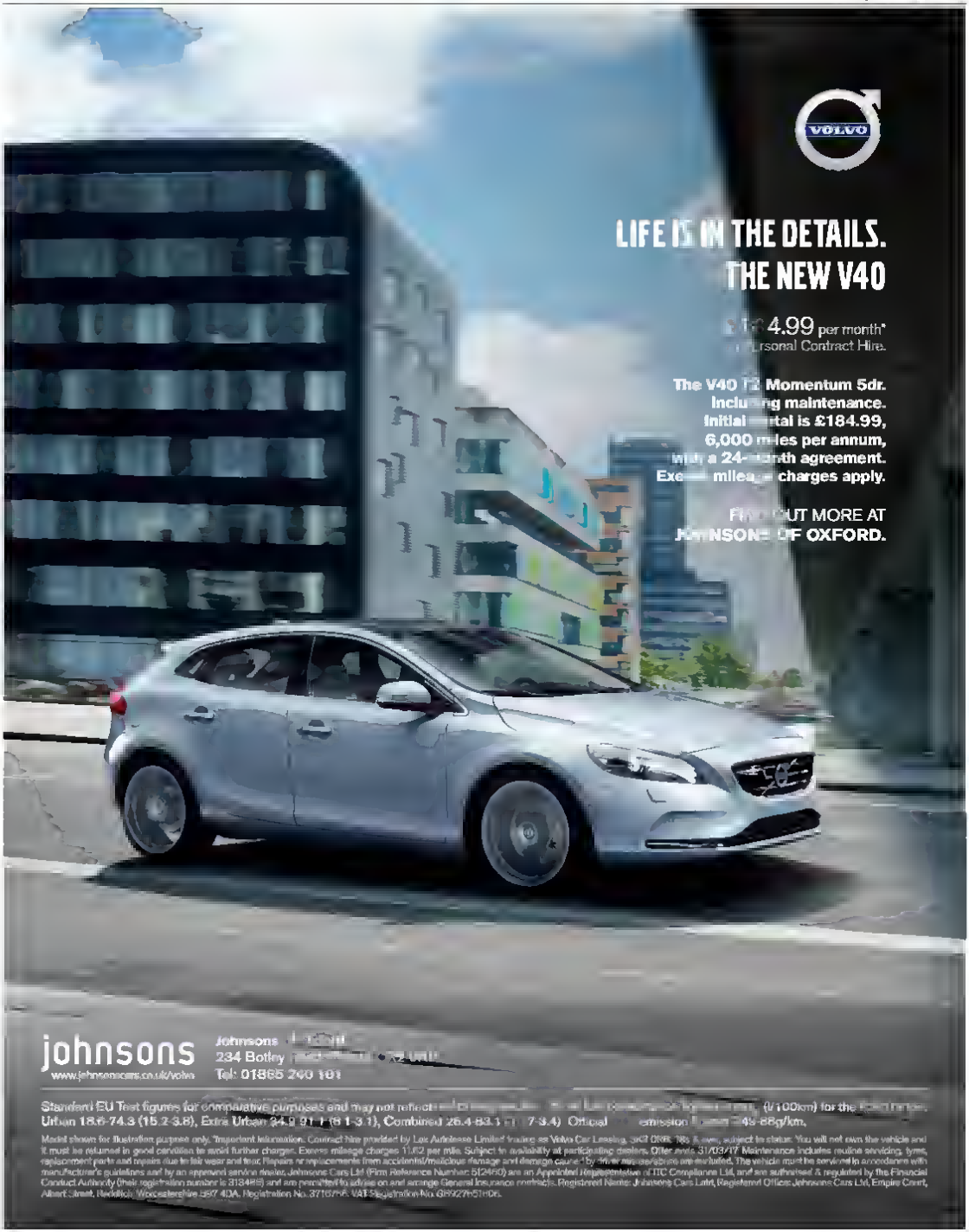
Only a third of people would ask about an automotive technology they were unsure on when receiving a demonstration of features, yet innovations like Automated Emergency Braking (AEB) and head up displays will play a big part in road safety

The research identified that the top three elements covered now when a new car is collected are first finance and then safety features and entertainment systems equally When motonsts listed their order of priorities they placed safety features top then basic maintenance and then fuel economy.

In additional research for Continental Tyres 100 per cent of vehicle manufacturers and dealers said the average new car handover time is an hour to an hour and a half and half said that the time should be extended as new vehicles increasingly have more technology

Mark Griffiths added "Continental and other technology businesses in the automotive sector have a job to do to educate people so that we deliver the safer 'Vision Zero' we are working towards

"This study also detailed that 52 per cent of motorists are not in favour of further automation if it means a loss of control for them "And only a third are willing to pay extra for additional safety features – yet when drivers are placing increasing importance of safety this suggests they may expect all appropriate safety features to be standard on all models."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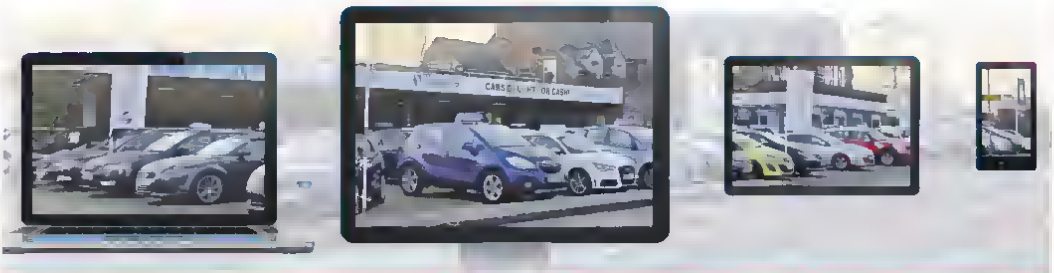

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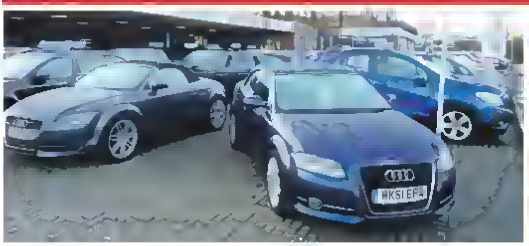

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SPORT

'Heroes' can win full kit for team

Kit competition

A COMPETITION has been launched for football fanatic children to get their hands on a new kit for their team next season.

Funding for junior clubs is often hard to come by, which is why local firm Recognition Express has launched a competition in Oxfordshire for under-16 teams to nominate their unsung heroes.

To be in with a chance of winning a complete set of new football shirts, shorts and socks for your team's 2017/2018 season in a design of your choosing, all you have to do is nominate somebody whose tireless work deserves recognition.

Andy Olejnik, director of Recognition Express Oxfordshire, said: "Every football club has an unsung hero whether it be a coach, player, supporter, groundsman or someone who works tirelessly on match days and behind the scenes always going the extra mile for the team.

"We want to recognise the contribution these unsung heroes make to junior football teams.

"In junior clubs this could also be a teacher, parent or even a grandparent who turns out to help come rain or shine.

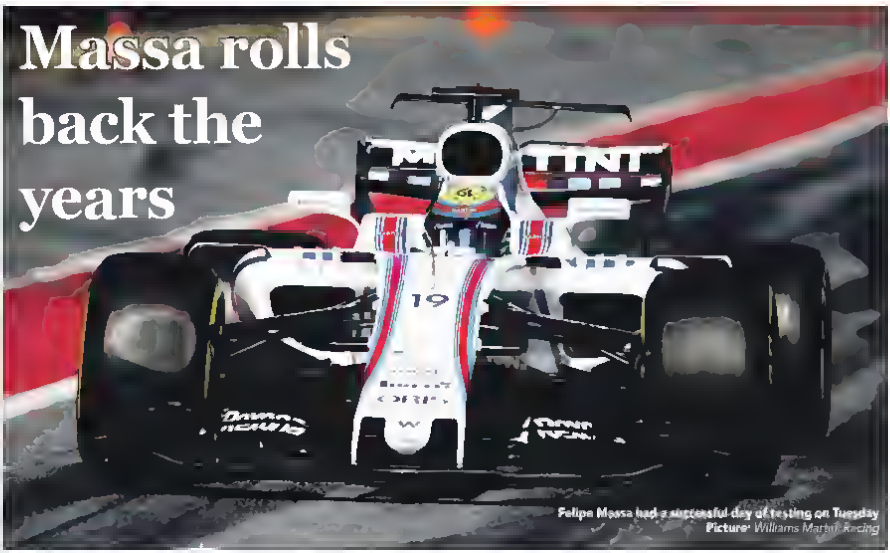
"We wanted to give something back to the community we serve. It makes sense for us to combine by donating a new team strip to a local junior football club with recognising an unsung hero."

Anyone can nominate a junior football club hero. The competition is open to all under-16s junior football clubs playing in the Oxfordshire area.

To enter, visit tinyurl.com/zkkdzzd and complete the entry form. The competition closes on April 7 and the winner will be announced on April 18.

The football hero will be presented with the team's new kit in September in time for the start of the 2017/2018 season.

Massa rolls back the years



Felipe Massa had a successful day of testing on Tuesday. Picture: Williams Martini Racing

F1

Adam Flinn *Reporter*

FELIPE Massa was the form man on day one of the second pre-season test, setting the fastest time of the day and completing the most laps.

The veteran Williams racer did 168 laps of the Spanish track of Catalunya and ended top of the table with a time of 1.19.726 – almost two tenths quicker than Daniel Ricciardo's Red Bull.

The extended running will be of welcome relief to the Grove-based team, after getting limited running during the first test last week because of Lance Stroll's troubles. The 18-year-old rookie spun twice and crashed once during his two days on track, leading to Williams having to abandon the final day of the test altogether.

"It was a very long day but it was definitely a great one for the team," said Massa.

"We managed to do 168 laps so for the car, the team and the reliability it was definitely a great day.

"We're still at the beginning of the year and there's so many things to do and to understand, to figure out where we are compared to the others, but it's a positive day."

Enstone-based Renault had a tougher day, but Jolyon Palmer and Nico Hulkenberg still managed 73 laps between them.

Palmer's running in the morning was curtailed due to a precautionary power unit change, but Hulkenberg was able to complete his programme.

Renault's chief technical officer Bob Bell said: "Overall it was a useful day where we completed most of the tests we wanted to, despite running for fewer laps than originally planned.

"We did start with a disappointing morning for Jolyon, but this gave way to a more positive afternoon for Nico especially with respectable pace shown on the soft compound tyres."

Banbury-based Haas had a solid day of running with Kevin Magnussen completing 91 laps and setting the eighth-fastest time of the day.

The team suffered a few issues in the afternoon, but said it was nothing major.

Team principal Guenther Steiner said: "We had a very productive morning, learned a lot and we managed to get a lot of laps in.

"The afternoon was not as good as we had a few small problems that meant we didn't get the running in we wanted, but it's all part of testing and no big panic."

Testing continued yesterday as *The Oxford Paper* went to press, with the final two days of running today and tomorrow before the start of the season in Australia on March 27.

Blues too strong for lame Stags

Rugby League

OXFORD RL thrashed Hemel Stags 40-12 on Sunday to open their Kingstone Press League 1 with aplomb and record their second highest ever win.

Inspired by man of the match and hat-trick hero Casey Canterbury, Oxford scored 40 unanswered points, bookended by Hemel tries.

It was the Blues' second biggest ever win, bettered only by a 46-10 victory over Hemel the last time the two sides met.

The game started with an early try against his old club – by Hemel's Jorge Richardson.

But hosts Oxford responded emphatically as Canterbury scored two tries to give the hosts the lead after 24 minutes.

While the scoreboard kept blowing over in the fierce wind, the Oxford scoreline kept ticking over, with two more tries.

The first was a crash-over from Callum Bustin, which was followed by a try from the conveniently named Callum Windley to give the Tilsley Park side a 24-6 lead at half time.

Hat-trick hero Casey Canterbury. Picture: @Oxford_RL

The second half began with two disallowed Oxford tries, one on each wing, before forward Dwaine McRae and Bustin extended the lead.

The dominant blues finished their scoring when Canterbury completed his hat-trick with 10 minutes to go.

The Stags still had time to reply with a crash-over try from Brad Clavering.

The Blues host Workington Town on Sunday.

Oxford City Star Alan Green attacks. Picture: @OxfordCityStars

Stars still losing their shine

Ice hockey

MID-TABLE Oxford City Stars season continues in peter out after a 3-2 defeat at Streatham on Sunday.

Despite beating their London opposition 7-0 on the same ice in January, Simon Anderson's side left the Streatham Ice Arena pointless.

The Stars played well but fell behind early on when George Norcliffe swept the puck past Mark Duffy after six minutes.

Man of the match Duffy needed to be on hand to thwart the Redhawks on several more occasions.

Jaroslav Cesky forced Oxford back on to level terms in the 14th minute with a backhand flick.

After a goalless second period, centreman Callum Best reinstated the Redhawks' lead just a minute into the final period before Hallam Wilson restored parity for the Stars for a second time after 48 minutes.

Despite twice clawing their way back into the match, Oxford were hit with a hammer blow when Norcliffe tapped in a rebound to net his brace on 55 minutes.

There was no way back for the Stars who are now winless on the road for three matches.

City 'Mare in Weston

Oxford City

George Welch: *Reporter*

OXFORD City boss Mark Jones voiced his disappointment at his players after the Hoops were comfortably beaten 3-0 at Weston super Mare on Saturday

A first half strike from Dayle Grubb and a double from Bradley Ash either side of half time helped the seaside team to back-to-back wins, leaving them just two points behind City in the middle of the National League South table

Jones would have been keen to extend his side s four match unbeaten run to consolidate their position, but that never looked likely from the moment Weston took the lead on 20 minutes

Despite starting brightly the Hoops fell behind when a Weston counter attack saw Seagulls skipper Grubb breakaway and make no mistake to fire beyond Craig Hill via a wicked bounce off the uneven goalmouth

The goal knocked the wind out of City leading to a significant spell of pressure from the home side, which they duly utilised.

Just after the half hour mark Weston doubled their advantage when a mussed interception released Ash who scored with a speculative effort.

The hosts were dominant and, despite an optimistic triple substitution by Jones on the hour were rarely threatened.

The Seagulls made the win comprehensive when Ash converted from the spot on 76 minutes to complete his brace after Scott Davies brought down Grubb in the area

Speaking after the game manager

Oxford City striker Jefferson Louis had a frustrating afternoon
Picture: *Michael Allen*

Jones said. "I'm very disappointed with the performance today I thought we weren't tight enough all over the pitch and the whole performance wasn t good enough to get a positive result at this level.

"If you look through the whole team there certainly weren't many 8/10s and I feel we were beaten by the better side

"There were a couple of mistakes there for the goals we gave away and if you re making mistakes and encouraging the opposition like we were then it's going to be a tough afternoon.

"Overall, it's a bad day at the office and we didn't deserve anything from the game

"We want to get it right. I'm passionate to do well and I didn't see that same passion and commitment."

The Hoops are looking to get back to winning ways when they host lowly Whitehawk at Court Place Farm on Saturday

Zac McEachran (middle) celebrates Banbury's goal on the cusp of half time
Picture: *Diamond Photography*

Banbury survive onslaught

Banbury United

TWO first half goals and a superb hat trick second half display under heavy pressure earned Banbury United a valuable 2-1 win at fellow play-off chasers Frome Town on Saturday

United, who are no strangers to early goals scored after just two minutes on a heavy Special Effect Stadium pitch thanks to a Ricky Johnson strike

The sticky surface didn't stop the forward though, and he fired low past Kyle Phillips in the Frome goal from 12 yards to put the Puritans ahead

Mike Ford s side dominated the first half and could have doubled the lead when Zac McEachran and Eddie Odhiambo tested the Frome defence.

But McEachran would fare better deep into first half stoppage time when he knocked home from six yards when Frome failed to clear a Tom Winters corner

But the second half was to be a different story and, while in the first 45 minutes United dominated offensively they had to show their defensive capabilities as Town threw the proverbial kitchen sink at the north Oxfordshire side.

Frome piled the pressure on Banbury It was one way traffic as United contested an upward pitch in draining conditions.

Frome did pull one back just before the hour when Clayton Green nodded in from a corner

There was no let up for the visitors defence but they defended with commitment to keep the home side out to record their first back-to-back wins in the league since the start of January

Ford s side, who sit sixth, one place and eight points aff the play-offs with a game in hand, welcome second bottom Cirencester Town to the Banbury Plant Hire Community Stadium on Saturday

Women fans are quids in

Female United supporters who travelled down to Frome on Saturday

AN Oxfordshire non-league club is attempting to attract new women supporters by offering match tickets for £1.

Southern Premier League side Banbury United is supporting the Women at the Game initiative, timed to mark International Women s Day which fell on Wednesday

Women and girls can watch the Puritans, who play at the seventh tier of English football, take on Cirencester Town on Saturday for the special reduced price.

Women at the Game is the brain child of Jacqui Forster, who has helped clubs like Banbury United in her former role at Supporters Direct to become fan-owned football clubs

The aim is for women of all ages backgrounds, ethnicity, ability and religious belief to feel welcome and comfortable attending sports events particularly men's football, the club said.

Banbury United communications director David Shadbolt said. "While we already have a number of women who come to our games on a regular basis we are keen to join in this initiative and for more to enjoy games at the Banbury Plant Hire Community Stadium.

"We are delighted to give the opportunity for all women and girls to attend Saturday s game against Cirencester Town for just £1

"We will be working hard on the day so that women, some of whom have perhaps never been to a live game feel welcome and enjoy the match "

Irish eyes are smiling after last minute winner

Didcot Town

A GOAL at the death denied Didcot Town an impressive point against high-flying Taunton Town in an entertaining 3-2 defeat on Tuesday

A late winner from Owen Irish five minutes from time condemned Diddy to their fifth defeat in six matches as third placed Taunton twice fought back from behind to record their 18th win in 22 games

Louis Joyce first fired the Railwaymen into an 18th minute lead after collecting a smart ball from George Reid, but they were pegged back six minutes later when Craig Veal found the bottom corner for the Peacocks

Didcot took the lead for the second time on the hour via a Ben Whitehead penalty but again the visitors levelled the tie this time through Ollie Chamberlain

Taunton had the chance to complete the comeback on 80 minutes from the spot, but Diddy keeper Leigh Hedwell saved from Jordan Rogers

The Peacocks' turnaround was achieved in the dying minutes however as Irish fired home to kill Diddy off.

Didcot, who are still waiting to hear the outcome of Saturday's abandoned game against runaway leaders Hereford on Saturday, slipped to 14th in Division 1 South & West as their long, winless run since Boxing Day continues.

Andy Ballard's side host 18th placed Slimbridge, who have won their last two games, on Saturday

Millers' play-off charge takes a double blow

North Leigh

NORTH Leigh s ambitious play-off hopes continue to disintegrate after falling to back-to-back league defeats for the first time since October

The Millers winless run was stretched to four Division 1 South & West games after wounding defeats this week to other play-off contenders Tiverton Town and Mangotsfield United.

First, Leigh were hammered 4-1 at Tiverton on Saturday where the Devon side ran riot

Leading 3-0 at half time Tivvy were 4-0 up before Andy Gunn scored a consolation goal for Leigh on 80 minutes.

A Levi Landricombe double and further strikes from Jamie Short and Michael Landricombe did the damage in a disappointing afternoon for John Brough's side.

But the disappointment didn t end there as the Millers slipped to a 3-2 defeat at home to Mangotsfield on Tuesday

The Mangos held a commanding 2-0 lead at half time with Lewis Powell scoring his 99th goal for the club and Liam Monelle netting on the cusp of half time.

Mitch Tippins made it 3-0 in the 56th minute to make sure the three points went back to south Gloucestershire.

But it wasn't without a scare – Roger James and Michael Hopkins both scored in the last 10 minutes for the Millers to set up a tense finale

The damaging losses mean Leigh slip to 11th and 14 points off the play-offs with at least two games in hand on all the teams above them.

They host 10th placed Wimborne Town at Eynsham Park on Saturday

SPORT

Defender agrees new one-year deal with U's

OXFORD United defender Sam Long became the second local lad to commit his future to the club in four days by signing a new one-year deal with the U's

The versatile defender who came through the club's youth development programme during his 13 years at the club joins Josh Ruffels in agreeing a twelve month extension to his deal at the U's

Long, who has only made six appearances so far this season said: "I'm glad to have the opportunity

"It has been a bit frustrating for me this season with a couple of injuries but I am fit and raring to go again now and feel very much part of the squad and what we are trying to build here.

"It is up to me to train hard wait for an opportunity and then play my heart out to try and stay in the team.

"Obviously as a local lad it is great to be involved and there are some massive games coming up for us this season."

Head coach Michael Appleton added: "Sam has an outstanding attitude and like Josh Ruffels is a key member of the squad.

"He can play in a few positions and is improving all the time

"He has had to be a bit patient but he will get his chance at some stage and we know he will take it with both hands when that happens."

Young strikers James Roberts and Jordan Graham have left the club to join Stalybridge Celtic and Farnborough respectively on loan

Sam Long in action against Swindon in the Checkatrade Trophy earlier this season
Picture: *Steve Daniels*

Reserve goalkeeper Benji Buchel joined League Two Barnet for a week on an emergency loan after an injury crisis among the keepers at the Hive

The Liechtenstein international linked up with the Bees on Saturday and played in the Bees' 1-0 defeat at Accrington Stanley

OUFC women stung by Bees

A DISASTROUS opening 30 minutes from Oxford United Women against London Bees on Sunday meant their search for a first three points of the season continues.

A horror half hour saw United go 3-0 down in 27 minutes to the buzzing London side to stun the U's at the Hive

Hana Lalani (6), Emma Beckett (16), and Ashleigh Goddard (27) strikes blitzed Oxford to earn a comprehensive 3-0 lead and send United on their way to their first defeat under new boss Andy Cook.

The only real bright spark for the Yellows came in the 83th minute when striker Ini Umotong struck home—but the damage was done long before the U's consolation.

The result means Oxford have lost two and drawn one of their Spring Series matches.

Any plans of a positive start for Oxford were banished after just a few minutes when Lalani ran past a couple of stranded Oxford defenders to slot a tidy finish into the far post.

United responded well with efforts from Umotong, Emily Donovan and Elise Noble going close.

But the Bees brushed their visitors aside when Beckett headed home from a 14th minute free kick and Goddard dipped an effort beyond Demi Lambourne in the Oxford goal.

New signing Taome Oliver made her debut for Oxford on the hour mark, as the game transitioned into a midfield battle.

Two long-range strikes from Noble were the only source of action as both teams tired before Umotong scored with two minutes remaining

Oxford continue their hunt for a first win of the Spring Series as they host Aston Villa on Sunday

Oxford United 2

Chey Dunkley 22, Toni Martinez 92

Sheffield United 3

Billy Sharp 55, 76, Kieron Freeman 72

Blades too sharp for U's

George Welch: *Reporter*

OXFORD United's optimistic play-off ambitions were dealt a major blow as former U's boss Chris Wilder lead his Sheffield United side to a 3-2 win on Tuesday

Billy Sharp scored twice as the runaway League One leaders came from behind at the Kassam Stadium to extend their unbeaten run to seven games and complete the double over Oxford.

The U's who have now lost their last three matches at the Kassam, were good value for their half time lead thanks to a Chey Dunkley header.

But Michael Appleton's side were outgunned after the break when a brace from the goal-hungry Sharp and a Kieron Freeman effort gave the champions elect maximum points despite a fine injury time finish from Toni Martinez.

The U's gambled by including the injury-struck Kane Hemmings Rob Hall, Chris Maguire and Curtis Nelson after they had been rated 50/50 in the build up.

And the gamble looked to have paid off as the hosts started strongly with Conor McAleny going close with a 12th minute shot.

The Yellows began to dominate as Dunkley and Nelson both went close before they finally took the lead on 22 minutes

Crucially former Yellows captain Jake Wright was off the pitch receiving treatment when Maguire swung in a wicked delivery from a corner for towering defender Dunkley to nod the U's in front.

The Blades were neat in possession but had rarely threatened Simon Eastwood in the Oxford goal.

That was until Sharp, as he often does created space for himself when Oxford failed to clear a corner and forced the half past Eastwood from eight yards.

Throwing caution to the wind the U's went for the win, but they fell behind on 72 minutes when Freeman ghosted in at the back post and, although he tried to square the ball, it floated inside the far post instead.

Five minutes later and it was 3-1 when Freeman was tripped in the box by a mistimed Nelson challenge

Sharp did the rest from the spot to cap a fine Blades comeback and increase his League One tally to 26 goals.

The Yellows kept going but substitute Martinez's first league goal to make the scoreline a more respectable 3-2 for the club was too little too late.

The defeat to Sheffield United, coupled with Saturday's defeat at home to Bristol Rovers sees Appleton's side slip to 11th in the table after their first back-to-back defeats since August

The U's face two away games as they travel to Peterborough on Saturday before visiting Oldham on Tuesday

Ruthless Pirates cut through U's

A TOUGH afternoon for a depleted Oxford United saw their impressive run of form rudely interrupted as two first half goals ensured rivals Bristol Rovers completed the double over the U's

Goals from Ollie Clarke (16) and Stuart Sinclair (36) before the break sent Rovers on their way to a vital three points to leapfrog their hosts in the League One table on Saturday

But Oxford were severely weakened with injuries to influential players Chris Maguire (thigh) Rob Hall (hamstring) Curtis Nelson (ankle) and Kane Hemmings (dead leg)

The U's had won 11 of their previous 14 matches in all competitions but boss Michael Appleton couldn't even name a striker on the bench and included three right backs.

United fell behind and struggled to galvanise a recovery

Rovers midfielder Clarke struck a fine opening goal when he cut in from the right edge of the penalty area and curled a shot just inside the far post from 16 yards.

United's in-form forward Conor McAleny struck the post before the Pirates doubled their lead when Sinclair capitalised on some poor defending 10 minutes before the break to fire low past Simon Eastwood for his first goal of the season.

Appleton replaced left back Joe Skarz with midfielder Joe Rothwell at the break but the U's failed to claw their way back into the contest and Darrell Clarke's side left the Kassam Stadium with maximum points.

Rovers who won the return fixture 2-1 in August, are eight unbeaten, up to ninth and seven points off the play-offs.

Chey Dunkley celebrates after scoring and below, John Lundstram has a shot blocked by Ethan Ebanks-Landell

Checkatrade final tickets on sale

EXCITEMENT continues to build for Oxford United fans as tickets for the U's second trip to Wembley in as many years go on sale to the general public tomorrow morning.

United earned their place in the final of the Checkatrade Trophy and another chance to play at the home of football on April 2 after beating League Two Luton Town 3-2 at Kenilworth Road.

The U's went 2-0 up through Phil Edwards (10) and a Paul Ruddock own goal (69) before the hosts fought back with Isaac Vassell (72) and former U Danny Hylton (82)

But United retaliated instantly and magnificent Marvin Johnson scored the winner with a left-footed 20-yard curler with five minutes to go

The win sets up an intriguing final against struggling League One side Coventry City who this week sacked manager Russell Slade and reappointed Mark Robins.

United have said that tickets "are selling well" after being made available to season ticket holders and are expected to be snapped up when they go on general sale

Tickets are available at tinyurl.com/pxb4qf and 0844 453 9015 from 8am tomorrow

Oxford United 0 Bristol Rovers 2

Ollie Clarke 16, Stuart Sinclair 36

Chay Dunkley clears the ball under pressure from Ollie Clarke

SkyBet League 1		GP	GD	PTS
1	Sheffield United	36	27	72
2	Fleetwood Town	35	20	64
3	Scunthorpe United	36	21	61
4	Bolton Wanderers	34	17	60
5	Bradford City	36	13	59
6	Millwall	35	9	58
7	Southend United	35	10	54
8	Walsall	36	0	52
9	Bristol Rovers	36	0	51
10	Peterborough United	36	1	50
11	Oxford United	34	6	49
12	Rochdale	33	2	48
13	AFC Wimbledon	35	2	47
14	Charlton Athletic	36	4	45
15	MK Dons	35	0	43
16	Northampton Town	36	-7	43
17	Gillingham	36	-10	42
18	Shrewsbury Town	36	-11	42
19	Bury	36	10	40
20	Oldham Athletic	36	-13	39
21	Swindon Town	36	15	36
22	Portvale	33	17	35
23	Chesterfield	36	-25	31
24	Coventry	35	24	26

ISSN 2398-6603

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Published by Taylor Newspapers Ltd, Newspaper House, 4A Hatchmoorth, Didcot, Oxfordshire OX11 7HR. Telephone 01235 511700 (Head Office). Printed by Iliffe Print Cambridge, Milton, Cambridge CB24 6PF